

# Upstream Mapping

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# Objectives

- History of Upstream
- Introduction to the Upstream Model
- SIM Mapping versus Upstream
- Upstream Benefits
- Missouri's Upstream Results
- Success stories



# Upstream History

A collaborative project to improve the availability, accessibility, and awareness of resources and services for youth and their families.

The Missouri Behavioral Health Council (MBHC) is spearheading the Upstream Mapping project. They partner with numerous other agencies to conduct the mapping events and consolidate findings.

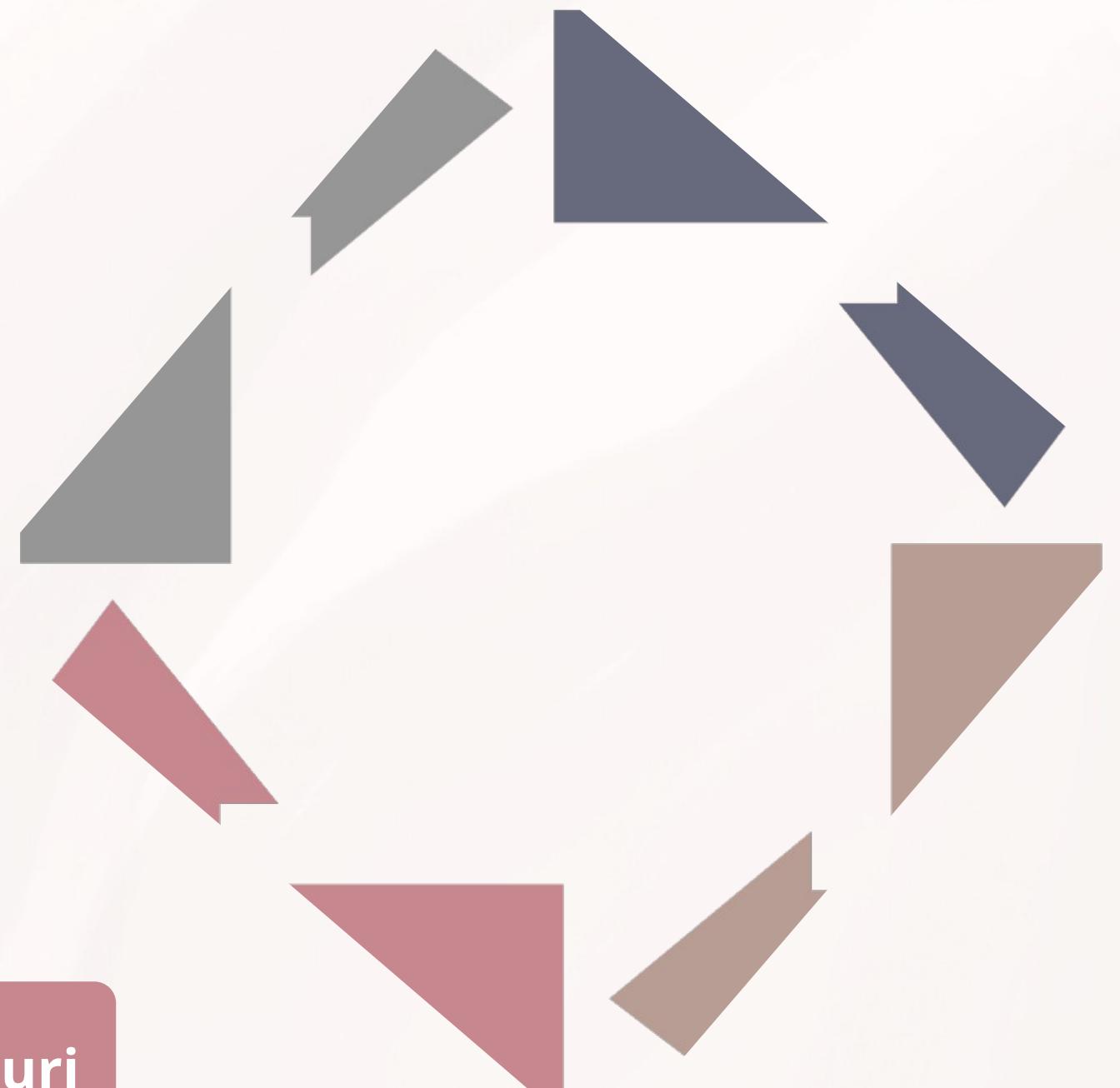
**Dept. of  
Mental  
Health**

**Office of  
State Court  
Admin.**

**Children's  
Division**

**Nat'l  
Center for  
State  
Courts**

**Missouri  
Juvenile  
Justice  
Assoc.**

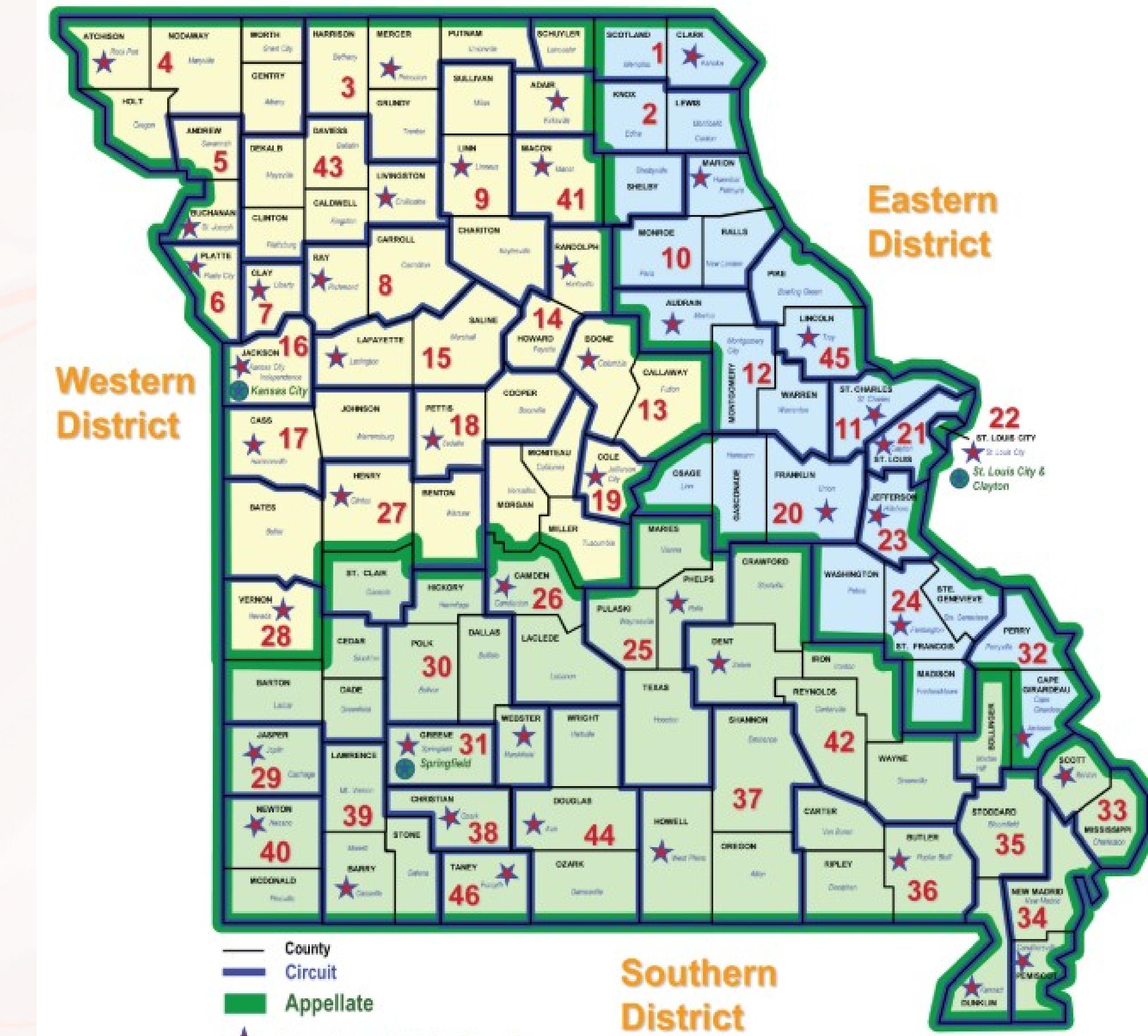


# Upstream History, Cont.

A collaborative project to improve the availability, accessibility, and awareness of resources and services for youth and their families.

