

2023 Missouri Department of Mental Health's Spring Training Institute Schedule

| Thursday May 18, 2023 | Cultural Competence (DEI) | Substance Use Prevention & Treatment | Clinical | Self-Care | Suicide Prevention | IDD/Dual Diagnosis | Early Psychosis Care | Peer Based Programs | Physician's Lecture Series | |
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| 7:00 A – 8 A | Conference Registration (desk open until 5pm), Breakfast, Visit Exhibits – Windgate Hall | | | | | | | | | |
| 8 A – 9:15 A 75 min | Keynote Address Recovery Support Services John Kelly, PhD, ABPP | | | | | | | | | |
| Break | 45 min Break, Visit Exhibits (Windgate Hall) | | | | | | | | | |
| 10:00 A – 11:30 A 90 min | Best Practice: Essential Historical and Clinical Knowledge for Counseling Clients from the LGBTQ+ and HIV Communities Christopher Scarberry, MA | Maslow's hierarchy of needs as it relates to mental health and substance use in a rural setting. Allison Cornell, MSW, LCSW Amanda Tobias, A.A.T., CRADC Raven Tranbarger, MSW | A Trauma-Informed Approach to Psychological Evaluations Jamie Scaccia, PsyD Amy Wilson, PsyD | Self-Care Leads to Excellent Client Care Le'Anne Schlotzhauer, BA | Suicide Prevention Training Alex Barajas, PhD | Parent-Child Interaction Therapy: Supporting Children With Developmental Disabilities Trisha Hobson, MA, LPC | Geographical Picture of Schizophrenia Spectrum Disorders in MO and the Importance of Early Identification and Treatment. Jodi Woodruff, PhD | Developing a CRSS/CPRS Certification Program: One Social Work Department's Experience Aidan Ferguson, PhD Jennifer Erwin, PhD, JD, MSW Madelyn Monge, BSc | Body Talks: The Covert Language of Nonverbal Communication Crestin Andrews, DO | |
| 11:30 A – 12:45 P | Break | | | | | | | | | |
| 12:45 P – 1:45 P 60 min | Super Session: Top 10 Strategies for Effective CBT Sessions Ann Steffen, PhD, ABPP | | | | Missouri Asylums - Their History and Evolution Felix Vincenz, PhD | | | Missouri's Behavioral Health Strike Team Beckie Gierer, MS Alyssa Backes, BLS, BS | | |
| Break | Snack Break 15 minutes, Visit Exhibits (Windgate Hall) | | | | | | | | | |
| 2:00 P – 3:30 P 90 min | Cultural Competence: Ethics and Models for Individual and Organizational Development David Kingsbury, MA | Transforming from CSTAR to ASAM Clif Johnson, AA, CRAADC Dan Adams, MBA | Are Consumers getting what they want? An Examination of Factors Associated with Daily Living Activities of CPR Consumers Christopher Maglio, PhD Tjitske Tubbergen, PhD | Understanding My Normal vs Their Normal Steven Zwolak, M.Ed. | Youth Suicide: A Look at Before and After Shari Scott, PhD | Autism Spectrum Disorder: Developing a Deeper Understanding Kristin Sohl, MD, FAAP | What is not psychosis – disorders masquerading as psychosis Pamela Rounhakhtar, PhD | It's Complicated - A Peer Taught Cannabis Prevention Program Nichole Dawsey, MPH Emma Wilson | The Justice System, Mental Illness, and Mental Health Court Thomas Chaffee, MD | |
| Break | Break | | | | | | | | | |
| 3:35 P – 5:05 P 90 min | Race Matters - Implementing Racial Equity Learning Sessions in the Workplace Diana Jones, BA, CDEIL Shaunte Harris, MSN, PHMHP Katie Thumann, MSW, LCSW Cheryl Anderson Hawkins | Inclusion & Affirmation: Improving SUD Treatment for the LGBTQIA+ Population Donna Nesbitt | CBT for Chronic Pain: Core Strategies Ann Steffen, PhD, ABPP Amy Band, BA | Using "Dosing" as a Model for Self-Care: Clinicians and Clients Alike Jamie Scaccia, PsyD Amy Wilson, PsyD | IDD/Suicide Prevention Katie Ellison | Trauma-Informed Supports for Individuals with Intellectual Disabilities - the Path to Healing Karyn Harvey, PhD | Screening and Diagnosis (CHR and FEP) Pamela Rounhakhtar, PhD | Restoring Lives -The Clubhouse Model Approach to Recovery Jennifer Higginbotham, MSW, LCSW | TBD | |

