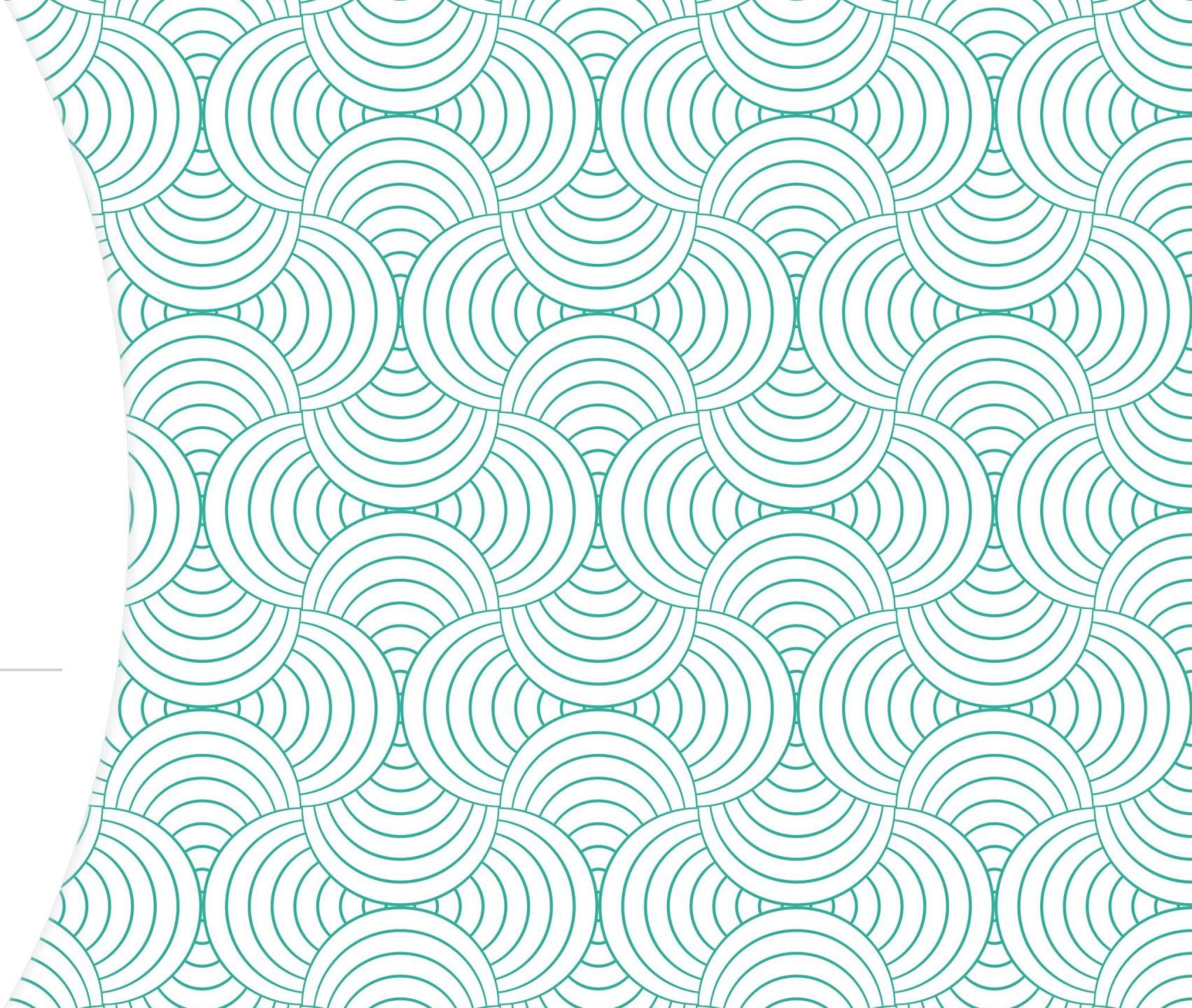


Charting the Landscape of Missouri's Recovery Community Centers

Bridget Coffey, MSW

Lindsey Pawlowski, MSW

With gratitude and
acknowledgment to Lindsey
Vondras and Katie Brown



