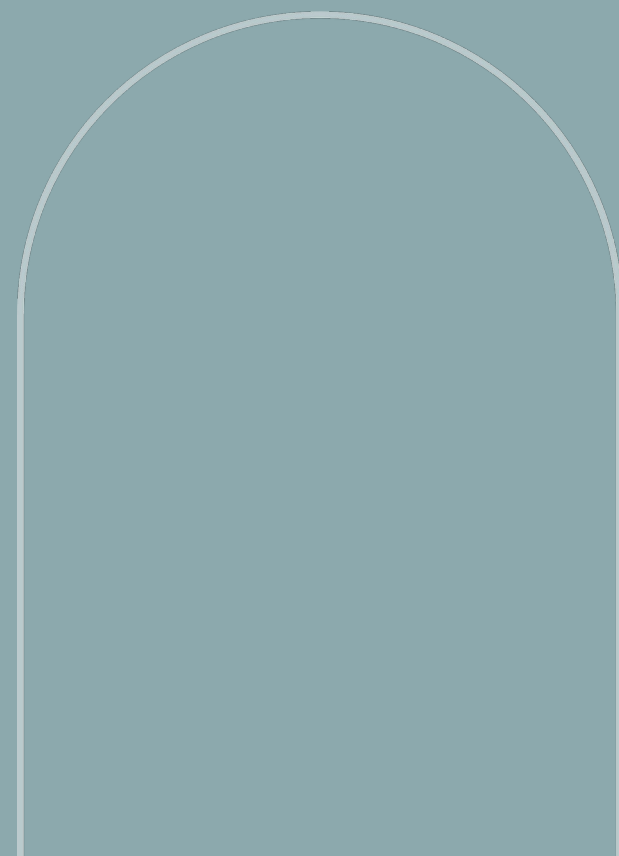


MY EXPERIENTIAL JOURNEY THROUGH COORDINATED SPECIALTY CARE

Michael Haines



01. MY JOURNEY

02. PEER SUPPORT

03. EXPLORING UNCONSCIOUS
BIAS

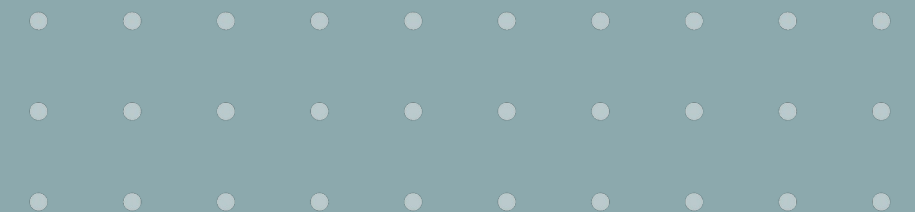
04. BUILDING PATHS OF
EMPLOYMENT

05. QUESTIONS

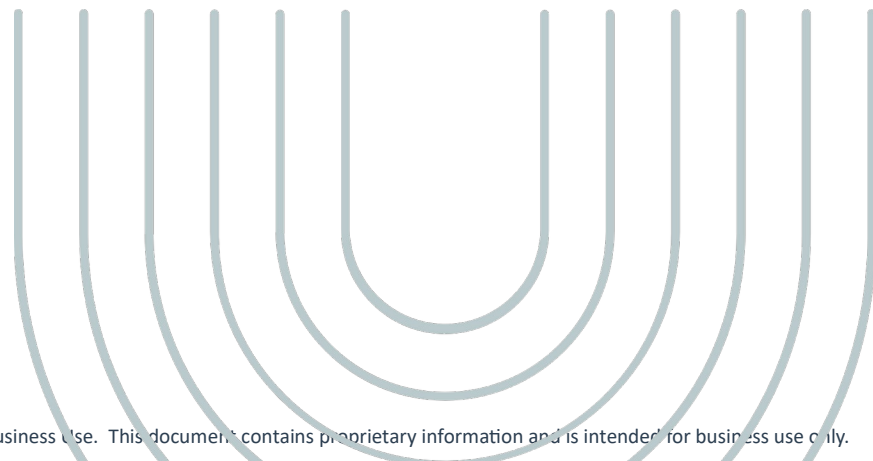


TABLE OF CONTENTS

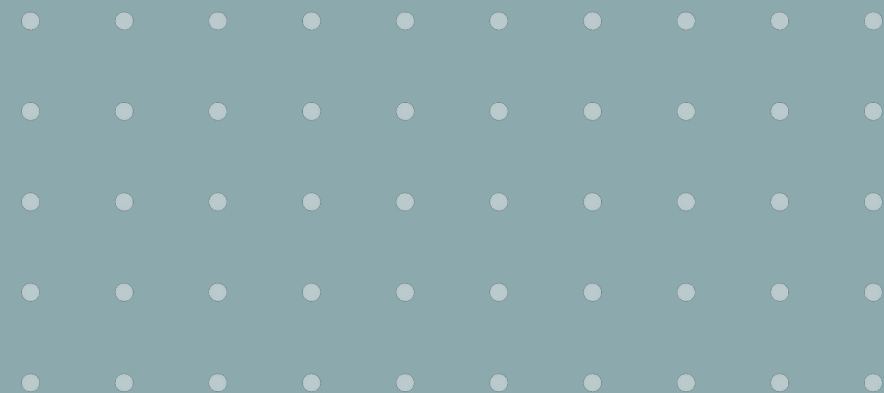
