



Youth Behavioral Health Liaisons



Introductions



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Missouri Department of Mental
Health



Youth Behavioral Health Liaisons (YBHLs)

YBHLs are behavioral health professionals employed at Community Behavioral Health Clinics (CCBHCs) across the state of Missouri.

YBHLs support youth experiencing behavioral health challenges by connecting them to supports and services within their community.



YBHLs have many roles in their communities...

Link youth and families to appropriate resources

Coordinate and access resources within the crisis continuum.

Respond to referrals.



Build relationships with community stakeholders to support youth.

Provide education on youth behavioral health to youth-serving organizations.

Answer general questions about youth behavioral health.



YBHLs Continued

Who do they accept referrals from?

YBHLs accept referrals from any youth-serving organization. This includes, but is not limited to, Children's Division, schools, juvenile offices, courts, law enforcement, and many others.

How do I make referrals?

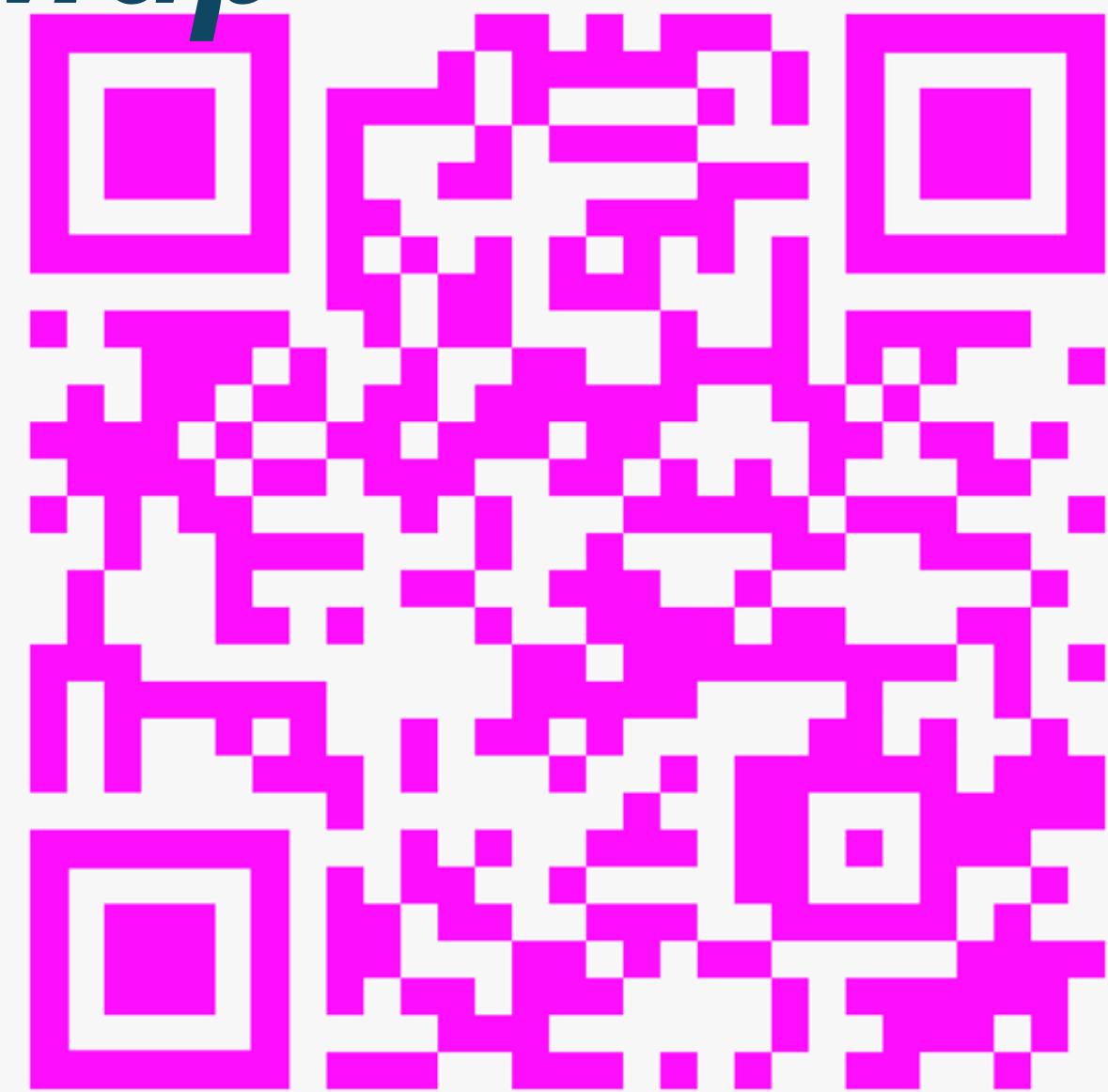
YBHLs cover the ENTIRE STATE of Missouri, allowing anyone to make a referral. To make a referral you can either contact your local YBHL and provide them with the youth's information or provide the YBHLs information to the family for them to reach out.

