

| Thursday, May 16, 2024 DMH Spring Training Institute | | | | | | | | |
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| | Cultural Competence (DEI) | Substance Use Prevention & Treatment | Clinical | Self Care | Suicide Prevention | IDD/Dual Diagnosis | Supporting Staff | Children, Youth and Family |
| 7:00 AM – 8:00 AM | Conference Registration (Desk open until 5:00 PM), Breakfast, Visit Exhibits – Windgate Hall | | | | | | | |
| 8:00 AM – 9:15 AM Keynote *75 Minutes 1.25 Clock Hours | Living Your Best Life: Elevate Your Professional and Personal Well-being! Susie Arbo Paradise Ballroom ABC | | | | | | | |
| 9:15 AM - 10:00 AM | Break, Visit Exhibits - Windgate Hall | | | | | | | |
| 10:00 AM – 11:30 AM Breakout *90 Minutes 1.5 Clock Hours | | Substance Use Disorder and LBGTQ+ People; Assessing the Impact of Compounded Stigma and Treatment Considerations for this Population Darla Belflower, LCSW, LSCSW, LAC Paradise Ballroom B | Treatment and Diagnosis of Individuals with Schizophrenia Lauren Smalling, MSW, LCSW Windgate 62/63 | Real self-care for mental health practitioners: Strategies to prevent and treat compassion fatigue and burnout. Sarah Thomas, EdD, MSW, LCSW Leeward 74/75 | Prevent Suicide in Jails and Prisons: Save Lives and Avoid Lawsuits AE Daniel, MD, MRC Psych Paradise Ballroom C *Suicide Prevention Hours | Dysregulation in individuals with IDD: Working Towards Better Supports Robert Cox, MA, LPC Nautical Wheeler | ASAM implementation and EHR enhancement Clif Johnson, AA, CRAADC & Dan Adams, MBA Windgate 60/61 | Assessment of Nonoffending Partners in Child Sexual Abuse Cases for parenting and protective capacities Marie Clark, MA, LMFT, LSOE, LSOTP Leeward 76/77 |
| 11:30 AM – 12:45 PM | Lunch Break | | | | | | | |
| 12:45 PM – 1:45 PM Super Session *60 Minutes 1 Clock Hour | The Ethics of Competence *Ethics Hours Justin Bennett, BSW, MSW, LCSW Paradise Ballroom A | Culturally - Attuned Behavioral Activation to support Psychological Resilience *Cultural Competence Hours Ann Steffen, PhD, ABPP Paradise Ballroom B | Assistive Technology for Mental Health David Baker, MA Paradise Ballroom C | | | Risk and Resiliency in Adverse Childhood Experiences: Implications for Prevention and Intervention Tim Welch, PhD, LMFT Windgate 60/61 | | |
| 1:45 PM - 2:00 PM | Snack Break, Visit Exhibits - Windgate Hall | | | | | | | |
| 2:00 PM – 3:30 PM Breakout *90 Minutes 1.5 Clock Hours | Culturally Competent Clinical/Counseling/Talk Therapy Dr Naaman Lauderdale, ThD, P.PSSY, MA, MAC, MDAACS, MRAS, NCC, LCMHC, LPCS Paradise Ballroom A *Cultural Competency Hours | The Changing Face of Corrections Based Substance Use Services Duane Cummins, PhD, Karin Kitson, BS & Scott O'Kelley, MA, EdS Paradise Ballroom B | Experiential Assessment and Therapy for Difficult Clients and Confusing Situations John Carpenter, MSW, LCSW Windgate 62/63 | Self-Awareness Le'Anne Schlotzauer, BS Leeward 74/75 | Firearm Suicide Prevention: A nascent approach to preventing suicide in rural southeast Missouri. Katie Ellison, MS, MA, NCC & Racheal Ward, MA Paradise Ballroom C *Suicide Prevention Hours | Emergency Planning for Individuals with I/DDs Deb Hendricks, BA Nautical Wheeler | Simple Dreams: What's missing? Keith Ray Mackie, BES, MA Windgate 60/61 | The Efficacy of the CRAFT Model of Therapy in a Group Setting Jeremy Duke, MA, LPC & Lauren Eisleben, BS, MEd, LPC Leeward 76/77 |
| 3:30 PM - 3:35 PM | Break | | | | | | | |
| 3:35 PM – 5:05 PM Breakout *90 min 1.5 clock hours | LGBTQIA+: History, Diversity, Inclusion Justin Bennett, BSW, MSW, LCSW Paradise Ballroom A *Cultural Competency Hrs | Harm Reduction: The Next Wave in Substance Use Disorder Treatment Lauren Eisleben, BS, MEd, LPC & Jeremy Duke, MA, LPC Paradise Ballroom B | Biblia Therapy used in adjunct with other therapies to enhance treatment Judy Wieberg, MEd, LPC, LCSW Windgate 62/63 | Somatic Therapies and Trauma: Healing for the Whole Self Heather Gargis, MA, LPC, SEP, NATP Leeward 74/75 | Youth Suicide: A Look at Before and After Shari Grady, PhD, LCPC, LPC, NCC, CISM Paradise Ballroom C *Suicide Prevention Hours | Assessment and Diagnosis of Dementia for Individuals with Developmental Disabilities Kayette Glass, PsyD Nautical Wheeler | Compassion Fatigue Issac Sandige, MA Windgate 60/61 | Adolescent Social Media: Myths Managing Risks and Maximizing Benefits Tim Welch, PhD, Joyce Chang, PhD & Desiree Dixon, BS Leeward 76/77 |