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| | Lily Raymond | | | | | | | | | |

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2023 Missouri Department of Mental Health's Spring Training Institute Schedule

| Friday May 19, 2023 | Cultural Competence (DEI) | Substance Use Prevention & Treatment | Clinical | Self-Care | Ethics | IDD/Dual Diagnosis | Supporting Staff | Children, Youth & Family | Employment | |
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| 7:00 A – 8 A | Conference Registration (desk open until 2:30pm, then move to 6th floor), Breakfast, Visit Exhibits – Windgate Hall | | | | | | | | | |
| 8 A – 9:15 A 75 min | Keynote Address BH/DD Related John Constantino, MD | | | | | | | | | |
| 9:15 A – 9:45 A Break | DMH Awards Paradise A B C 15 min Break, Visit Exhibits (Windgate Hall) | | | | | | | | | |
| 10:00 A – 11:30 A 90 min | Barbershop Talk: Grief and Bereavement in Black Fathers After the Loss of a Spouse/Partner Yvette Rose, DNP | Expanding Harm Reduction and Naloxone Access throughout Missouri - Overcoming Objections and Knocking Down Obstacles to Build New Paths Forward Lauren Green, MSW Liz Connors, LCSW, CRADC | Experiential Therapy Approaches to Reveal Dynamics and Resolve Anger, Grief, and Relationship Issues. John Carpenter, MSW, LCSW | We understand trauma for patients...what about us as providers? Zhanna Keeton, MBA, MA, LPC, CCTS | Contemporary Ethical Issues: Personal Worldview and Professional Acculturation Nicole Larkin, MS Adriatik Likcani, PhD Amber Woolery, BSW | Positive Identity Development Karyn Harvey, PhD | DMH CARES About Employee Wellness Rachel Jones, M.Ed, LPC | Adverse and Protective Childhood Experiences: Risk and Resilience Tim Welch, PhD Kailey Burgen, BS | Supporting People in Services Pursuing Education and Training with Supported Education Services David Lynde, MSW | |
| 11:30 A – 12:45 P | Snack Break 15 minutes, Visit Exhibits (Windgate Hall) | | | | | | | | | |
| 12:45 P – 2:15 P 90 min | Psychotherapy with Black Clients: Rumbling with Theory, Feelings, and Meaning-Making PART 1 Courtney Boddie, PhD Lisa Thompson-Gibson, MA, MA | Engaging Families in Services: The Family Recovery Program Adriatik Likcani, PhD Nicole Larkin, MS Sherry Rapp, AAS, MRSS | Help That Helps: Understanding Adverse Childhood Experiences Pam Clary, MSW, PhD Jana Frye, MSW, LCSW | Compassion Fatigue Isaac Sandidge | Ethics of Self Care Craig McAndrew, MA, LPC, LCACmc, LMHC | "Breaking Down the Silos" of IDD and Co-Occurring Mental Health Conditions Kayette Glass, LPC, PsyD | TBD | Not Broken: Empowering Young Adults with a Mental Health Diagnosis Jennifer Gerlach, MSW, LCSW | Supporting Employment: Helping People with Employment Recovery Goals David Lynde, MSW | |
| 2:30 P – 4:00 P 90 min | Psychotherapy with Black Clients: Rumbling with Theory, Feelings, and Meaning-Making PART 2 Courtney Boddie, PhD Lisa Thompson-Gibson, MA, MA | Five years of Missouri's Medication First approach to Opioid Use Disorder: What we've learned and where we go from here Rachel Winograd, PhD | Habit Reversal Training, what it is and how is it done? Carolyn Raynor-McClanahan, MSW, LCSW | YOU GOT TO DO SOMETHING "Balancing Your Life" Estelle Brooks, MSW | Ethics, Research, and Vulnerable Populations Teresa Cooley-Bennett, LCSW, LSCSW, CCPD-D, TTS | Best Practices: Sexuality When Working with ID/DD Youth Rachel Benson | Teaching New Staff New Tricks Nathan Honeycutt, MS, LPC | The Intersection of Play Therapy and EMDR to Address Children's Trauma Sara Schmitz, M.Ed, LPC | Missouri Job Center Services Chad Leutjen | |
| 4:05 – 5:05 P 60 min | 5 min Break | | | | | | | | | |
| | Keynote Address Behavioral Health Treatment Options Derived from Behavior Analysis Patrick Friman, PhD | | | | | | | | | |