How do I find my local YBHL?

Utilizing the Crisis Resource Map developed by the Missouri Behavioral Health Council allows individuals to select the county in question and quickly see their local YBHL, CBHL (Community Behavioral Health Liaison), and BHCC (Behavioral Health CrisisCenter).

Crisis Resource

Map

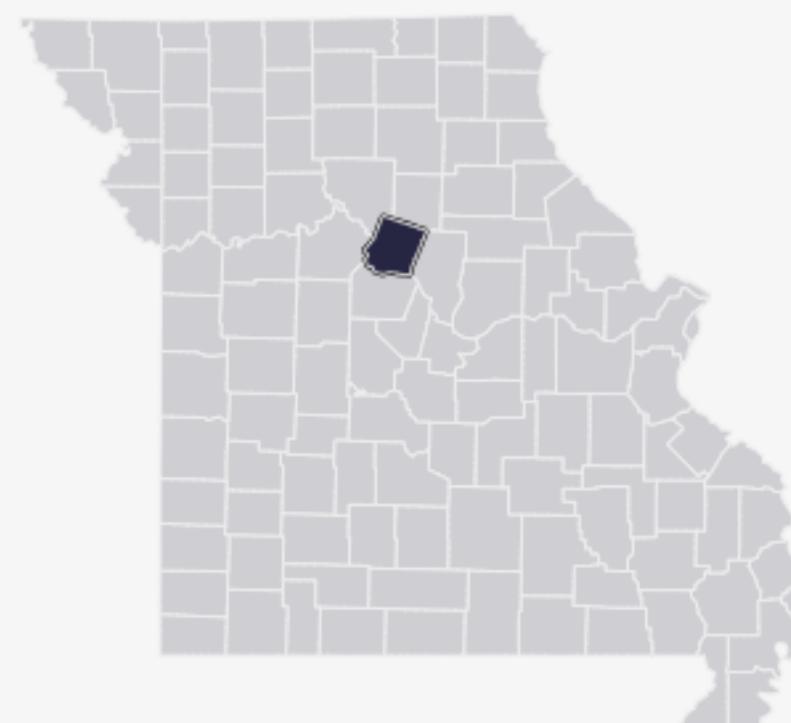


Missouri Crisis Resources

Contact Directory



Select a county to view the crisis resources serving in that area.



988 Suicide and Crisis Lifeline

Free & Confidential 24/7 Support

Call or Text 988 | Chat online at 988lifeline.org/chat

For any reason, at any time.