HELLO!



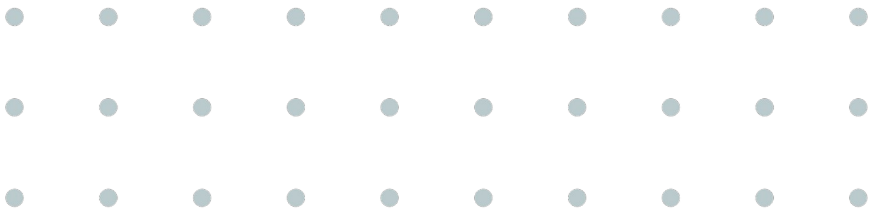
**“I’m sorry, but there is
nothing we can do to help
you.”**



**WHAT WOULD YOU
CONSIDER THE WORST
CRISIS OF YOUR LIFE?**



EARLY ASSESSMENT AND SUPPORT ALLIANCE



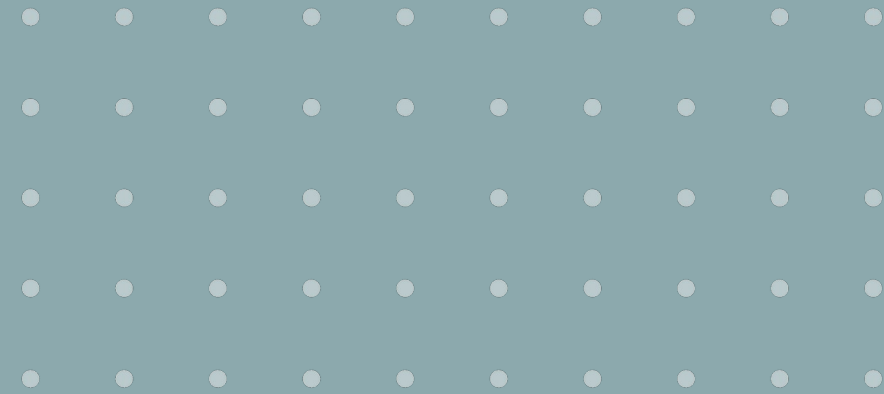
INTRODUCTION TO CSC

Participant

- Two separate emergency room visits.
- Life changing care.
- Impact of shared experiences.