# Upstream and the Judicial Circuits

- Led by judicial leadership
  - Leverages court resources, judicial leadership, and child welfare agency partnerships.
  - Shifts from reactive to proactive.
  - Best practices in the courtroom.



# Upstream Focus

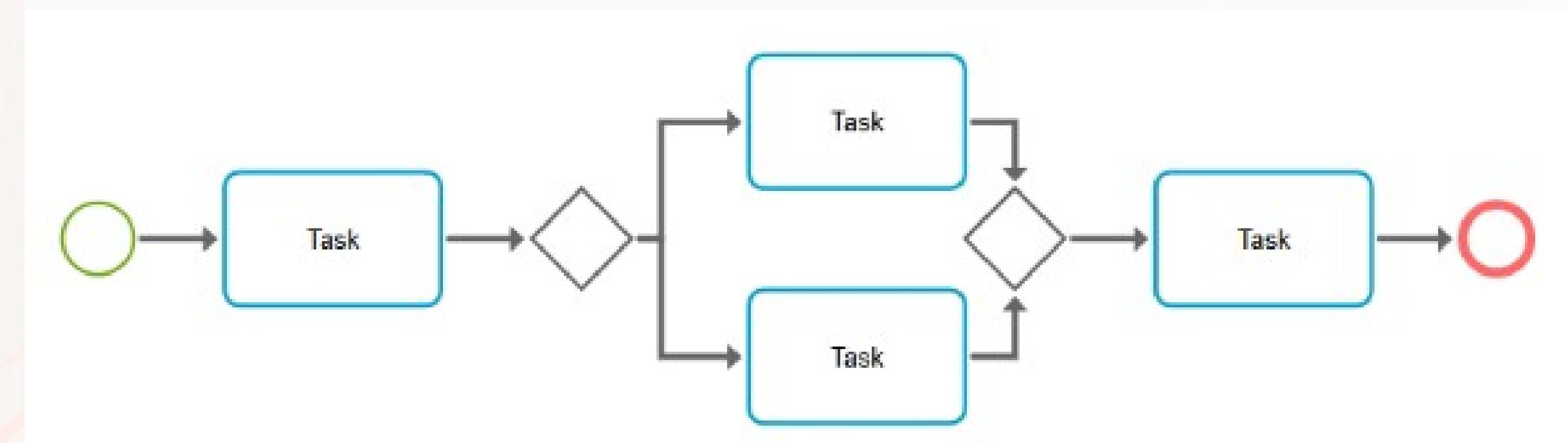
- Attempts to enhance community collaboration.
- Identifies available and missing resources within a community.
- Focus on Social Determinants of Health.

## Social Determinants of Health



# Upstream Focus

- Maps the juvenile justice AND child welfare systems.



- Each mapping has a family-centered focus which identifies domains of prevention and intervention to utilize strategies to help support safe and healthy families.

Domains include:

- Community
- Families with Risk Factors
- Families with Allegations of Abuse/Neglect or Delinquency
- Families with Court Involvement

## UPSTREAM DOMAINS OF PREVENTION & INTERVENTION

### RESOURCE EXAMPLES

#### COMMUNITY

- Safe and Affordable Housing
- Early Childhood Education
- Health Screenings

#### FAMILIES WITH RISK FACTORS

- |                          |                             |
|--------------------------|-----------------------------|
| • Headstart              | • Nurse-Family Partnerships |
| • Early Intervention     | • Housing Supports          |
| • Family Support Centers | • Legal Aid                 |

#### FAMILIES & YOUTH WITH ALLEGATIONS

- Alternative Responses
- Voluntary Services
- Family Team Meetings
- Safety Planning

#### FAMILIES & YOUTH WITH COURT INVOLVEMENT

- |  |                                   |
|--|-----------------------------------|
| • High Quality<br>Legal Representation | • Therapeutic Family Time         |
| • Dependency Mediation                 | • Specialty Courts                |
|  | • Pre-Post Reunification Services |

# Who Should Come to Upstream?

- **Individuals with lived experience.**
- Court professionals (juvenile officers, judges, attorneys, etc.).
- Behavioral health professionals (substance-use disorder, mental health, co-occurring, YBHLs, CBHLs, case managers, administrators, etc.).
- Intellectual and developmental disability professionals.
- Schools (principals, teachers, school resource officers, counselors, school nurses, school social workers, etc.).
- Local health agencies.
- Law enforcement.
- Community resources (churches, food pantries, non-profits, etc.).
- State agencies (Children's Division, Dept. of Mental Health, Dept. of Elementary and Secondary Education, Division of Youth Services, etc.).