Resource
Type

All

Behavioral Crisis Center and Rapid Access Unit Columbia

Behavioral Health Crisis Center

Burrell Behavioral Health

573-777-7522 | 1805 E. Walnut Street, Columbia, MO 65201

24 hours a day / 7 days a week

Brittani Heuszel

Youth Behavioral Health Liaison

Burrell Behavioral Health

573.590.0686 | brittani.heuszel@burrellcenter.com

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Community Behavioral Health Liaison

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Jenrose Malloy

[View Spreadsheet](#)



YBHL Data - FY24

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- YBHLs received 5,896 referrals in FY24.
- The top referral source was Law Enforcement, with 28% of referrals.
 - Schools were the second top referral source, with 26% of referrals.
- The top four reasons for referral were:
 - Mental health concerns: 51%.
 - Family conflict: 18%.
 - Suicidal or self-harm: 16%.
 - Community needs: 10%.
- It took an average of 0.9 days from the time the YBHL contacted an individual to refer them to services.
- 77% of referrals were connected to services, with 70% of those connected to behavioral health services.
 - Among the 70% connected to behavioral health services, 56% were referred to outpatient mental health.

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YBHL Community Engagement Data

Why did we start collecting this?

- YBHLs across the state engage with their community every single day, and we wanted to be able to show all the amazing work they were doing.

How are we tracking this data?

- YBHLs can enter their community engagements directly into CareManager - the same platform they utilize to enter referral and outcome data.



YBHL Community Engagement

We collect the following data on community engagement:

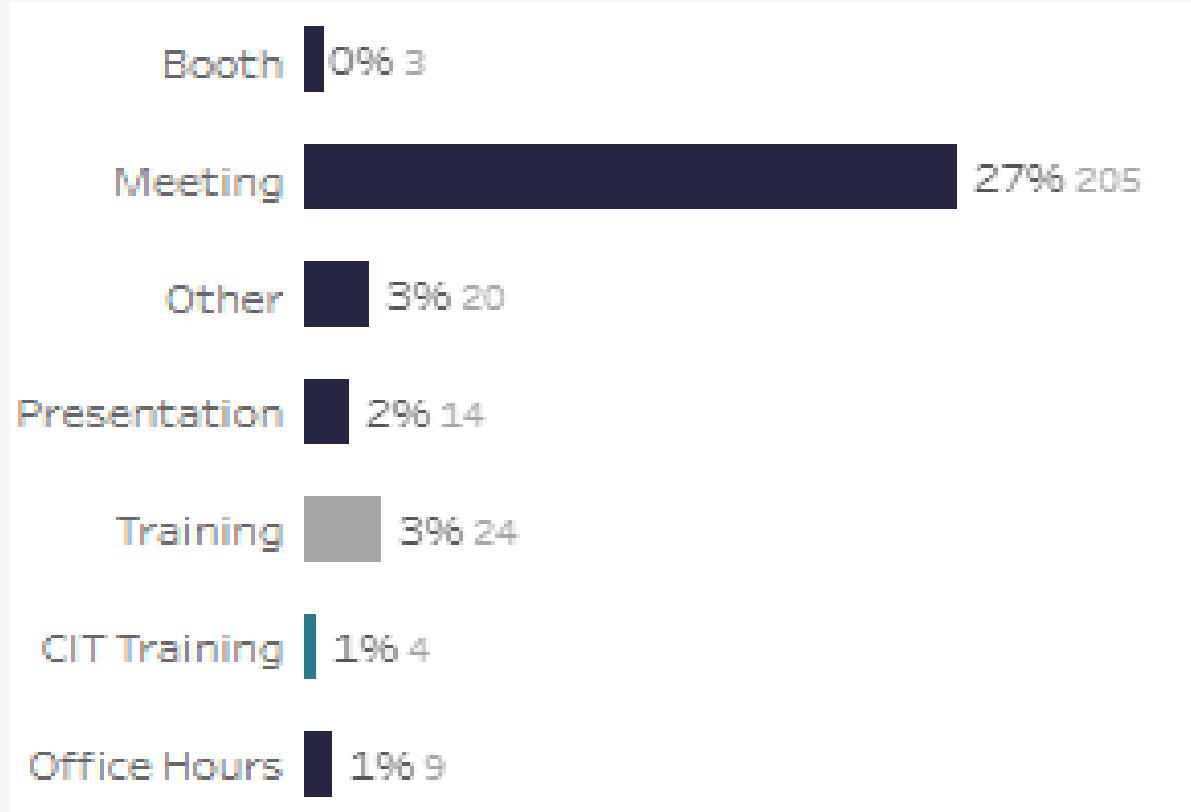
- **Engagement type**
 - Booth, Meeting
 - Training
 - Presentation
 - CIT Training
 - Office Hours
 - Other
- **Audience type**
 - School/SRO
 - Internal
 - LEO/Police
 - Other State Agency
 - Children's Division
 - Youth
 - Juvenile Office,
 - Juvenile Court,
 - Behavioral Health Crisis Center
 - Another Liaison
 - Family Court
 - Other.

