

2022 Missouri Department of Mental Health's Spring Training Institute Schedule | May 19 – 20, 2022

Thursday, May 19 th	Children, Youth & Family	Employment	Ethics	Clinical Practices, Interventions & Treatment	Forensics, Criminal Justice & Legal	Cultural Competence	Physician Lecture Series
8:00 A – 9:15 A 75 min				Keynote Address A Spectrum of Clinical Applications Derived From Behavior Analysis (Tentative) Dr. Patrick Friman			
Break				45 minute Break, Virtual Book Signing, Network, Visit Exhibits			
10:00 A – 11:30 A 90 min	Parent Training: Treatment for Childhood Oppositional Behavior Andy, Anderson, MA, LPC, KPMT	Benefits and Work Made Simple Michael Dalto, BA, CPWIC	Ethics, Telehealth, and the Digital Age Terri Cooley-Bennett, BSW, MSW	Dual Diagnosis Dr. Karen Harvey	Compassion Fatigue: Risk Factors, Symptomology, and Treatment among First Responders Lori Watson, BA	Minority Student Growth and Development in a Rural 4-Year College Aisha Hall, EdD	Reducing Burnout and Increasing Empathy in Psychiatry Healthcare Workers Using Balint Groups Aderonke Oyetunji, MD
11:30 A – 12:45 P				90 minute Lunch Break, Virtual Book Signing, Network, Visit Exhibits			Not Just a Cough: Psychiatric Complications of COVID-19 Val Bellman, MD, PsyD
12:45 P – 1:45 P 60 min	Benefits & Employment – You Have the Knowledge with MO DB101 Nicholas Love, SME		Understanding Adverse Childhood Experiences: Building Self-Healing Communities Pam Clary, PhD & Jana Frye, MSW, LCSW		Effective Experiential Exercises for Assessment and Therapy John Carpenter, MSW, LCSW		
Break				15 minute Break, Virtual Book Signing, Network, Visit Exhibitors			
2:00 P – 3:30 P 90 min	Risk and Resiliency in Adverse Childhood Experiences: Implications for Prevention and Intervention Tim Welch, MS, (ABD), LMFT, Julianna Holguin, BS	Helping People Achieve Employment-related Recovery Goals with IPS Services David Lynde, MSW EBP Consultant & Trainer	Weight Stigma and Clinical Applications: Ethical Considerations Nancy Ellis-Ordway, MSW, PhD	More than a Diagnosis: Recovery-Oriented Interventions for Psychosis and Related Experiences Jennifer Gerlach, MSW, LCSW	What's the Risk? The Evolution of Sexual Offending Rachel Colwick, MA, LPC, NCC, Mark Moore, MA, LPC, NCC	Cultural Humility and Social Determinants in Behavioral Health Erika Holliday, MPH, CHES, Lisa Carter, LPC, LCAC	You're Ruining My Career Ferdinand Osayande, MD
Break				5 min Break			Is it Incidental – Brain Lesions and Neuropsychiatric Symptoms Zach Bartochowski, MD
3:35 P – 5:05 P 90 min	Escaping the Pain: Dissociation in Young Children with Trauma Rachel Hanks, MSW, LCSW	Helping People Achieve Employment-related Recovery Goals without IPS Services David Lynde, MSW EBP Consultant & Trainer	Contemporary Ethical Issues: Personal Worldview and Professional Acculturation Adriatik Likcani, PhD, LMFT, Amber Woolery, BSW, CRADC, Nicole Larkin, MS, SMFT, CADC	Implementation of an Evidenced-Based Trauma Treatment in a Virtual Environment Edward Riedel, MSW, Zachary Clark BA, CRADC	When Your Consumer Needs A Guardian: Practical, Ethical, and Legal Aspects of Seeking Guardianship James Reynolds, MD, Denise Thomas, JD	Trauma Informed: Victimization and Invisibility of Black Girls Angela Gray, MSW, EdS	Violent Impulsivity in the Chronic Inpatient Unit Azmi Jahan, MD
							Outrunning Mental Illness: The Relationship Between Exercise and Psychiatric Disease Drew Murray, MD

