

**Wednesday, April 15, 2026 | DMH Spring Training Institute | Schedule**

	Behavioral Health and the Legal System	Alcohol	Cannabis	Housing	Rural Health	Clinical Psychiatry
1 PM - 5:20 PM	<b>Conference Registration &amp; Questions, Visit Exhibits – Windgate Hall</b>					
2:00 PM – 3:00 PM <b>60 Minute Breakout</b> 1 CE	Blind Spots in Justice: Recognizing and Reducing Cognitive Bias in Forensic Psychology <b>Kritika Chauhan, PsyD</b> <i>A Hour</i> Windgate 60-61	Quitting vs. Thriving: Flipping the Script on Alcohol Reduction Education <b>Fred Rottneck, MD, MAHCM</b> <i>CME, CNE, Addictions Counseling, PC Hour</i> Paradise A	Cannabis Use and the Developing Mind: Effects, Risks, and Mental Health Impact <b>Rebecca Preston, PhD</b> <i>Addictions Counseling, PC Hour</i> Paradise B	Missouri Housing Programs <b>Rosie Anderson-Harper, MA</b> <i>A Hour</i> Windgate 62-63	Understanding the Rural Health Transformation Program <b>Kerri Tesreau, MBA</b> <i>A Hour</i> Parasol II	Neurocognitive Dysfunction in Schizophrenia: An Updated Review <b>Mariana Edwards, MD</b> <i>CME, CNE, PC Hour</i> Nautical Wheeler
3:00 PM - 3:15 PM	<b>15 Minute Break</b>					
3:15 PM – 4:15 PM <b>60 Minute Breakout</b> 1 CE	DMH Forensic Mobile Team <b>Nikki Reitz, BSW, MSW, LCSW &amp; Bethany Van Lant, MSW, LCSW, LSCSW</b> <i>A Hour</i> Windgate 60-61	Alcohol	Get Comfortable Being Uncomfortable: Conversational Approaches to Changing Alcohol Behavior <b>Fred Rottneck, MD, MAHCM</b> <i>CME, CNE, Addictions Counseling, PC Hour</i> Paradise A	Rural Health	Missouri's Rural Health Transformation Program (RHTP): What's Included <b>Kerri Tesreau, MBA</b> <i>A Hour</i> Parasol II	When Reality Breaks After Birth: Postpartum Psychosis <b>Madeline Cusimano, MD</b> <i>CME, CNE, PC Hour</i> Nautical Wheeler
4:15 PM – 4:20 PM	<b>5 Minute Break</b>					
4:20 PM – 5:20 PM <b>60 Minute Keynote</b> 1 CE	Keynote: Sleep and Mental Health <b>Angeline Stanislaus, MD</b> <i>CME, CNE, PC Hour</i> Paradise Ballroom					
5:20 PM	<b>Adjourn</b>					
<b>3 CEs Total</b>						