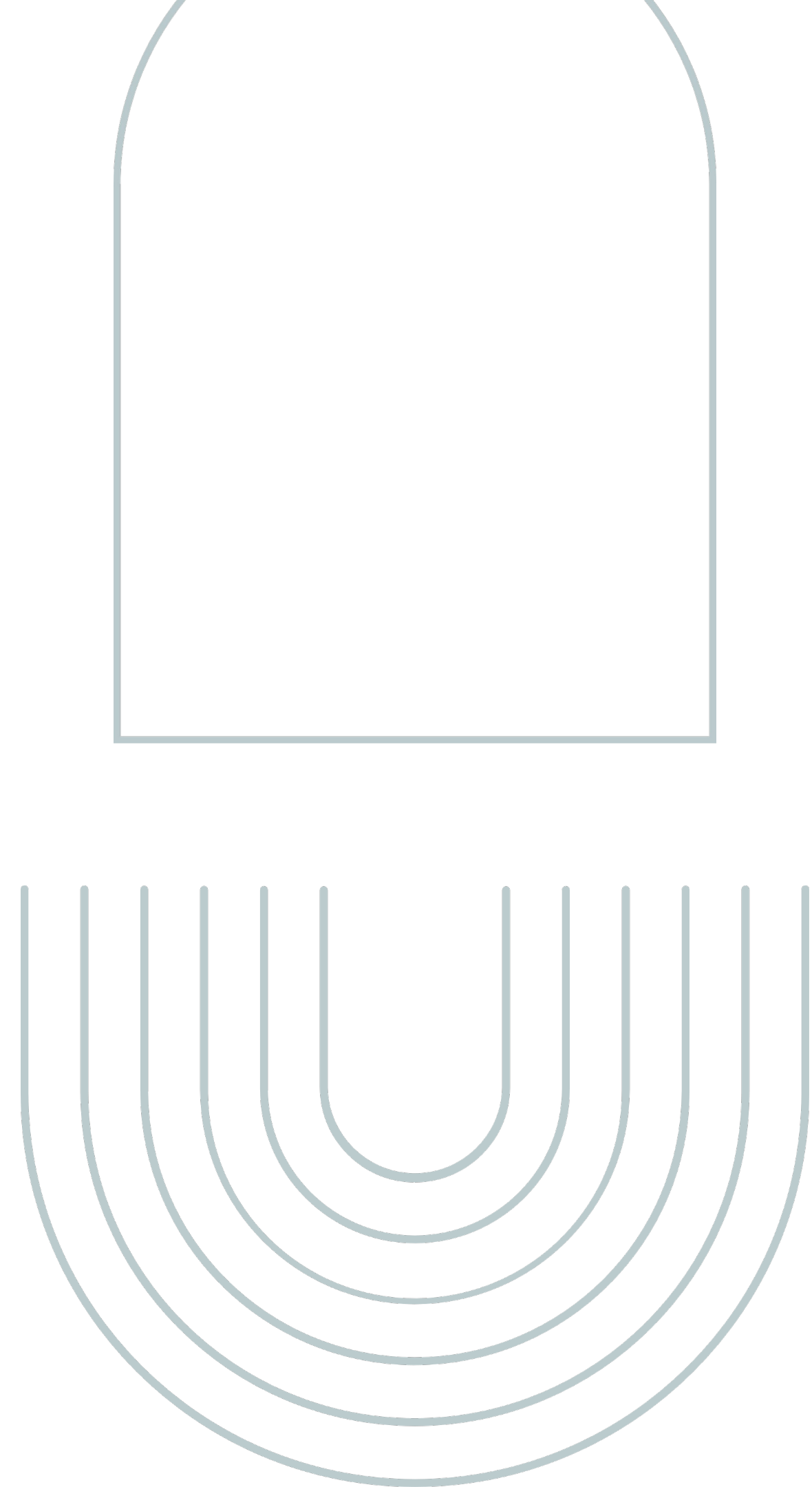
PEER SUPPORT



ROLE CHANGE

Peer Support

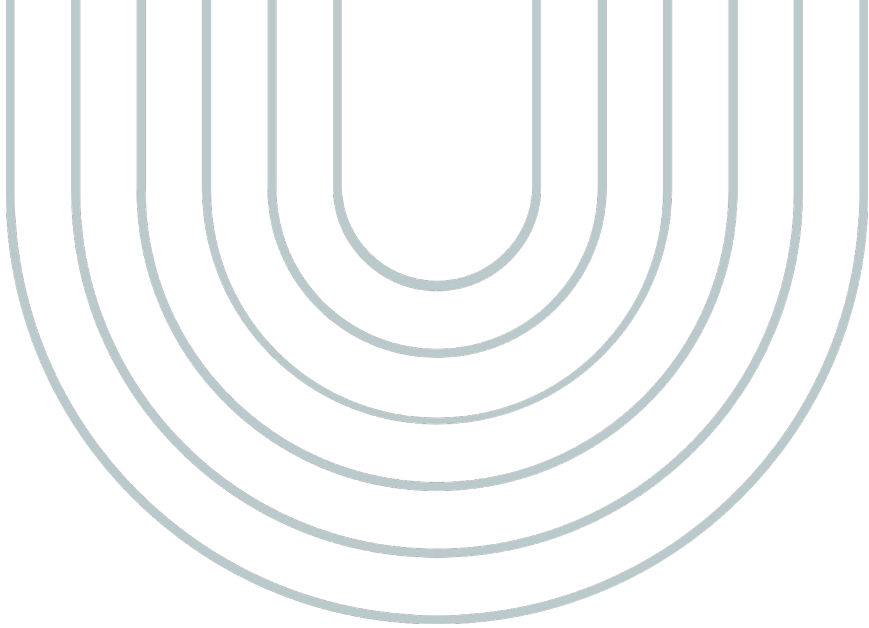
- Navigate the dichotomy of switching roles from participant to peer support.
- Unexpected pressures
- feeling fulfilled





**HOW DID IT FEEL WHEN I ASKED
YOU ALL TO SHARE THE MOST