YBHL Community Engagement

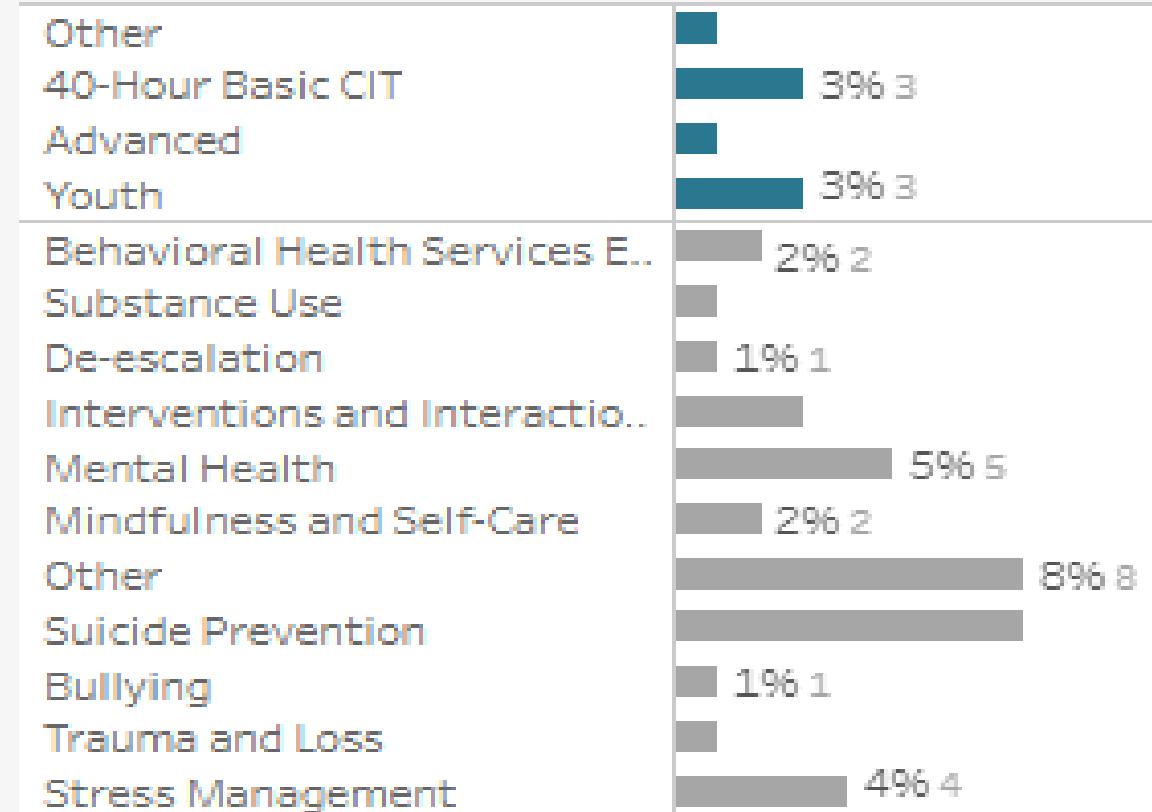
Data Cont.

