



# Charting the Landscape of Missouri's Recovery Community Centers

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With gratitude and  
acknowledgment to Lindsey  
Vondras and Katie Brown

# Outline

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Definitions

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Recovery review

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RCCs

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State-funded RCCs in Missouri

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RCC usage in Missouri

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Panel discussion

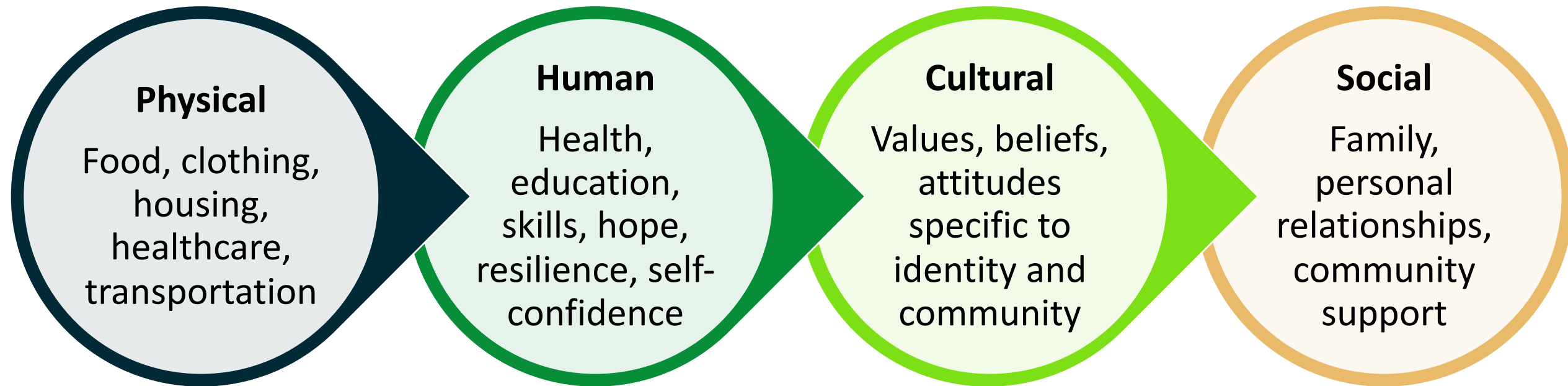
# What are Recovery Community Centers (RCCs)?

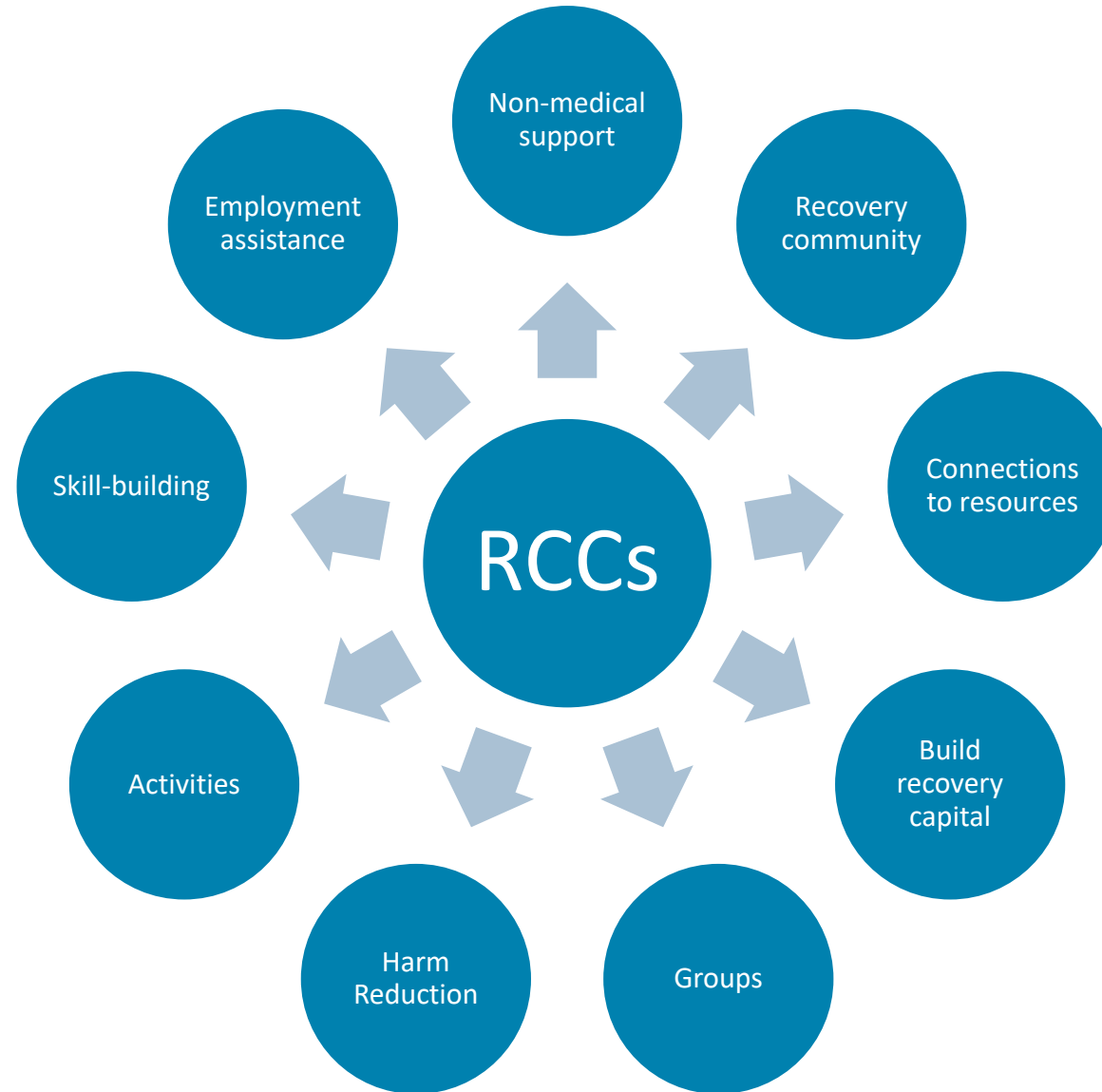
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- Serve as local resources of community-based recovery support
  - Provide advocacy training, recovery information and resource mobilization, mutual-help or peer-support organization meetings, social activities, and other community-based services
  - Help facilitate supportive relationships among individuals in recovery, as well as community and family members
  - Help individuals initiate and sustain recovery over time