TRAUMATIC EXPERIENCE OF
YOUR LIFE?**



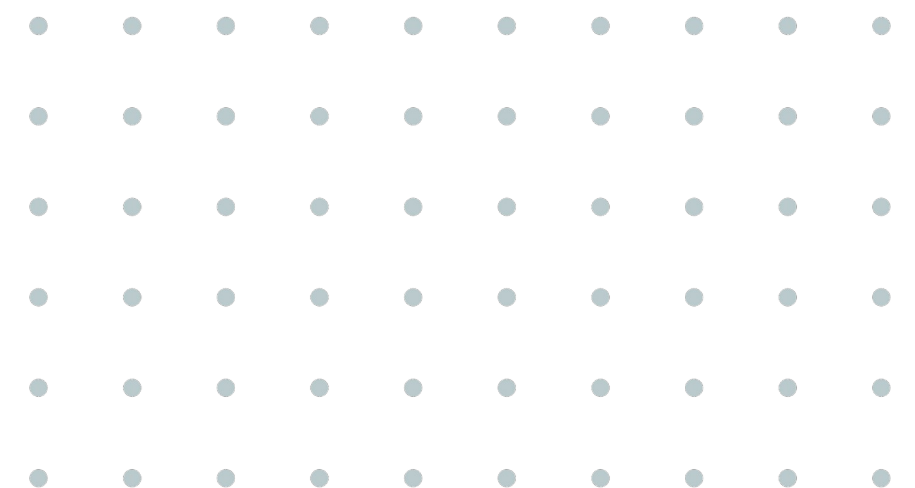


PEER SUPPORT CONTINUED

Voice of hope

Agent of change

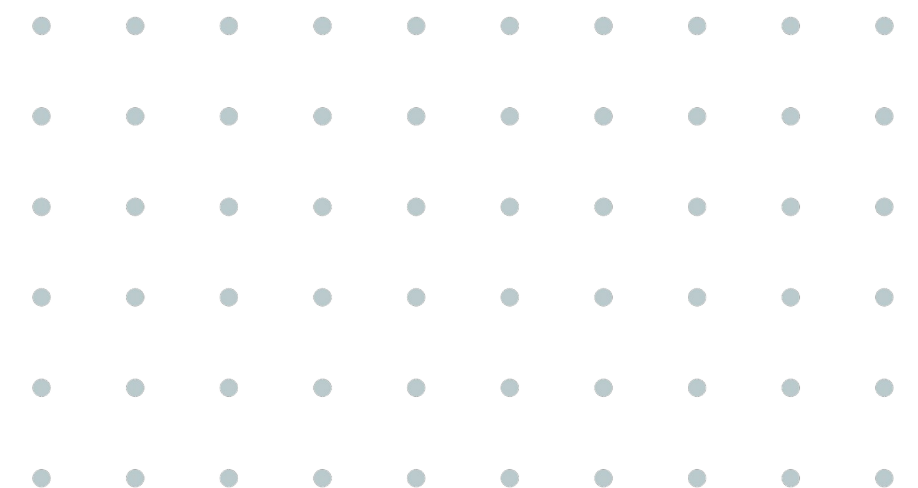
Unconscious bias





Part of the role of a Peer Support Specialist is supporting people to not feel alone in their experience.