- **Training Type**
 - CIT Training
 - Behavioral health Services
 - Substance Use
 - De-escalation
 - Interventions and Interactions with Youth
 - Mental Health
 - Mindfulness and Self-Care
 - Bullying
 - Suicide Prevention
 - Trauma and Loss
 - Stress Management
 - Other.
- **Hours Spent (including in preparation)**
- **Number in the audience**

Engagement Type

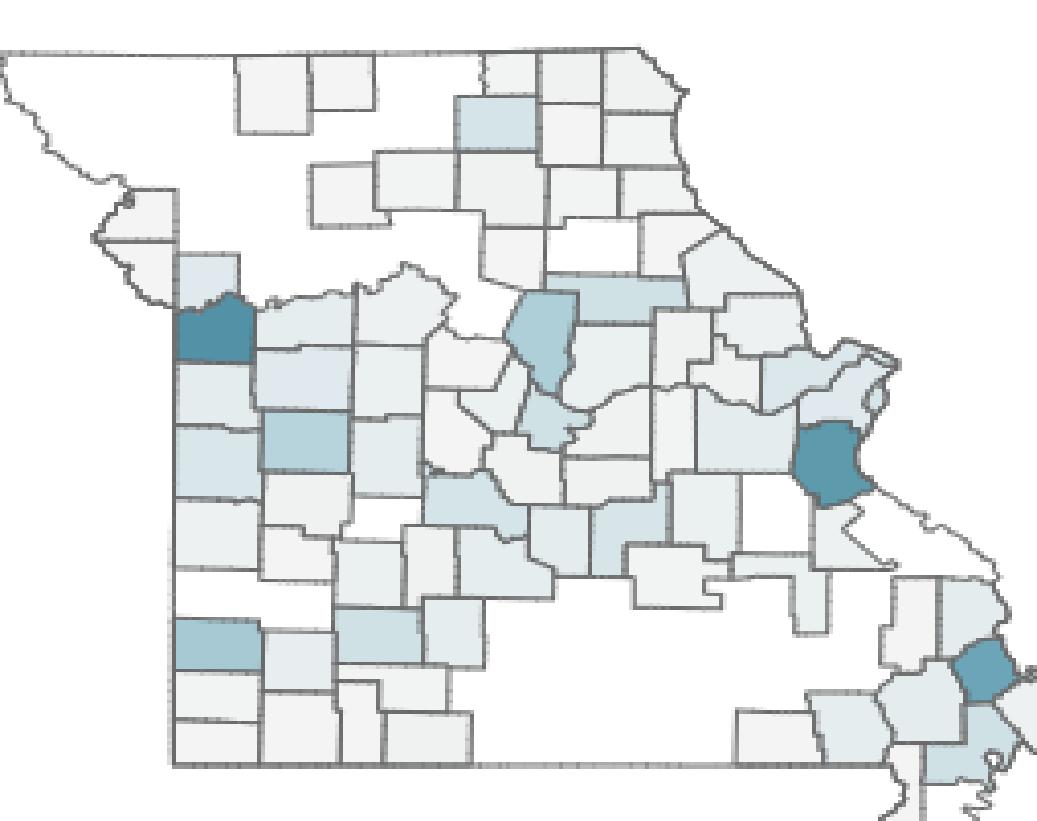
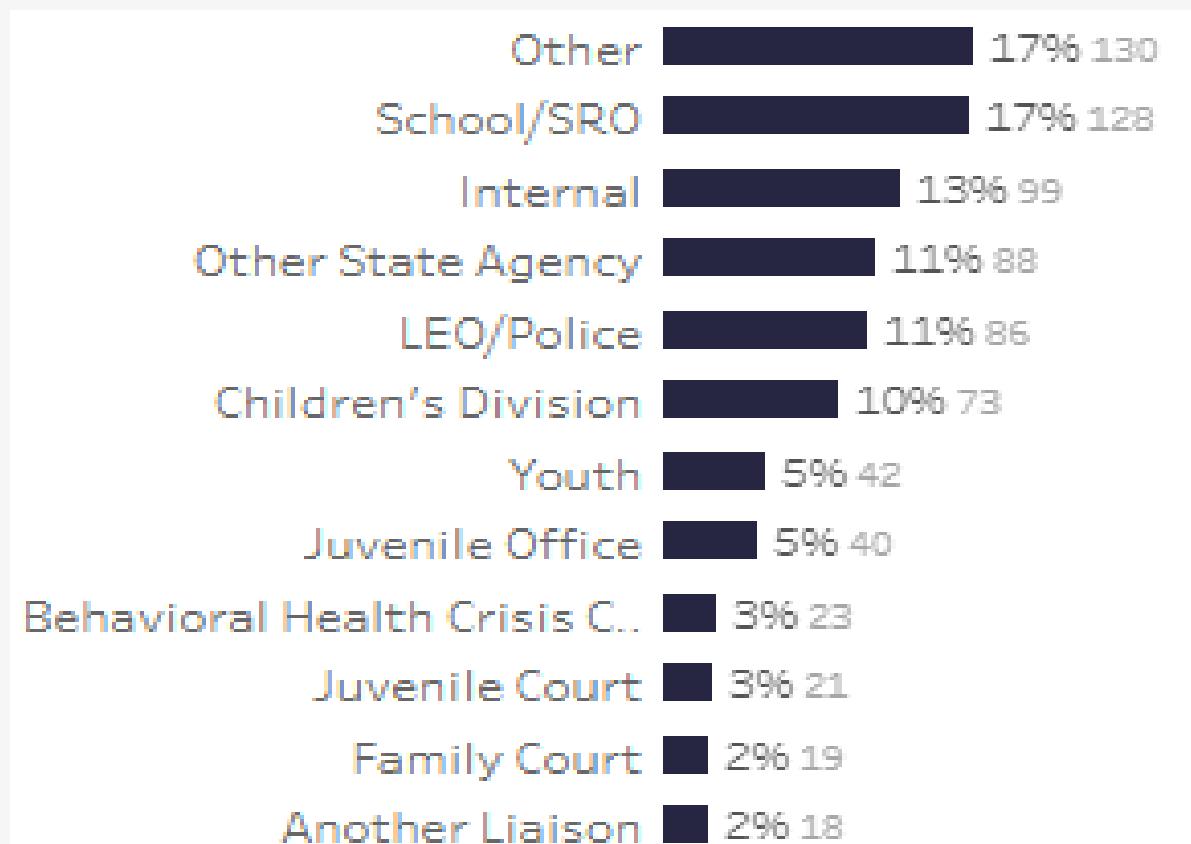