# What is recovery?

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- SAMHSA definition:
    - “A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.”

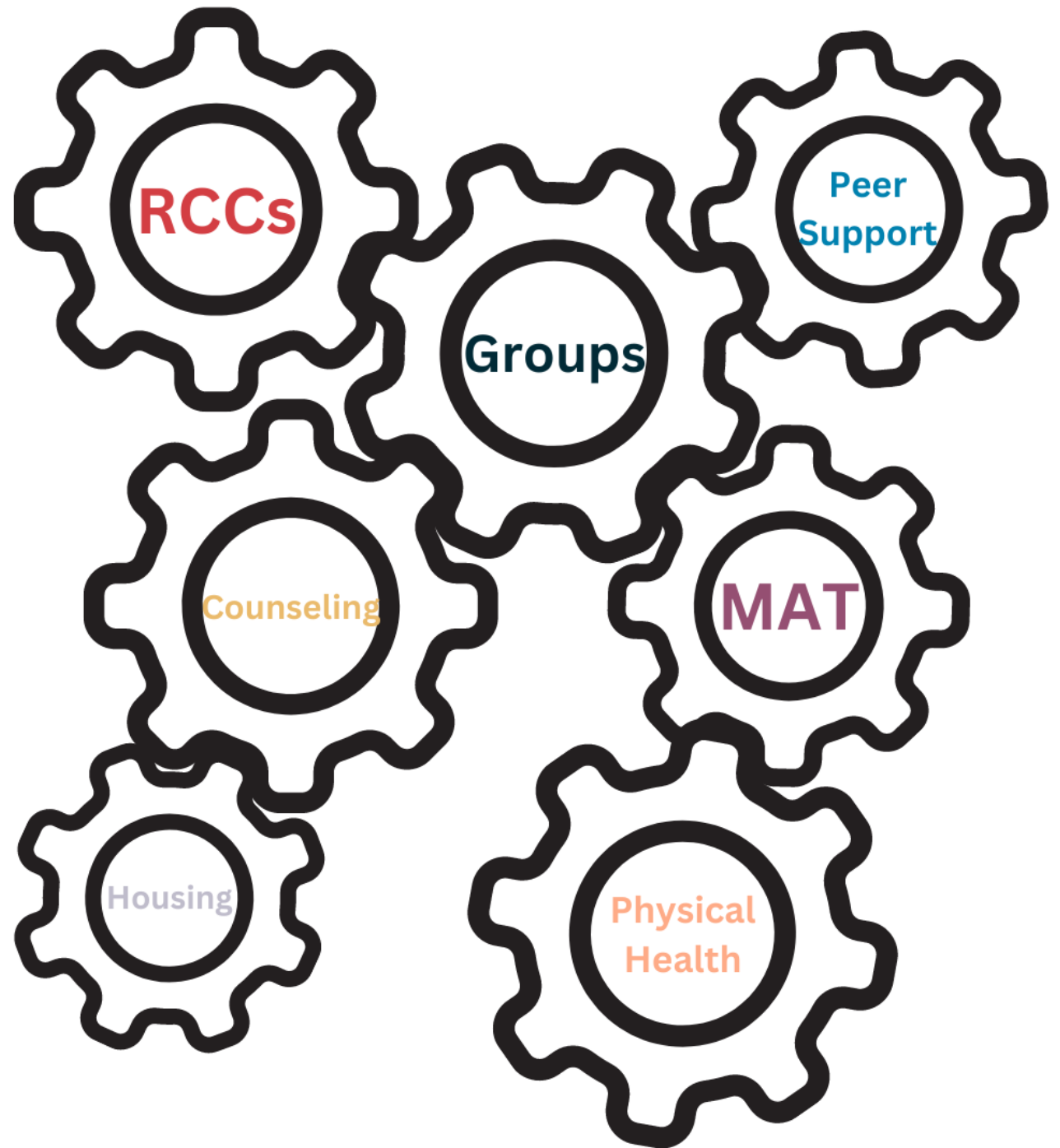
# Recovery Capital







RCCs are part of a  
larger  
treatment/recovery  
system



## Timeline of addiction and achievement of stable recovery



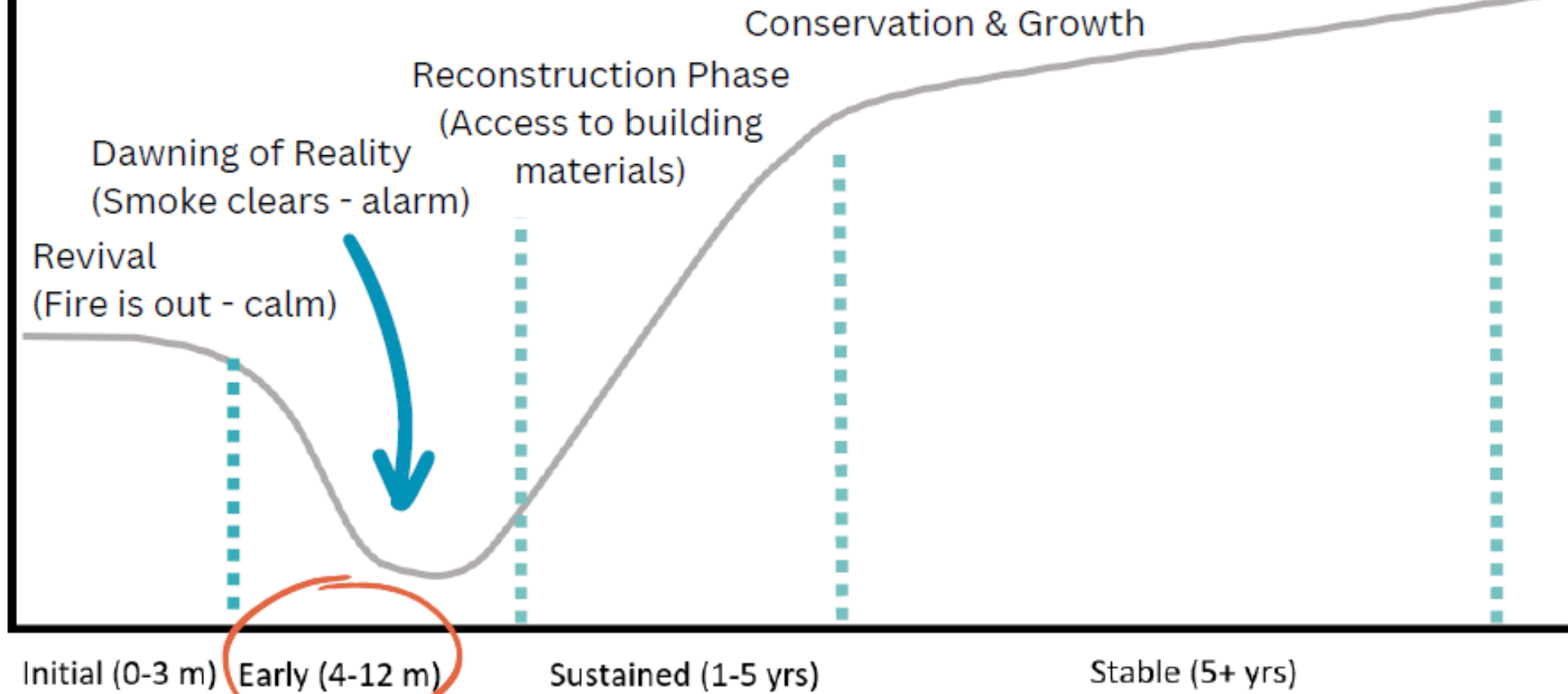
It takes 8 years and 4-5 treatment episodes for the average person to achieve their first full year of sustained remission. After 5 years of full sustained remission, a person reaches "stable remission" and the risk of them returning to use drops below 15%- the same level of risk that anyone in the general public has of developing a SUD.