Outline

Definitions

Recovery review

RCCs

State-funded RCCs in Missouri

RCC usage in Missouri

Panel discussion

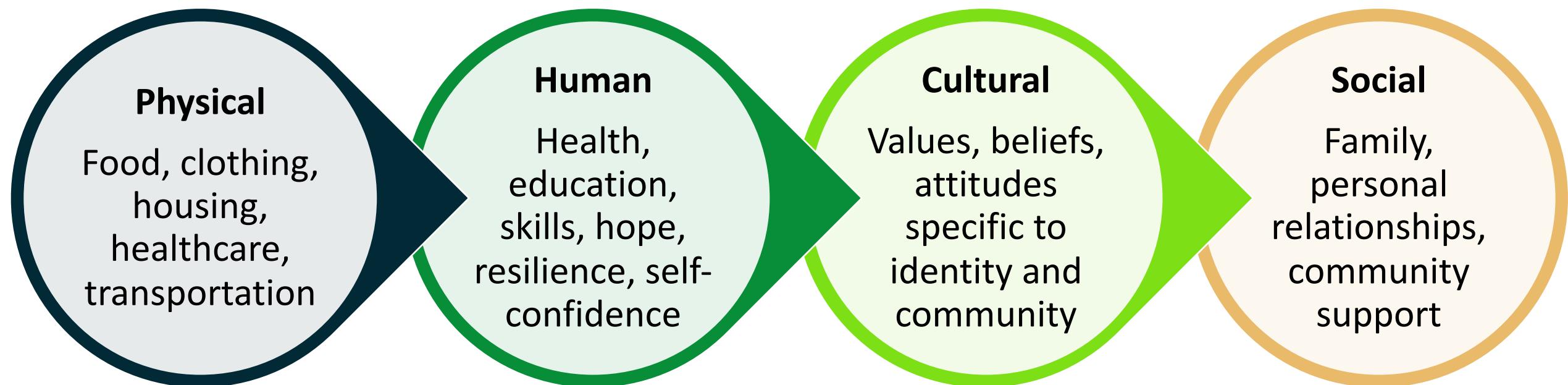
What are Recovery Community Centers (RCCs)?