Yet, Peer supports are often put in a position to feel alone in their role.





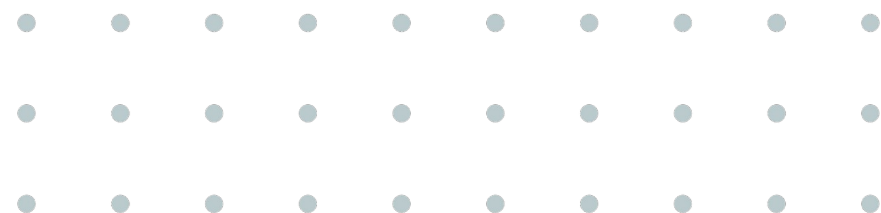
CONTINUED CHANGE

Peer Support Supervisor

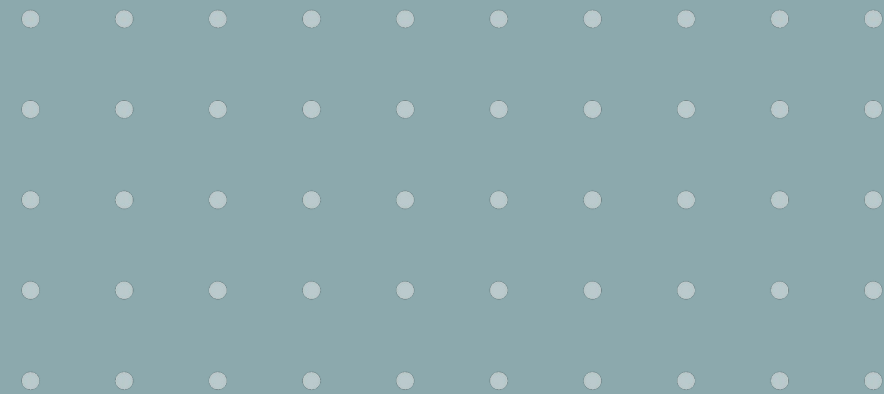
- Learning and understanding supervisory duties.
- Setting up new peer supports for success.

SEE Specialist

- To disclose or not to disclose?
- Seen as a professional



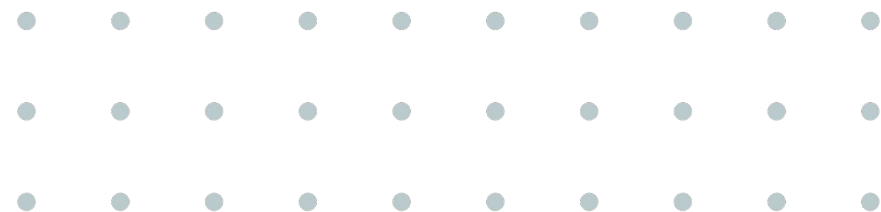
**IN WHAT WAYS HAVE YOU WITNESSED
OR PARTICIPATED IN BIAS AGAINST
PEER SUPPORTS?**