**Thursday, April 16, 2026 | DMH Spring Training Institute | Schedule**

	Behavioral Health and the Legal System	BHIDD & Self-Care	Special Populations	Direct Care	Ethics	Children Youth
8:00 AM – 9:00 AM	<b>Conference Registration &amp; Questions, Breakfast, Visit Exhibits – Windgate Hall</b>					
9:00 AM – 10:15 AM <b>75 Minute Keynote</b> 1 CE	Keynote: Duct Tape & Determination: The Power of Small Wins <b>Elaine Hill (Kochanowicz), BA</b> <i>A Hour</i> Paradise Ballroom					
10:15 AM - 10:30 AM	<b>15 Minute Break, Visit Exhibits - Windgate Hall</b>					
10:30 AM - 12:00 PM <b>90 Minute Breakout</b> 1.5 CEs	Preventing Relapse of Serious Mental Illnesses <b>Angeline Stanislaus, MD</b> <i>CME, CNE, PC Hours</i> Windgate 60-61	Preventing Burnout Through the Power of Fun <b>Le’Anne Schlotzhauer, BS</b> <i>A Hours</i> Windgate 62-63	When Recovery Support Services Meet the Justice System <b>Jerica Bowman, MSW, LMSW and Roy Farmer</b> <i>A Hours</i> Nautical Wheeler	Vibration to Regulation: The Science of Sound Healing for Nervous System Health <b>Candice Swee, MS, ATC, RYT-200 &amp; Stacey Throckmorton, MEd, RYT-200</b> <i>PC Hours</i> Paradise C	Adult Intimate Partner Violence: How Practitioners in Medical Settings Feel About Breaching Confidentiality <b>Dr. Amberly Pritchard, DBH, LPC, CCTP, NCC</b> <i>Ethics, A Hours</i> Paradise B	“Said No Teen Ever”—Beginning the Hard Conversations with Youth <b>Nia Estes, MEd</b> <i>PC Hours</i> Paradise A
12:00 PM - 1:15 PM	<b>Lunch Break, Visit Exhibits – Windgate Hall</b>					
1:15 PM - 2:15 PM <b>60 Minute Breakout</b> 1 CE	Community Based Competency Restoration, Part 1 <b>Dr. Angela Torres, PhD, ABPP</b> <i>A Hour</i> Windgate 60-61	Clubhouse: A Natural Community Connection for Young Adults with Early Psychosis <b>Mike Abrams, MSW</b> <i>A Hour</i> Windgate 62-63	Revealing the Hidden Dynamics of Difficult Cases <b>John Carpenter, MSW, LCSW</b> <i>PC Hour</i> Nautical Wheeler	Silencing the Pathological Critic: The Mindful Response to Unhealthy Self-Talk <b>James Smith, PhD, LPC</b> <i>PC Hour</i> Paradise C	Trauma-informed Care - Looking for the Story Behind the Behavior/Presenting Issues <b>Tracy Tackett, MEd, LPC</b> <i>Ethics, PC Hour</i> Paradise B	Through Community Collaboration, STL Children's Hospital Takes Behav Health Beyond Hospital Walls <b>Rachel Cramsey, MSW, LCSW</b> <i>A Hour</i> Paradise A
2:15 PM - 2:45 PM	<b>30 Minute Break</b>					
2:45 PM - 3:45 PM <b>60 Minute Breakout</b> 1 CE	Community Based Competency Restoration, Part 2 <b>Dr. Angela Torres, PhD, ABPP</b> <i>A Hour</i> Windgate 60-61	Falling Through the Cracks: The Lives We Overlook <b>Hannah Meyer, MSW, LCSW</b> <i>PC Hour</i> Windgate 62-63	From Research to Practice: Diverse Approaches to Understanding and Addressing Substance Use <b>Rachel Winograd, PhD and Kanila Brown, MA, MS</b> <i>Addictions Counseling, A Hour</i> Nautical Wheeler	Preventing Burnout Through the Power of Fun <b>Le’Anne Schlotzhauer, BS</b> <i>A Hour</i> Paradise C	Ethical Approaches to Vicarious Trauma, Self-Care, and Professional Conduct- Part 1 <b>Terri Cooley Bennett, MSW, DSW</b> <i>Ethics, A Hour</i> Paradise B	Missouri's Youth Behavioral Health Liaisons <b>Amber Stockreef, MEd, DHS</b> <i>A Hour</i> Paradise A
3:45 PM – 3:50 PM	<b>5 Minute Break</b>					
3:50 PM – 4:50 PM <b>60 Minute Breakout</b> 1 CE	Community Based Competency Restoration, Part 3 <b>Dr. Angela Torres, PhD, ABPP</b> <i>A Hour</i> Windgate 60-61	Integrated Support: Serving the Whole Person <b>Amber Stockreef, MEd, DHS</b> <i>PC Hour</i> Windgate 62-63	Improving Care for People with Complex Needs: Real Solutions That Make a Difference <b>Dana Silverblatt, MA and Kathleen Murray, BA, MS</b> <i>PC Hour</i> Nautical Wheeler	Trauma Informed Care for Supervisors <b>Le’Anne Schlotzhauer, BS</b> <i>A Hour</i> Paradise C	Finding Joy in the Workplace: Ethical Considerations in Addressing Trauma-Related Employment Stress (TRES) Part 2 <b>Terri Cooley Bennett, MSW, DSW</b> <i>Ethics, A Hour</i> Paradise B	System of Care in Missouri <b>JJ Gossrau, MSW, LCSW, Cla Stearns, PhD and Annie Foncannon</b> <i>A Hour</i> Paradise A
4:50 PM	<b>Adjourn</b>					
<b>5.5 CEs Total</b>						