# What to Expect at Upstream

## Day

- Background and **1**goals of Upstream.
  - Facilitators will collect state level data and review as a group.
- Identifying available community resources.
- Identifying gaps in community resources.
- Map the Juvenile Justice and Child Welfare systems.
- Vote on “priority areas”.

## Day

- Split into small **2**groups based on identified priority areas.
- Create a plan to work towards a solution.
- Identify next *actionable* steps as a group.
- Meet as a large group and review action plans and ideas.

# SIM Mapping

- Focused on adult systems.
- Maps the criminal justice system.
- The goal is to divert individuals from involvement within the criminal justice system.

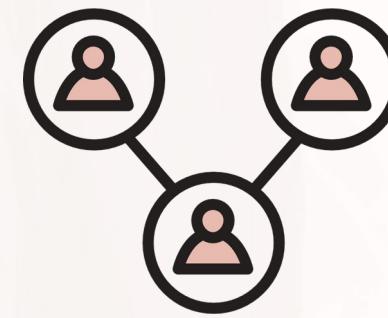
## Both

- Identify resources and areas of opportunity.
- Enhance relationships across systems and agencies.
- Create local action plans.
- Community wide lens.

# Upstream Mapping

- Focused on youth and families.
- Maps the juvenile justice and child welfare systems.
- The goal is to strengthen communities, prevent child maltreatment and out-of-home placements, and support safe and healthy families.

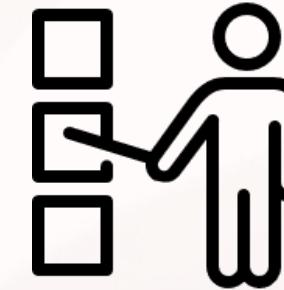
# Upstream Benefits



New faces and connections.



Open forum.



Neutral third-party facilitation.



Solution focused.



Different perspectives.