Training Type



CY2025

Audience



YBHL Community Engagement

Since Tracking Started

- 767 engagement events
- Over 1,700 hours logged
- Over 20,000 attendees

Data Cont. Trends

- In those months with low referrals, community engagements increase.
- New YBHLs start with high community engagement numbers, as they build up referral relationships.

CY25

- Engagement Type: Meetings make up the bulk of engagement types. Trainings and Presentations are the next most frequent type.
- Training Type: Suicide Prevention, Stress Management, and “Other” are the leading types of training

Upstream Mapping

What is Upstream?

A collaborative project that works to improve the availability, accessibility, and awareness of resources and services for youth and their families. The focus is on each community's resources and plans of actions.

Who is Facilitating Upstream?

The Missouri Behavioral Health Council is spearheading Upstream Youth Mapping. They partner with DMH, the Office of State Courts Administrators (OSCA), Children's Division (CD), the National Center for State Courts (NCSC) and the Missouri Juvenile Justice Association (MJJJA).

Goals of Upstream Youth Mapping

- **Assess available resources within a community.**
- **Identify gaps and challenges within a community.**
- **Establish action plans for community level change.**

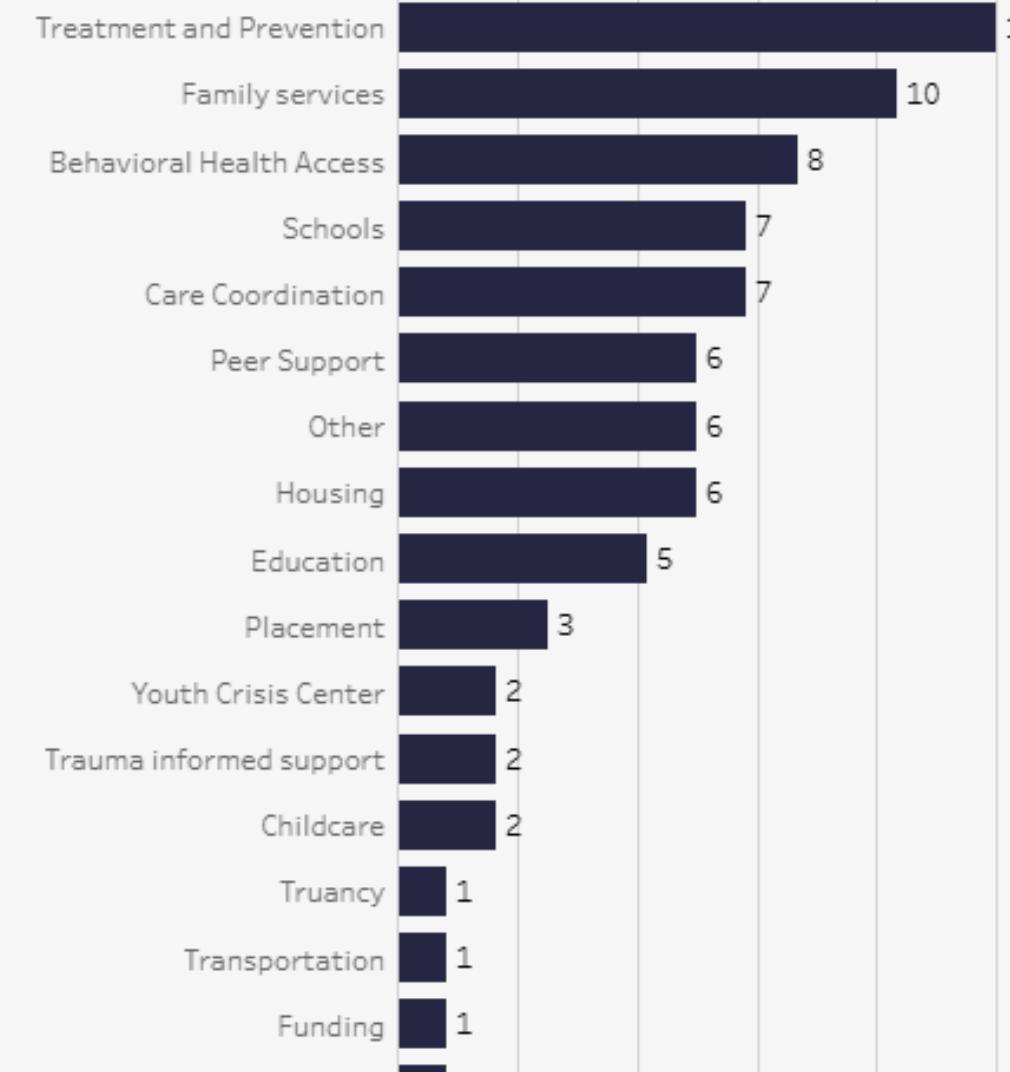
Priorities Summary | Priorities Detail View | Scheduled and Completed