CONTINUED CHANGE

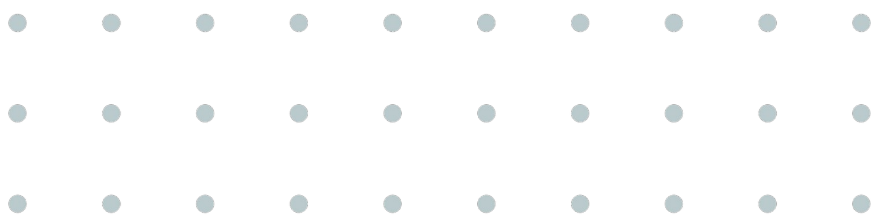
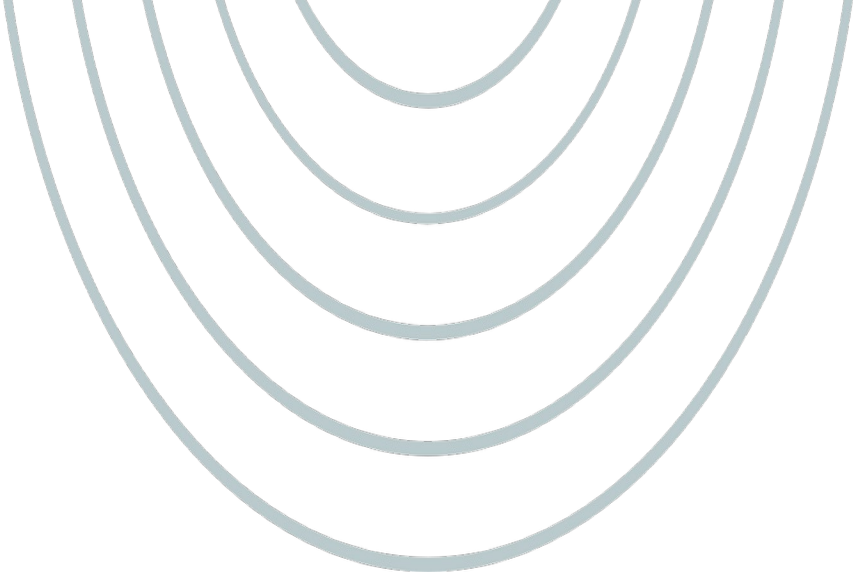
MSW Student

- Learning a lot and identifying terms for skills learned along the way.
- Realization of how MSW students come into the workforce already equipped with information Peer Support Specialists learn along the way.

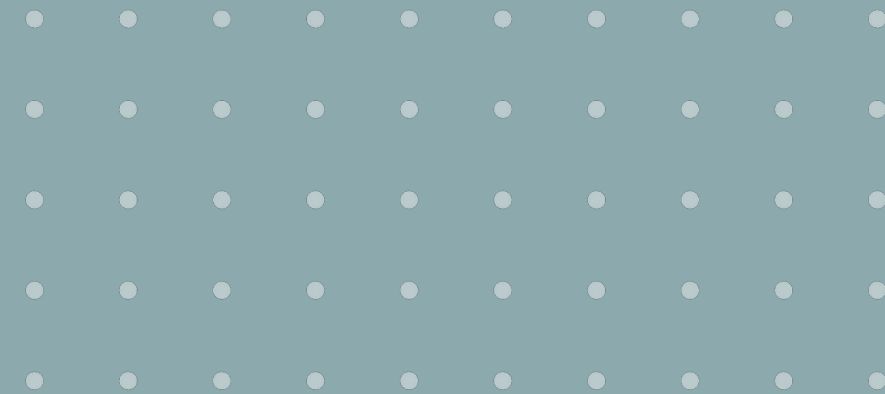


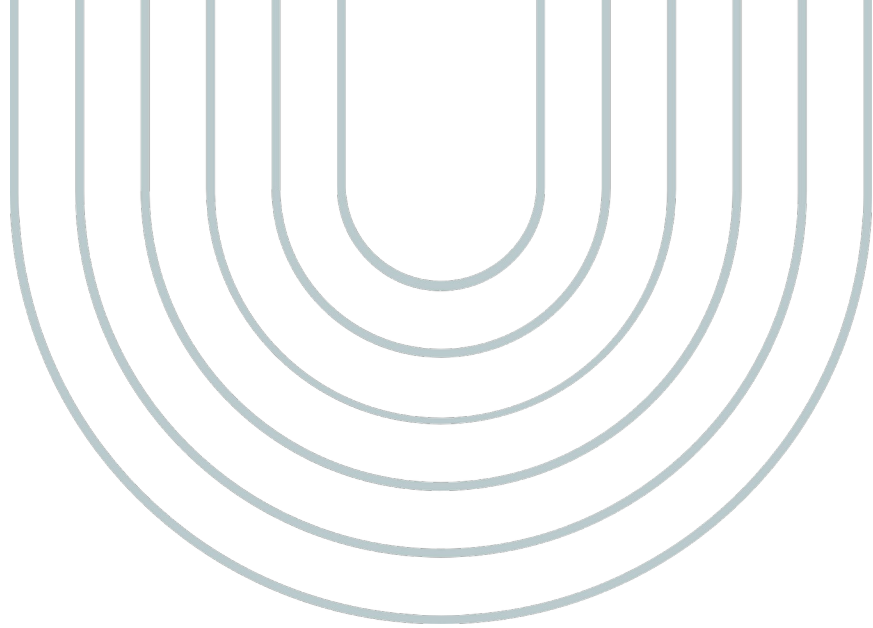
The following is not considered within the scope of practice for MSW First Year (Foundation) students:

- Risk Assessment
- Mental Status Exams
- Suicidal Ideation
- Homicidal Ideation
- Delusions/hallucinations
- Mental Health Evaluations
- Therapy (or counseling equivalency)
- Diagnosis
- Students should not dispense any type of medication, or physically restrain clients



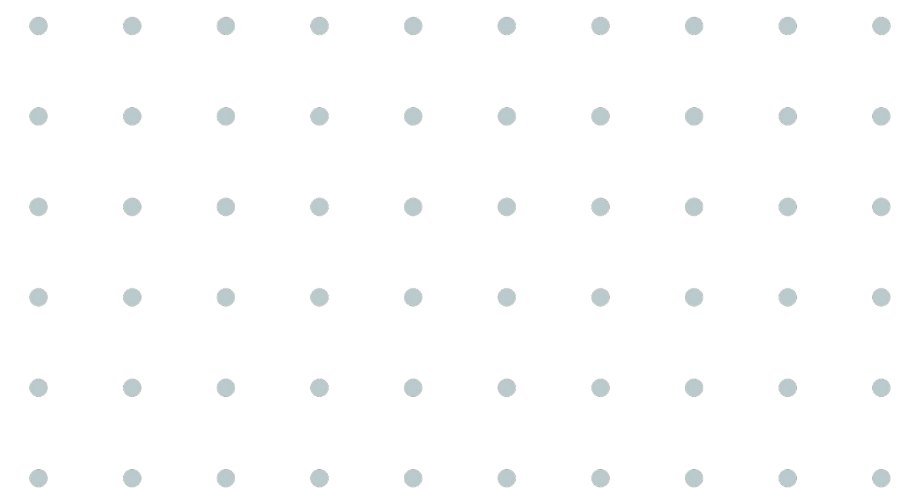
BUILDING PATHS OF EMPLOYMENT



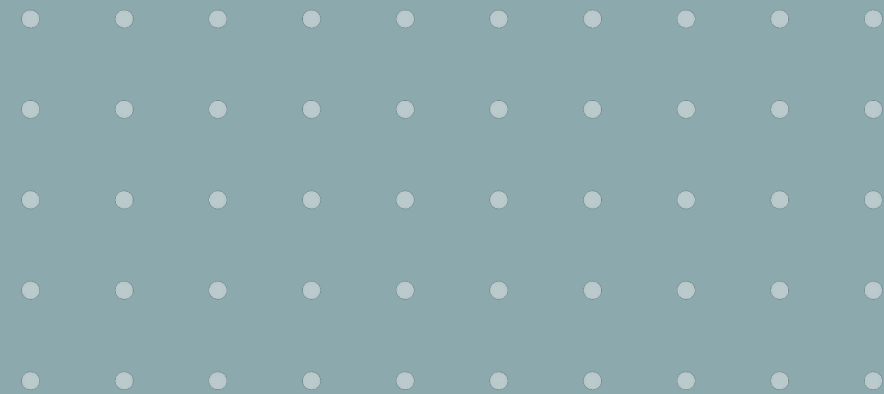


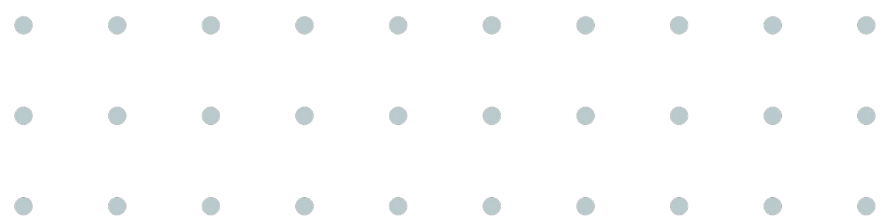
PATHWAYS OF EMPLOYMENT

- Institutional and state level change, not easy.
- Reduced Peer Support training fees or provide in-house Peer Support training.
- Tiered job levels for peer supports. Peer support 1, Peer support 2.