**60-75% of individuals with SUD will achieve full sustained remission**



Functioning | Quality of Life | Well-Being

# Recovery Curve



RCCs help people reach the same quality of life and functioning faster!



# State-funded RCCs in MO

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## SOR (2018)

- MO Network
- St. Louis Empowerment Center
- Springfield RCC
- Healing House KC



## Block Grant (2022)

- We Do Recover (Gibson)
- LIFE
- Landmark
- The ROC

# State-funded RCCs in MO: Coming soon

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## Cannabis tax (2024)

- Beacon of Hope Recovery Community Center (Recovery Lighthouse) - Sedalia
- The Pier Recovery Community Center (Recovery Lighthouse) – Warrensburg
- The ROCC – Recovery Outreach Community Center (Ascent Recovery) – Joplin
- Gibson (TBD)

# How are they different?

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- Location
- Population
- Services
- Types of Activities

Since 2018,  
Missouri  
RCCs have:



Provided 72,338 total  
hours of operation



Hosted 35,662  
different activities

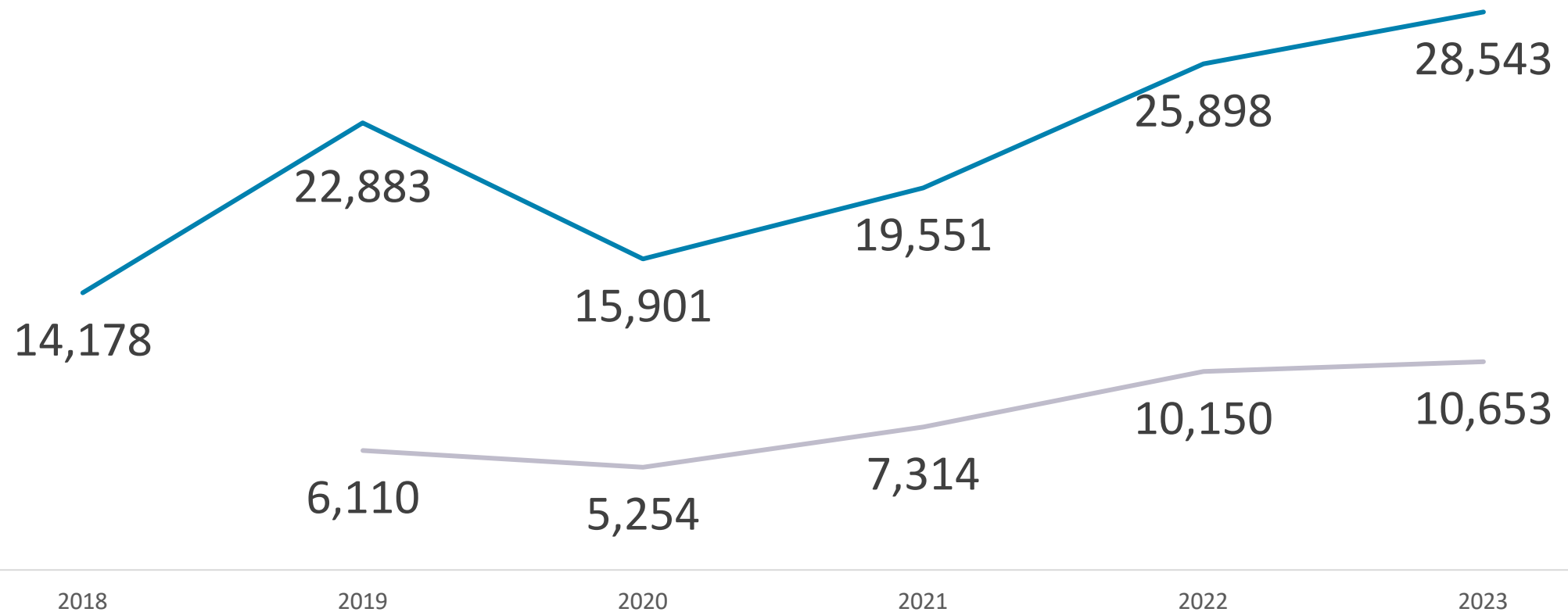


Outreached 47,170  
unique individuals



# RCC Unduplicated attendance

— Individual Participants (N=126,954) — New Contacts (N=39,481)



Since 2018,  
Missouri  
RCCs have:



Reversed 4,770  
overdoses



Distributed 51,333  
Naloxone kits



Connected 1,480  
people to  
employment

# Panelists



Rosie Anderson-Harper, Director of Recovery Services, DMH



Michelle Charbonnier, Executive Director, MO Network



Melanie Cobb, Recovery Center Director, Landmark Recovery Center



Marsha Hawkins-Hourd, Executive Director, LIFE RCC



David Stoecker, Executive Director, Springfield RCC