Upstream Youth Mapping

Identified Priorities Summary

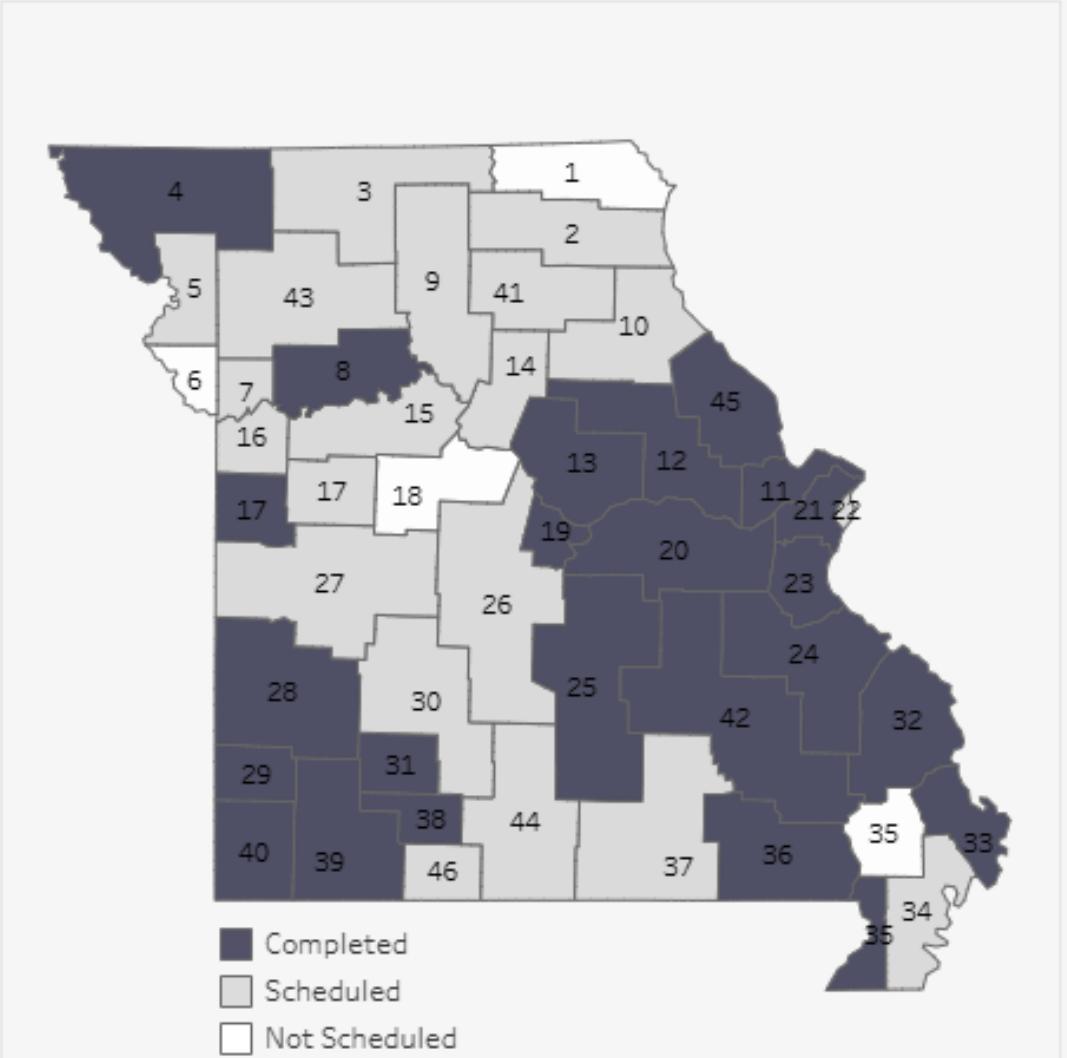
Click or CTRL+Click to see which mappings identified each item as a priority.



0% 10% 20% 30% 40% 50%
% of Completed Mappings that Identified This Item as a Priority

24 / 48 Mappings Completed (50%)

Click or CTRL+Click to see which priorities each mapping identified.



Completed
Scheduled
Not Scheduled

For any youth mapping inquiries please contact Daisy Cheek (dcheek@mobhc.org).

*Any Questions and/or Want to Attend a
Mapping?*

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Questions

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