

Upstream Mapping

Hannah Levely
Youth Services Coordinator
Dept. of Mental Health

Objectives

- History of Upstream
- Introduction to the Upstream Model
- SIM Mapping versus Upstream
- Upstream Benefits
- Missouri's Upstream Results
- Success stories



Upstream History

A collaborative project to improve the availability, accessibility, and awareness of resources and services for youth and their families.

The Missouri Behavioral Health Council (MBHC) is spearheading the Upstream Mapping project. They partner with numerous other agencies to conduct the mapping events and consolidate findings.

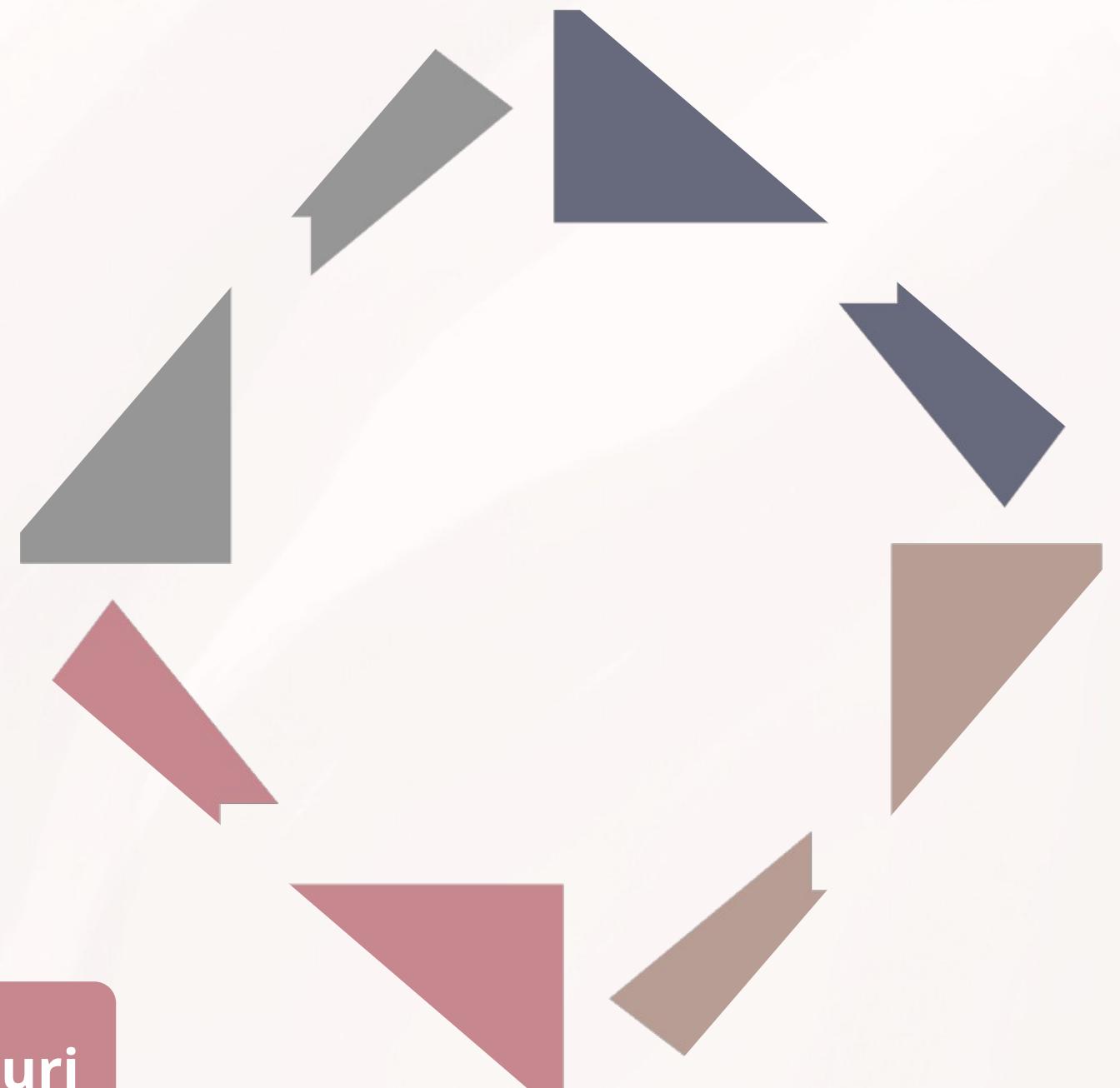
**Dept. of
Mental
Health**

**Office of
State Court
Admin.**

**Children's
Division**

**Nat'l
Center for
State
Courts**

**Missouri
Juvenile
Justice
Assoc.**



What is Upstream?