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Friday, May 20 th	Substance Use Prevention & Treatment	Complementary Approaches/ Alternatives	Profession Focused	Suicide Prevention	Miscellaneous	Cultural Competence
8:00 A – 9:15 A 75 min				Keynote Address Creating Change in a Divided World (Tentative) Dr. Megan Ranney		
9:15 A – 9:45 A Break				DMH Awards		
10:00 A – 11:30 A 90 min	A Review of Pharmacologic Treatment for Cocaine Use Melissa Palmer, PharmD	Behavioral Health Treatment through Housing Jonathan Belcher, MSW, Jessica Craig, MS	Careers in Social Work: Life Transforming Opportunities to Help Others Jay Memmott, MSW, PhD	Youth Suicide: A Look at Before and After Shari Scott, MA	Grief Process and Support Systems for Young Military Widows Amanda McCullough, MS, CADC, PLMFT, Adriatik Likcani, PhD, LMFT, Jaimee Hartenstein, PhD	The Impact of Adverse Childhood Experiences & Trauma on Men and Women of Color Eddie McCaskill, MSW, EdD, Anthony Bass, MA, MSW
11:30 A – 12:45 P				90 minute Lunch Break, Virtual Book Signing, Network, Visit Exhibits		
12:45 P – 2:15 P 90 min	Women in Recovery - An Approach to Sustainable Empowerment Nicole Larkin, MS, Jaimee Hartenstein, PhD, Carol A Martin, CPS	How to Improve Your Community: Encourage and Promote Indigenous Helping Jay Memmott, MSW, PhD	Providing Effective Staff Supervision using Trauma Informed Care Practices Belinda James, MSW, LCSW	Safer Homes Collaborative: Preventing firearm suicide through an unconventional collaboration of professionals Kathleen Ellison, MS, MA, NCC	What's My Role as a Non-Prescribing Clinician? Alex Barajas-Muñoz, PhD	Advancing Understanding of Trauma to Include Childhood And Community Experiences As Informants Of Discrimination-Based Developmental Trauma Courtney R. Boddie, PhD, Lisa Thompson-Gibson, MA, LPC
Break				15 min Break, Virtual Book Signing, Network, Visit Exhibits		
2:30 P – 4:00 P 90 min	The Current State of Missouri's Overdose Crisis & Recent Mitigation Strategies Winograd, Rachel, PhD	When Heroic Force Fails: Trickster Stories Show the Way (Encore 2022) David Strabala, MSW	Self-Care is NOT Selfish: 10 Creative Tools for Boosting Your Resiliency Kay Glidden, MS, Beth Reynolds-Lewis, BS	Effectiveness of a Suicide Prevention Follow-up Program Linking Hospitals and Mental Health Care Providers in St. Louis and Kansas City, Missouri Liz Sale, PhD, Stacey Williams, MSW, LCSW	What Can I Say? Caroline Cooper, MS	Diversity & Inclusion: Increasing Access to Services for Underserved Populations Jaimee Hartenstein, PhD, Adriatik Likcani, PhD, LMFT, Alisha Rowe, BS
Break				5 min Break		
4:05 – 5:05 P 60 min	The Intersection of Nutrition and Mental Health Damaris Karanja, LPC, RDN			What you need to know about 988 in Missouri Stacey Williams, MSW, LCSW, Lauren Moyer, MSW, LSCSW, LCSW, Casey Muckler, MPH	Surviving the Angry Black Woman Syndrome Angela Gray, MSW, EdS	

Thursday = 405 minutes

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Total = 810 minutes

13.5 clock hours, 16.2 contact hours, 1.62 CEUs

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ACCREDITATION FOR 2022 STI

The following accreditations will be sought after for the 2022 STI. Once approved, accreditation statements will be listed.



Missouri Institute of Mental Health Accreditation

The University of Missouri – St. Louis, Missouri Institute of Mental Health will be responsible for this program and maintain a record of your continuing education credits earned.

The Missouri Institute of Mental Health awards 13.5 clock hours or 16.2 contact hours (1.62 CEUs) for this live online activity.



National Board for Certified Counselors (NBCC)



The Missouri Bar



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National Association of Social Workers (NASW)

Missouri Credentialing Board (MCB)