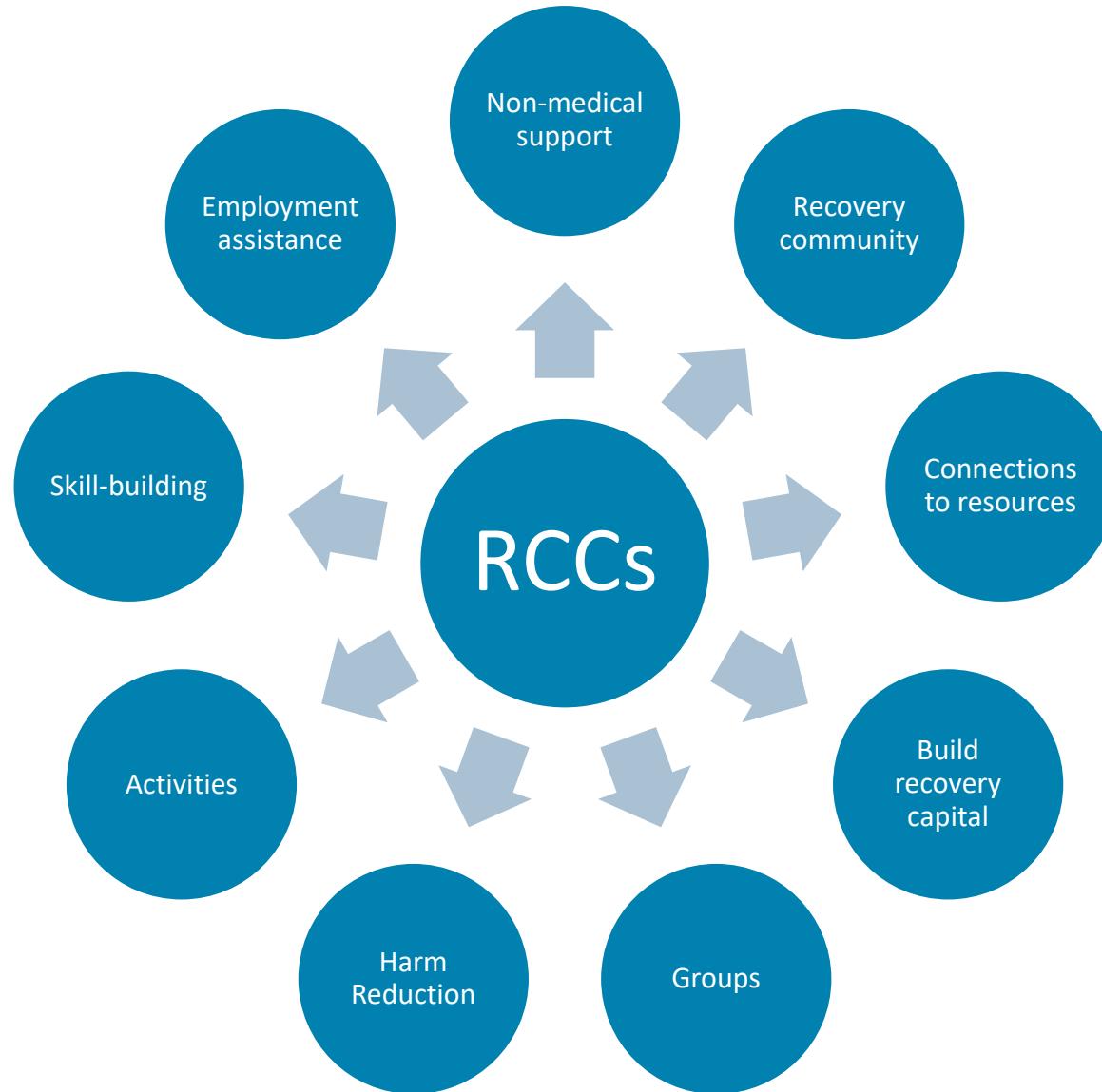
- Serve as local resources of community-based recovery support
- Provide advocacy training, recovery information and resource mobilization, mutual-help or peer-support organization meetings, social activities, and other community-based services
- Help facilitate supportive relationships among individuals in recovery, as well as community and family members
- Help individuals initiate and sustain recovery over time

What is recovery?