- Led by judicial leadership.
- Attempts to enhance community collaboration.
- Identifies available and missing resources within a community.
- Maps the juvenile justice AND child welfare systems.
- Each mapping has a family-centered focus which identifies domains of prevention and intervention to utilize strategies to help support safe and healthy families. Domains include:
 - Community
 - Families with Risk Factors
 - Families with Allegations of Abuse/Neglect or Delinquency
 - Families with Court Involvement

UPSTREAM DOMAINS OF PREVENTION & INTERVENTION

RESOURCE EXAMPLES

COMMUNITY

- Safe and Affordable Housing
- Early Childhood Education
- Health Screenings

FAMILIES WITH RISK FACTORS

• Headstart	• Nurse-Family Partnerships
• Early Intervention	• Housing Supports
• Family Support Centers	• Legal Aid

FAMILIES & YOUTH WITH ALLEGATIONS

- Alternative Responses
- Voluntary Services
- Family Team Meetings
- Safety Planning

FAMILIES & YOUTH WITH COURT INVOLVEMENT

• High Quality Legal Representation	• Therapeutic Family Time
• Dependency Mediation	• Specialty Courts
	• Pre-Post Reunification Services

What to Expect at Upstream

Day

- Background and goals of Upstream.
- Identifying available community resources/services.
- Identifying gaps in community resources/services.
- Map the Juvenile Justice and Child Welfare systems.
- Vote on “priority areas”.

Day

- Split into 2 small groups based on identified priority areas.
- Create a plan to work towards a solution.
- Identify next *actionable* steps as a group.
- Meet as a large group and review action plans and ideas.

SIM Mapping

- Focused on adult systems.
- Maps the criminal justice system.
- The goal is to divert individuals from involvement within the criminal justice system.

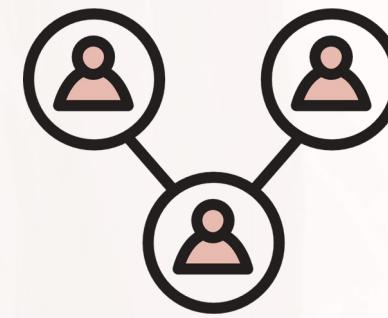
Both

- Identify resources and areas of opportunity.
- Enhance relationships across systems and agencies.
- Create local action plans.
- Community wide lens.

Upstream Mapping

- Focused on youth and families.
- Maps the juvenile justice and child welfare systems.
- The goal is to strengthen communities, prevent child maltreatment and out-of-home placements, and support safe and healthy families.

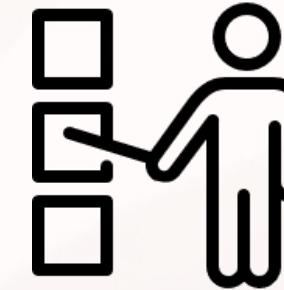
Upstream Benefits



New faces and connections.



Open forum.



Neutral third-party facilitation.



Solution focused.



Different perspectives.