- Leadership and training opportunities.
- Entry into research as a person with lived experience.
- Create solutions to allow working experience to support job growth.



WHAT BARRIERS EXIST FOR PEER SUPPORT SPECIALISTS TO ADVANCE IN YOUR ORGANIZATION?

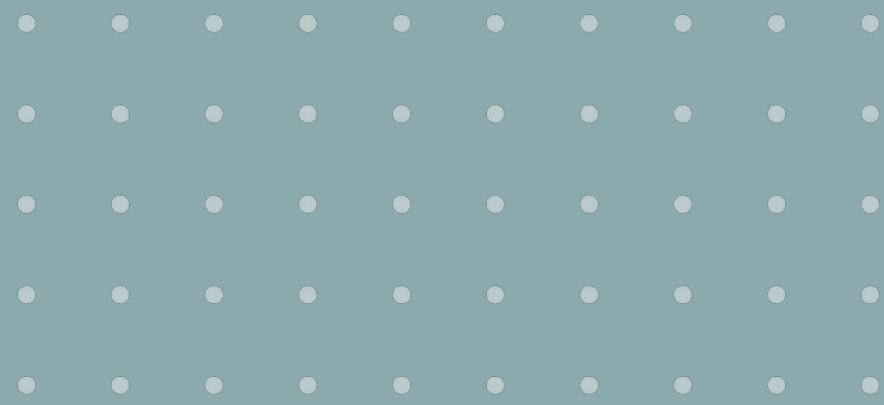




“We are a conspiracy of hope and we are pressing back against the strong tide of oppression which for centuries has been the legacy of those of us who are labelled with mental illness. We are refusing to reduce human beings to illnesses.”

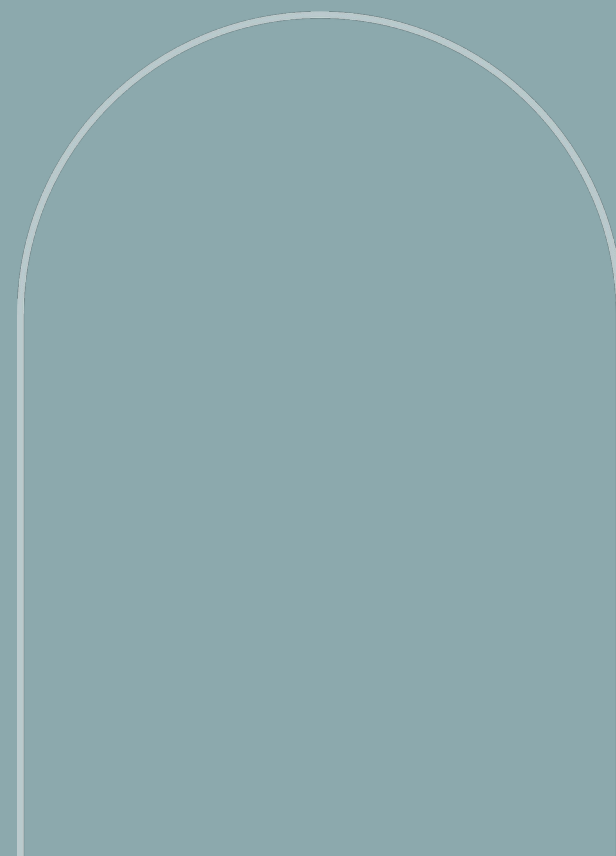
-Pat Deegan





THANK YOU!

QUESTIONS?



mhaines@peacehealth.org
easacommunity.org