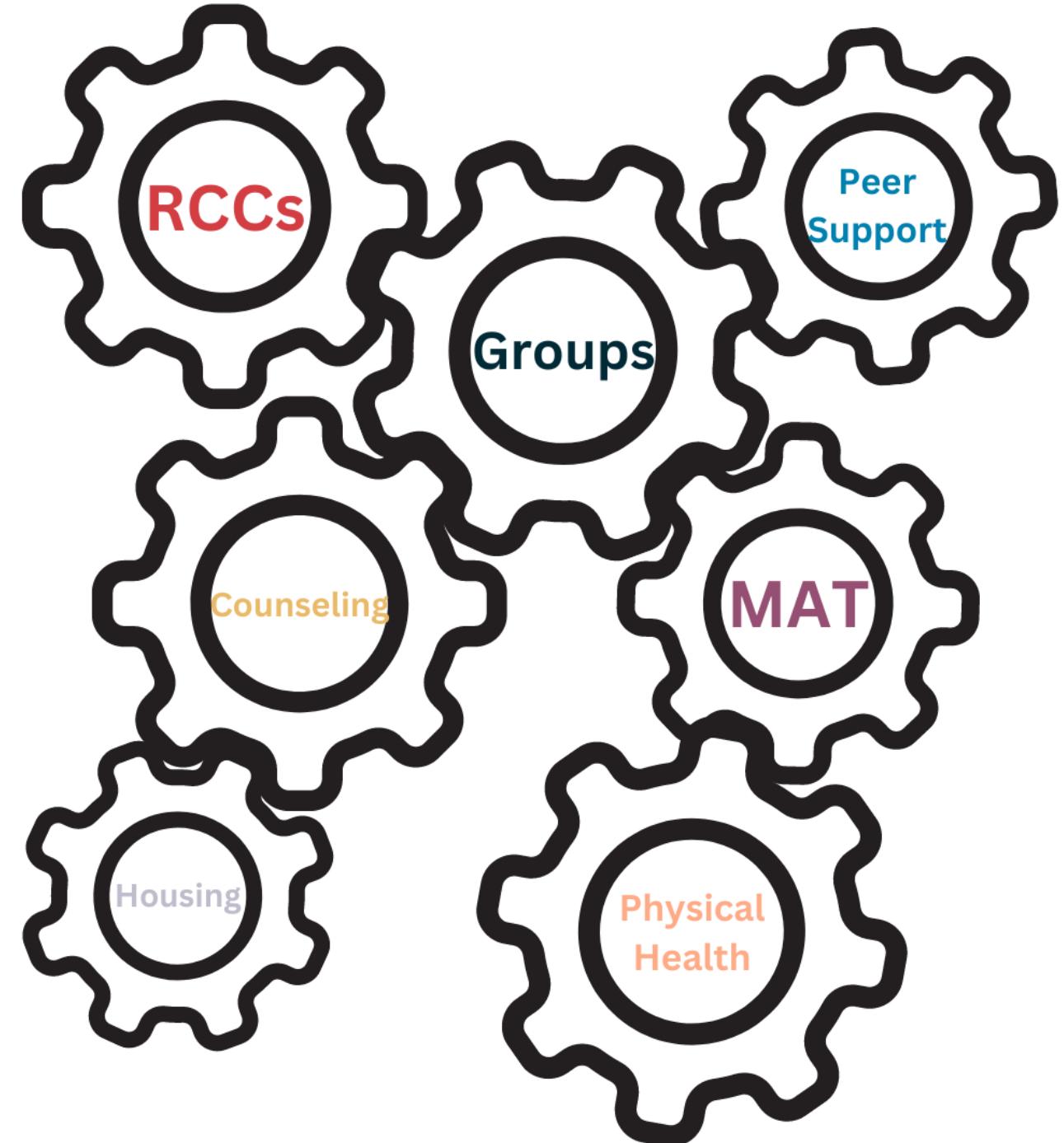
- SAMHSA definition:
 - “A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.”