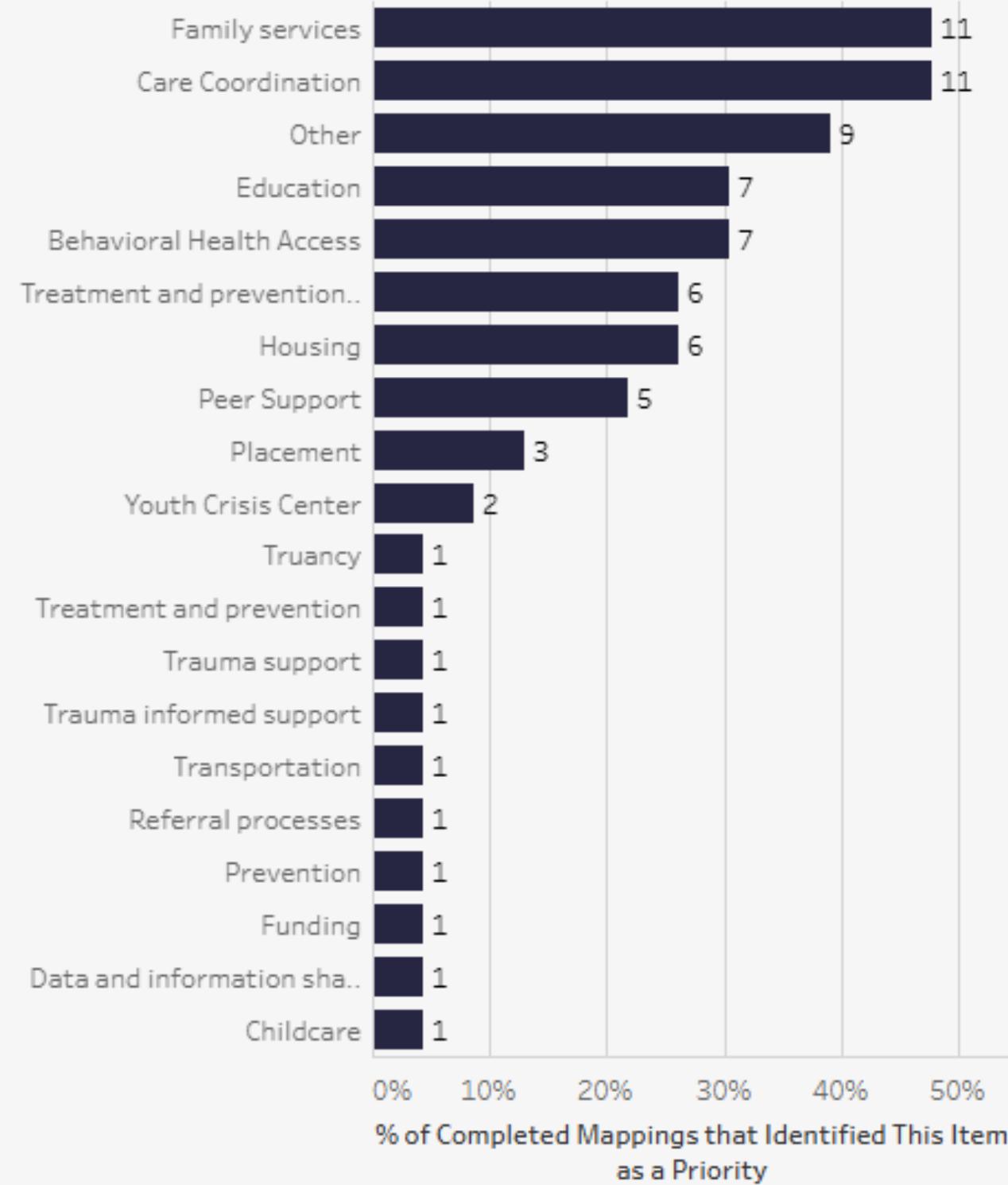
Time to ask questions.