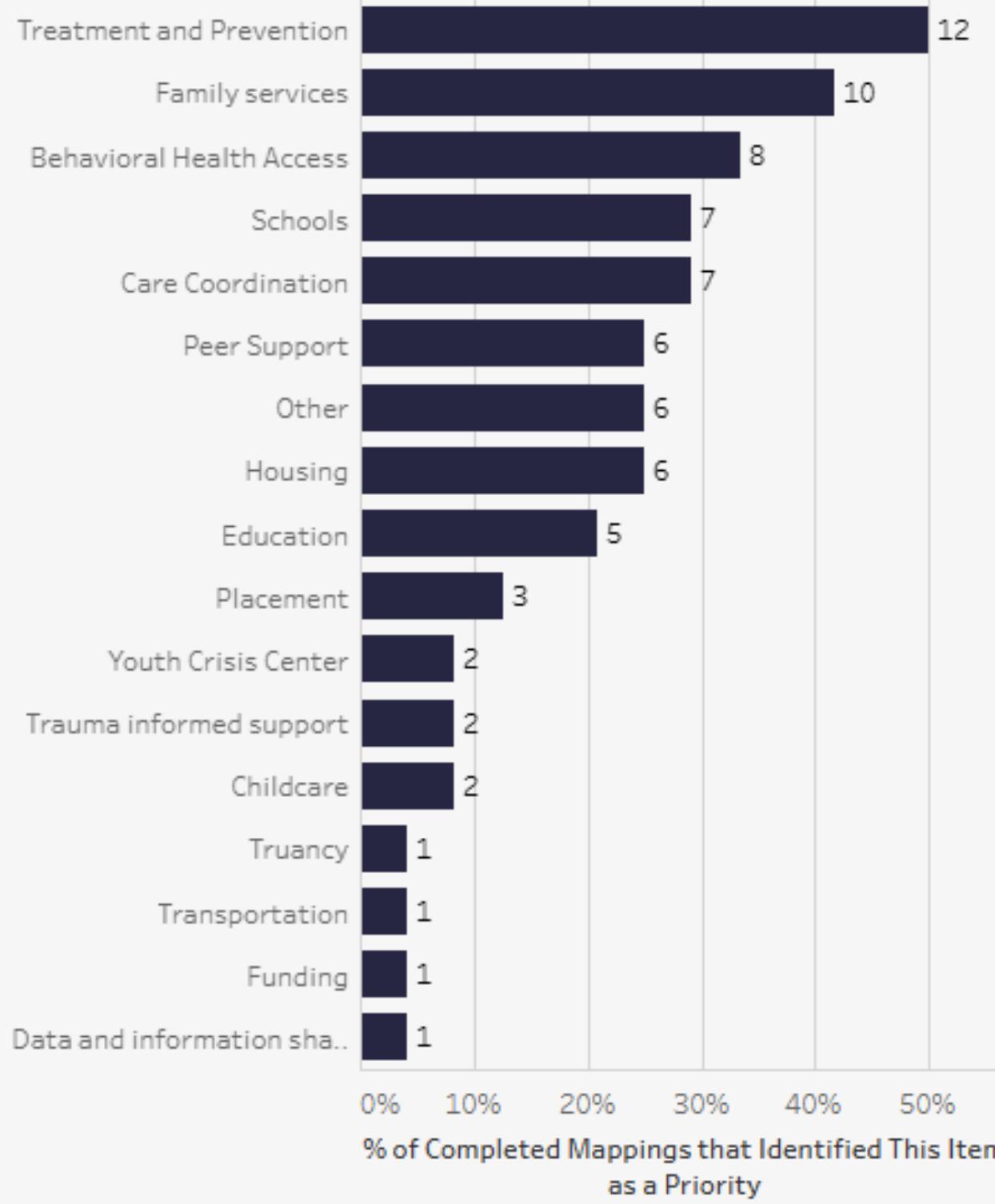
Time to ask questions.

