

Thursday, May 16, 2024 DMH Spring Training Institute								
	Cultural Competence (DEI)	Substance Use Prevention & Treatment	Clinical	Self Care	Suicide Prevention	IDD/Dual Diagnosis	Supporting Staff	Children, Youth and Family
7:00 AM – 8:00 AM	Conference Registration (Desk open until 5:00 PM), Breakfast, Visit Exhibits – Windgate Hall							
8:00 AM – 9:15 AM Keynote *75 Minutes 1.25 Clock Hours	Living Your Best Life: Elevate Your Professional and Personal Well-being! Susie Arbo							
9:15 AM - 10:00 AM	Break, Visit Exhibits - Windgate Hall							
10:00 AM – 11:30 AM Breakout *90 Minutes 1.5 Clock Hours		Substance Use Disorder and LGBTQ+ People; Assessing the Impact of Compounded Stigma and Treatment Considerations for this Population Darla Belflower, LCSW, LSCSW, LAC	Treatment and Diagnosis of Individuals with Schizophrenia Lauren Smalling, MSW, LCSW	Real self-care for mental health practioners: Strategies to prevent and treat compassion fatigue and burnout. Sarah Thomas, EdD, MSW, LCSW	Prevent Suicide in Jails and Prisons: Save Lives and Avoid Lawsuits AE Daniel, MD, MRC Psych *Suicide Prevention Hours	Dysregulation in individuals with IDD: Working Towards Better Supports Robert Cox, MA, LPC	ASAM implementation and EHR enhancement Clif Johnson, AA, CRAADC & Dan Adams, MBA	Assessment of Nonoffending Partners in Child Sexual Abuse Cases for parenting and protective capacities Marie Clark, MA, LMFT, LSOE, LSOTP
11:30 AM – 12:45 PM	Lunch Break							
12:45 PM – 1:45 PM Super Session *60 Minutes 1 Clock Hour	The Ethics of Competence *Ethics Hours Justin Bennett, BSW, MSW, LCSW		Culturally - Attuned Behavioral Activation to support Psychological Resilience *Cultural Competence Hours Ann Steffen, PhD, ABPP		Assistive Technology for Mental Health David Baker, MA Paradise Ballroom C		Risk and Resiliency in Adverse Childhood Experiences: Implications for Prevention and Intervention Tim Welch, PhD, LMFT	
1:45 PM - 2:00 PM	Snack Break, Visit Exhibits - Windgate Hall							
2:00 PM – 3:30 PM Breakout *90 Minutes 1.5 Clock Hours	Culturally Competent Clinical/Counseling/Talk Therapy Dr Naaman Lauderdale, ThD, P.PSSY, MA, MAC, MDAACS, MRAS, NCC, LCMHC, LPCS *Cultural Competency Hours	The Changing Face of Corrections Based Substance Use Services Duane Cummins, PhD, Karin Kitson, BS & Scott O'Kelley, MA, EdS	Experiential Assessment and Therapy for Difficult Clients and Confusing Situations John Carpenter, MSW, LCSW	Self-Awareness Le'Anne Schlotzhauer, BS	Firearm Suicide Prevention: A nascent approach to preventing suicide in rural southeast Missouri. Katie Ellison, MS, MA, NCC & Racheal Ward, MA *Suicide Prevention Hours	Emergency Planning for Individuals with I/DDs Deb Hendricks, BA	Simple Dreams: What's missing? Keith Ray Mackie, BES, MA	The Efficacy of the CRAFT Model of Therapy in a Group Setting Jeremy Duke, MA, LPC & Lauren Eisleben, BS, MEd, LPC
3:30 PM - 3:35 PM	Break							
3:35 PM – 5:05 PM Breakout *90 min 1.5 clock hours	LGBTQIA+: History, Diverity, Inclusion Justin Bennett, BSW, MSW, LCSW *Cultural Competency Hrs	Harm Reduction: The Next Wave in Substance Use Disorder Treatment Lauren Eisleben, BS, MEd, LPC & Jeremy Duke, MA, LPC	Biblia Therapy used in adjunct with other therapises to enhance treatment Judy Wieberg, MEd, LPC, LCSW	Somatic Therapies and Trauma: Healing for the Whole Self Heather Gargis, MA, LPC, SEP, NATP	Youth Suicide: A Look at Before and After Shari Grady, PhD, LCPC, LPC, NCC, CISM *Suicide Prevention Hours	Assessment and Diagnosis of Dementia for Individuals with Developmental Disabilities Kayette Glass, PsyD	Compassion Fatigue Issac Sandidge, MA	Adolescent Social Media: Myths Managing Risks and Maximizing Benefits Tim Welch, PhD, Joyce Chang, PhD & Desiree Dixon, BS