Upstream Youth Mapping

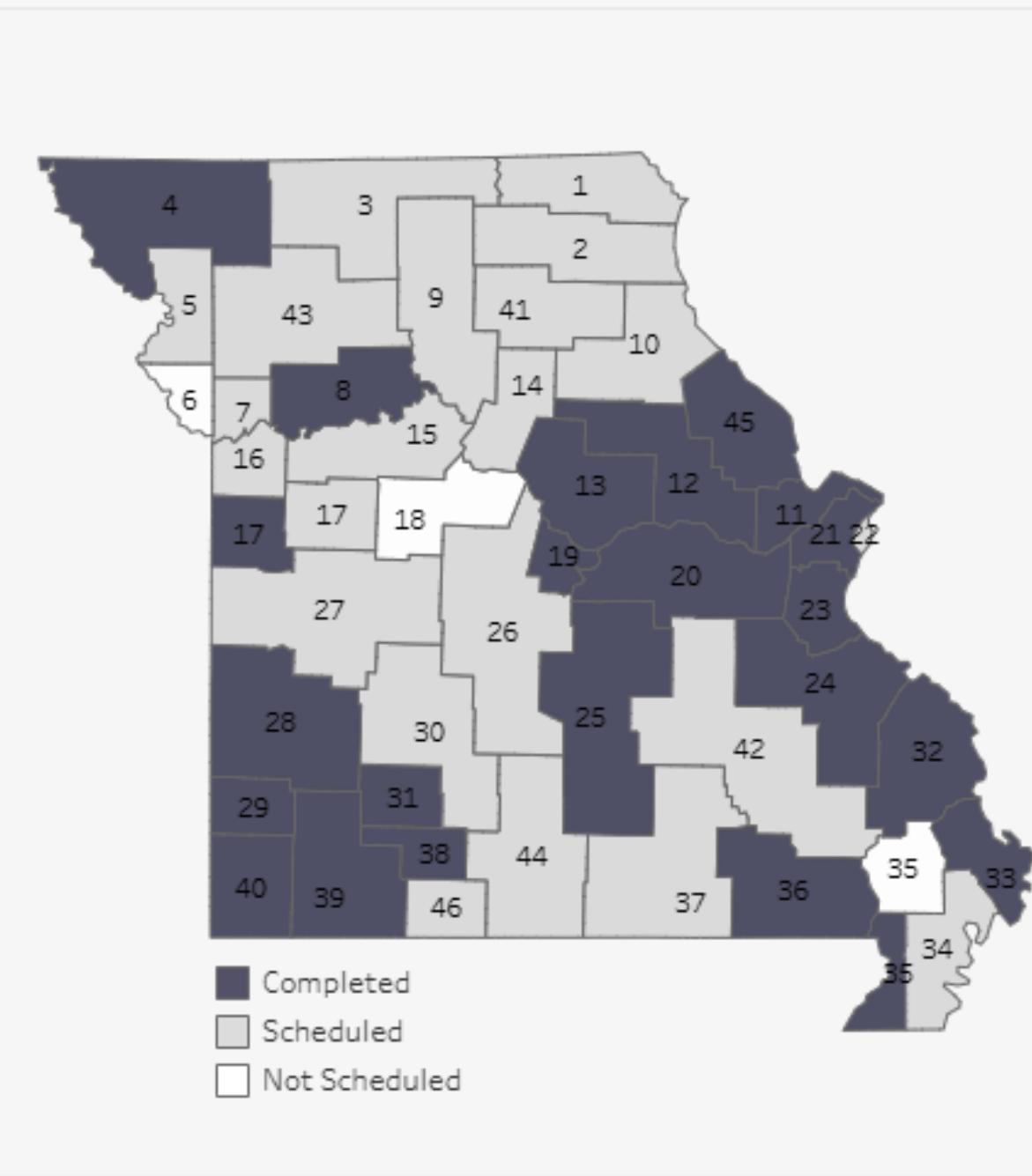
Identified Priorities Summary

Click or CTRL+Click to see which mappings identified each item as a priority.



23 / 48 Mappings Completed (48%)

Click or CTRL+Click to see which priorities each mapping identified.



As of March 2025

<https://www.mobhc.org/upstream-youth-mapping>

Upstream Priorities

Top 4

Family Services

- Inform and support parents.
- Volunteers for supervised family time.
- Youth and family crisis services.
- Support for foster parents.
- Court-ordered family services.
- In-home services

Care Coordination

- Central spoke for resources.
- Align processes.
- Community outreach.
- Transition services for youth returning to the community.
- Mental health services and feedback loops to all schools.
- Communication.

Other

- Social media education
- Increase options for acute care for 16-17-year-olds.
- Standardization of urine analysis testing.
- Crisis nursery.
- Extracurricular activities for youth.

Education

- Educate partners and the public on Children's Division.
- Educating mandated reporters.
- Strategies in schools.
- Educate school-aged children.

Success Stories

Circuit

During their **12** Upstream Mapping, the community discovered there was a high need for diapers, but no active diaper closets.

The churches who attended Upstream were able to gather diaper donations and quickly start up a diaper closet that was open for families in need.

Circuit

During the **19** Upstream Mapping, Circuit 19 talked about the strain of not having a youth serving behavioral health crisis center (BHCC). Out of the meeting a group was formed to establish a youth BHCC - they have already met, drafted a proposal, and are looking for a building to

Circuit

17 Cass County focused on creating an attendance committee to help support youth who are frequently absent from school. They also plan to expand parent peer supports to parents of kids over 5 who are involved in the court system.

Any questions?

Want to attend a mapping?

**Hannah Levely
Youth Services Coordinator
Dept. of Mental Health
hannah.levely@dmh.mo.gov
573-508-2782**