Recovery Capital





RCCs are part of a
larger
treatment/recovery
system



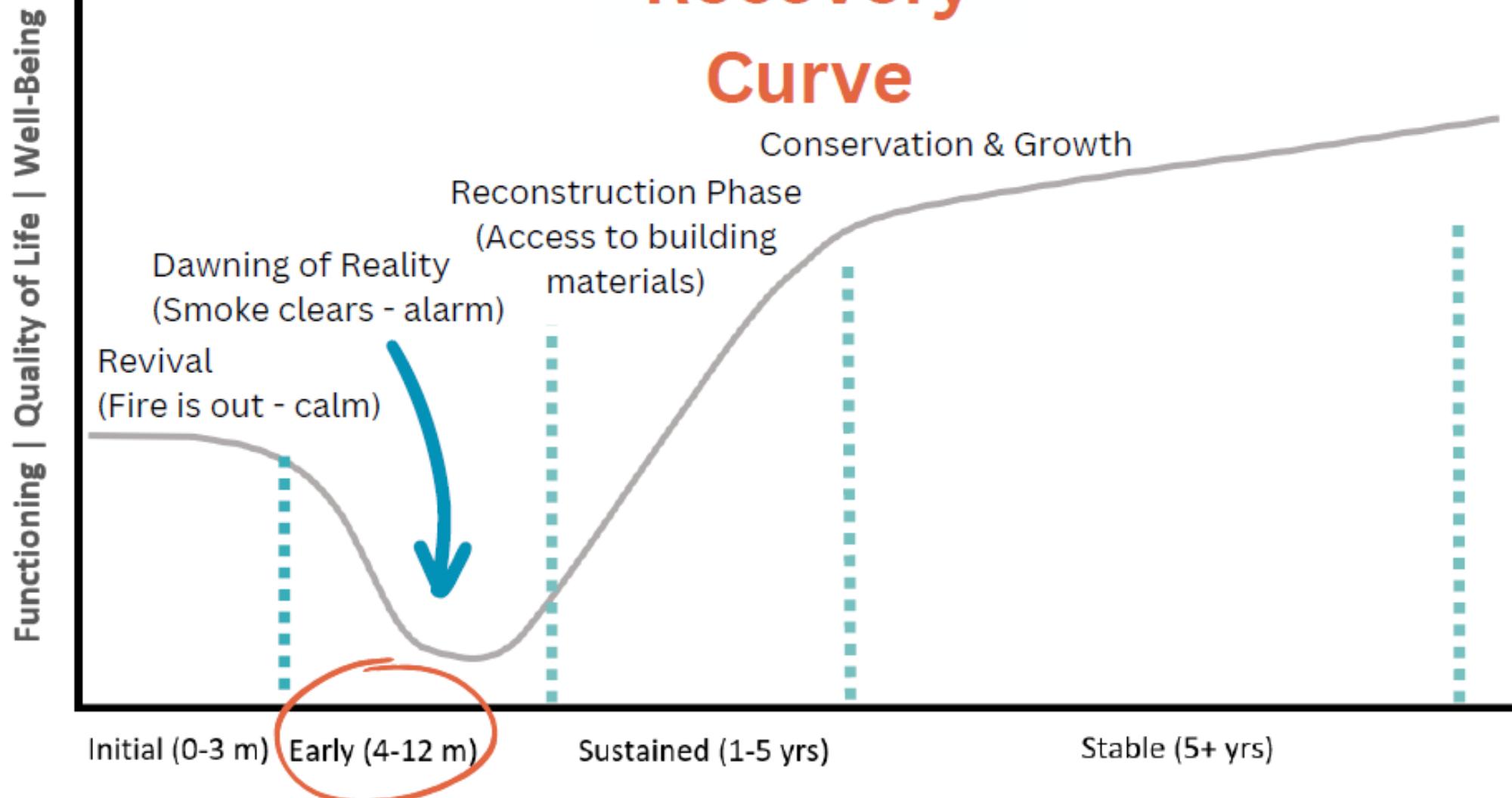
Timeline of addiction and achievement of stable recovery



It takes 8 years and 4-5 treatment episodes for the average person to achieve their first full year of sustained remission. After 5 years of full sustained remission, a person reaches "stable remission" and the risk of them returning to use drops below 15%- the same level of risk that anyone in the general public has of developing a SUD.

60-75% of individuals with SUD will achieve full sustained remission

Recovery Curve



RCCs help people reach the same quality of life and functioning faster!



State-funded RCCs in MO

SOR (2018)

- MO Network
- St. Louis Empowerment Center
- Springfield RCC
- Healing House KC



Block Grant (2022)

- We Do Recover (Gibson)
- LIFE
- Landmark
- The ROC

State-funded RCCs in MO: Coming soon

Cannabis tax (2024)

- Beacon of Hope Recovery Community Center (Recovery Lighthouse) - Sedalia
- The Pier Recovery Community Center (Recovery Lighthouse) – Warrensburg
- The ROCC – Recovery Outreach Community Center (Ascent Recovery) – Joplin
- Gibson (TBD)

How are they different?

- Location
- Population
- Services
- Types of Activities

Since 2018,
Missouri
RCCs have:



Provided 72,338 total
hours of operation

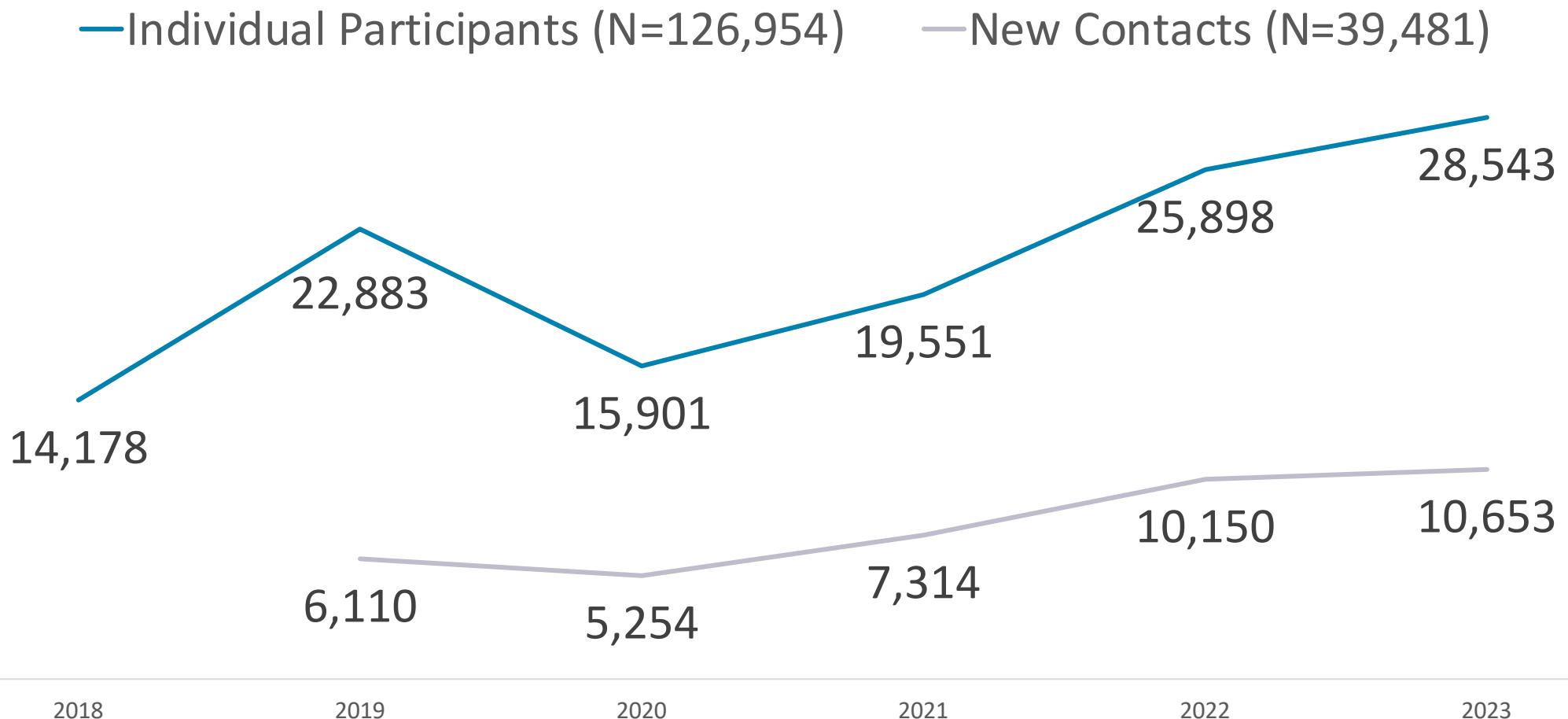


Hosted 35,662
different activities



Outreached 47,170
unique individuals

RCC Unduplicated attendance



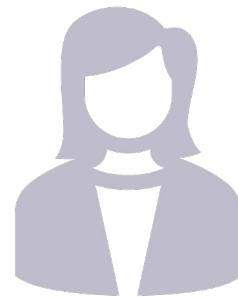
Since 2018,
Missouri
RCCs have:



Reversed 4,770
overdoses



Distributed 51,333
Naloxone kits



Connected 1,480
people to
employment

Panelists



Rosie Anderson-Harper, Director of Recovery Services, DMH



Michelle Charbonnier, Executive Director, MO Network



Melanie Cobb, Recovery Center Director, Landmark Recovery Center



Marsha Hawkins-Hourd, Executive Director, LIFE RCC



David Stoecker, Executive Director, Springfield RCC