Friday, May 17, 2024 DMH Spring Training Institute										
	Physician's Lecture Series	Substance Use Prevention & Treatment	Clinical	Miscellaneous	Ethics	IDD/Dual Diagnosis	Supporting Staff	Children, Youth and Family	Early Childhood	Employment
7:00 AM – 8:00 AM	Conference Registration (Desk open until 2:30 PM), Breakfast, Visit Exhibits – Windgate Hall									
8:00 AM – 9:15 AM Keynote *75 Minutes 1.25 Clock Hours	Keynote Dr. LJ Punch									
9:15 AM - 9:45 AM	DMH Awards - Paradise Ballroom ABC									
9:45 AM - 10:00 AM	Break, Visit Exhibits - Windgate Hall									
10:00 AM - 11:30 AM Breakout *90 Minutes 1.5 Clock Hours	Evaluating the Effects of Environmental and Therapeutic Interventions on Inpatient Aggression Contagion Alexandria Choate, MA & Niels Beck, PhD	TBD Dr. LJ Punch	CBT to Support Healthy Grief in the Face of Loss Ann Steffen, PhD, ABPP	Writing Your Way to Recovery Caroline Cooper, CPS, MS	TBD Terri Cooley-Bennett, LCSW, LSCSW, CCDP-D, TTS *Ethics Hours	TBD Kathleen Deppeler, BA	Show-Me ECHO: A Model for Patient-Centered Education and Training Rachel Mutrux, BA	The Impact of Familial Substance Use on Children Bethany DePugh, CPS, CADC	Meeting the Need: Early Child Mental Health Laine Young-Walker, MD	How Does Providing Evidence-based Supported Employment IPS Impact Social Determinants of Health? Sandra Reese, BS
11:30 AM - 12:45 PM	Lunch Break									
12:45 PM - 2:15 PM Breakout *90 Minutes 1.5 Clock Hours	Psilocybin use in psychiatric disorder Mahmoud Ali, MD	Recovery Through Connection: Shifting Paradigms in the Treatment of Substance Use Disorder Nigel Darvell, MSW, LCSW, ACSW	Utilizing the Transformative Model of Internal Family Systems in the Treatment of Risky Behaviors: Substance Use Disorder, Self-Injury, and Eating Disorders Megan Colvin, MA & Lauren Eisleben, BS, MEd, LPC	Connecting with Someone Experiencing Mental Illness Jennifer Gerlach, MSW	TBD Terri Cooley-Bennett, LCSW, LSCSW, CCDP-D, TTS *Ethics Hours	Care at the Crossroads: Strategies for Clients with Concurrent First Episode Psychosis and Intellectual/Developmental Disabilities Jodi Woodruff, PhD	Preparing for a System Wide Change Heather Osborne, MA & Tara Yates, MA	Effective Interventions in Working with Fathers who have Experienced Adverse Childhood Experiences and Trauma Eddie McCaskill, MSW, EdD, LCSW, LPC & Michelle Echols	Infant and Early Childhood Mental Health: Relational Foundations for Lifelong Health Alicia D Hall, MEd, LPC, NCC, EdS, IECMH	Supported Employment IPS Strategies for Assisting Individuals with Substance Use Disorders Obtain Employment. Sandra Reese, BS
2:15 PM - 2:30 PM	Snack Break Visit Exhibits - Windgate Hall									
2:30 PM - 4:00 PM Breakout *90 Minutes 1.5 Clock Hours	Psychiatry for All: Considerations in psychiatric care for the gender diverse Ethan Johnston, MD	Charting the Landscape of Missouri's Recovery Community Centers Bridget Coffey, MA, MSW & Lindsey Pawlowski, MSW Panel: Rosie Anderson-Harper, Marsha Hourd, David Stoeker, Melanie Cobb, Michelle Charbonnier	Recognizing and responding to signs of early psychosis Rebecca Preston, PhD	A Conversation of Best Practices for Service Delivery in the Unhoused Community Jessica Craig, MS, LPC & Zipporah Lee, MDiv	Working with Groups: Processes and Ethics Nigel Darvell, MSW, LCSW, ACSW *Ethics Hours	TBD TBD	Teaching New Staff New Tricks Nathan Honeycutt, MS, LPC	Families of Treatment Refusers: The Neglected Victims of Untreated Mental Health Problems Melanie VanDyke, PhD	Cradling Minds, Shaping Futures: A Journey into the Heart of Infant and Early Childhood Mental Health Bre-Ann Slay, PsyD, MA	TBD Chad Luetjen
4:00 PM - 4:05 PM	Break									
4:05 PM - 5:05 PM Keynote *60 Minutes 1 Clock Hour	Tracking our Destiny with Stories David Strabala, MSW, LCSW									