# Upstream Youth Mapping



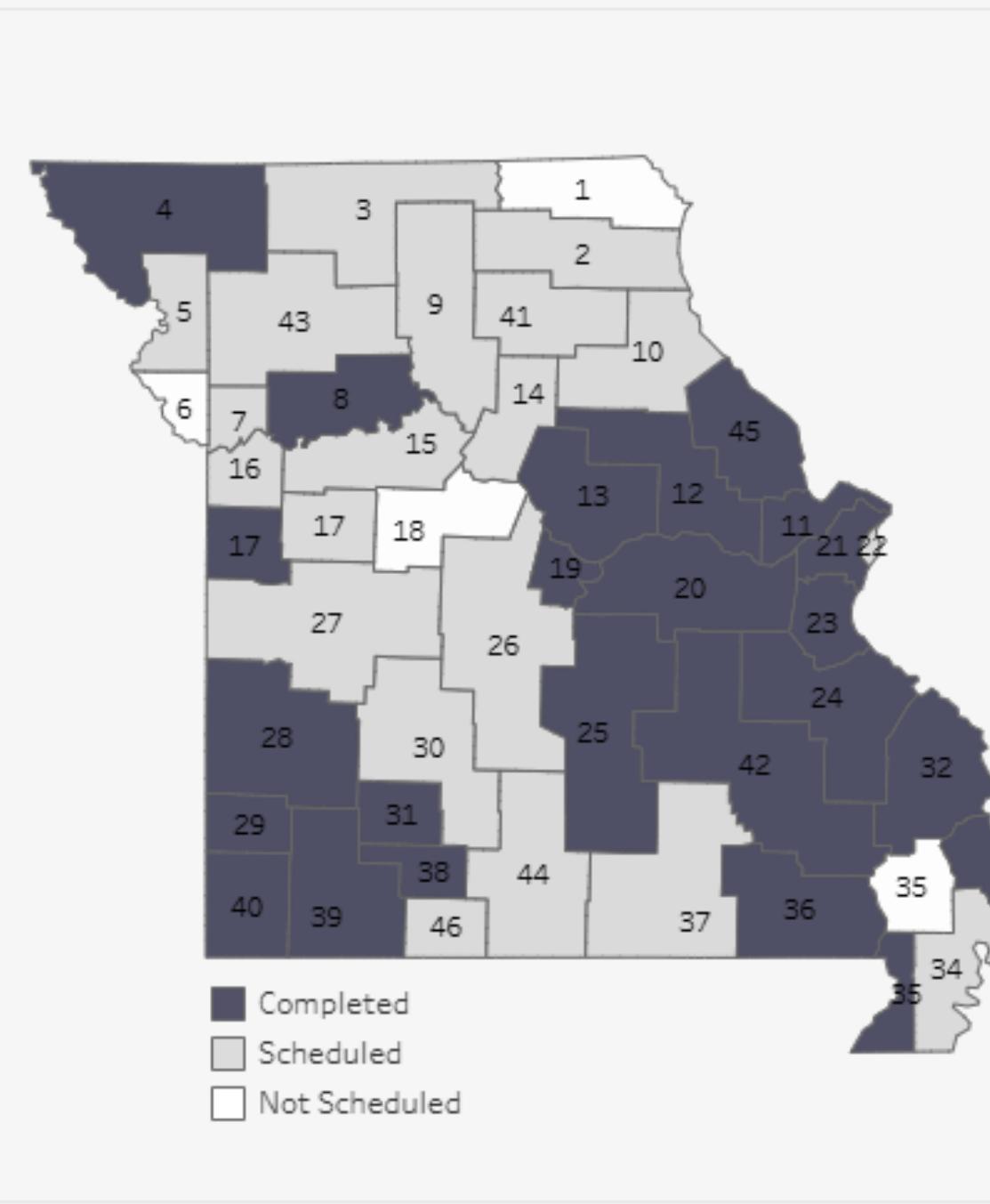
## Identified Priorities Summary

Click or CTRL+Click to see which mappings identified each item as a priority.



24 / 48 Mappings Completed (50%)

Click or CTRL+Click to see which priorities each mapping identified.



For any youth mapping inquiries please contact Daisy Cheek (dcheek@mobhc.org).

**As of April 2025**

**<https://www.mobhc.org/upstream-youth-mapping>**

# Upstream Priorities - Top 4

## Treatment and Prevention

- Systematic behavioral health screening.
- Childcare.
- Transition services for youth.
- Connection to prevention services for families.
- Juvenile treatment court.
- Access to pro-social activities.
- Wraparound services.
- Services for high acuity youth.

## Family Services

- Increase parental engagement and participation in treatment.
- Increase and extend in-home services.
- Support for foster and adoptive parents.
- Services before and after court involvement.
- Youth and family crisis support.
- Decreasing stigma.
- Increase collaboration.

## Behavioral Health Access

- Increase service array, access, and availability.
- Consistency in referrals to the Juvenile Office.
- Access to crisis services.
- Compiling, communicating, and messaging community services.
- Timely access to mental health evaluations and services for children.
- Increase networking.

## Schools

- Mental health services and feedback loops to all schools.
- Educate SROs and schools on responses Safe Schools Act, crisis events, threats, and alternatives to address behaviors.
- Programs to educate school-aged youth.
- Attendance compliance board.
- Help schools get services and supports to families.

# Success Stories

## Circuit

During their **12** Upstream Mapping, the community discovered there was a high need for diapers, but no active diaper closets.

The churches who attended Upstream were able to gather diaper donations and quickly start up a diaper closet that was open for families in need.

## Circuit

During the **19** Upstream Mapping, Circuit 19 talked about the strain of not having a youth serving behavioral health crisis center (BHCC). Out of the meeting a group was formed to establish a youth BHCC - they have already met, drafted a proposal, and are looking for a building to

## Circuit

**17** Cass County focused on creating an attendance committee to help support youth who are frequently absent from school. They also plan to expand parent peer supports to parents of kids over 5 who are involved in the court system.

# The Future of Upstream

1. Finish mapping the state – estimated end date will be in Summer of 2026.
2. Create a final statewide report.
3. Convene a statewide meeting of partners to create an action plan.
4. Create a plan to check-in with circuits to see how statewide partnerships can help support their goals/action plans.

# Any questions?

# Want to attend a mapping?

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