Friday, April 17, 2026   DMH Spring Training Institute   Schedule						
	Behavioral Health and the Legal System	Eating Disorders	Suicide Prevention	Direct Care	Leadership	Gambling
8:00 AM - 9:00 AM	Conference Registration & Questions, Breakfast, Visit Exhibits – Windgate Hall					
9:00 AM – 10:00 AM 60 Minute Keynote 1 CE	Keynote: The Language of Conflict <b>Whitney Guison, BA, MA</b> <i>A Hour</i> Paradise Ballroom					
10:00 AM – 10:30 AM	DMH Awards Paradise Ballroom					
10:30 AM – 10:45 AM	15 Minute Break					
10:45 AM – 12:15 PM 90 Minute Breakout 1.5 CEs	Introduction to Competency to Proceed <b>Tim Wilson, PsyD</b> <i>A Hours</i> Windgate 60-61	Inside Eating Disorders: Risks, Realities, and Solutions for Underserved Clients <b>Jennifer Copeland, PsyD and Cassidy Richards, MSW</b> <i>PC Hours</i> Windgate 62-63	Strengthening Suicide Prevention Systems: Data, Crisis Response, and Youth-Focused Strategies Within the Zero Suicide Framework <b>Nicole McWilliams, MA, PLPC; Kristin Fanning, LPC, CPHQ; Drew Moffett, BS, CCJP, SQP; Michelle Horvath, MA, LPC, NCC</b> <i>Suicide Prevention, A Hours</i> Paradise A	Breaking Free! Breaking Through Barriers to Live Life to the Fullest <b>Tracy Tackett, MEd, LPC</b> <i>PC Hours</i> Nautical Wheeler	Presence is Power: The Fearless Leader's Secret Weapon <b>Stacy Spradling, PHR</b> <i>A Hours</i> Paradise C	Legalization of Sports Betting in Missouri—Now What? Clinical Perspectives on Gambling Disorder <b>Jeremiah Weinstock, PhD, ABPP</b> <i>Addictions Counseling, PC Hours</i> Paradise B
12:15 PM	Adjourn					
2.5 CEs Total						

## **Spring Training Institute (STI) - Accreditation Statements & CE Credit Allotment**

**Missouri Institute of Mental Health (MIMH)**\*\*\*all sessions apply, Ethics CE and Suicide Prevention CE sessions are pasted below and on schedule at-a-glance as Ethics and Suicide Prevention

The University of Missouri-St. Louis, Missouri Institute of Mental Health will be responsible for this program and will maintain a record of your continuing education credits earned.

MIMH awards up to **11** clock hour(s) or **13.2** contact hour(s) (**1.32** CEUs) for this program, including **4.5** clock hour(s) towards ethics, **1.5** clock hour(s) towards suicide prevention, and **0** clock hour(s) towards cultural competency.

**Ethics CE** (up to 4.5 clock hours):

1. **April 16, 2026, from 10:30 AM – 12:00 PM** (Paradise B), **Amberly Pritchard, MA, DBH**, “Adult Intimate Partner Violence: How Practitioners in Medical Settings Feel About Breaching Confidentiality” (**1.5 CEs**)
2. **April 16, 2026, from 1:15 PM – 2:15 PM** (Paradise B), **Tracy Tackett, MEd**, “Trauma-informed Care - Looking for the Story Behind the Behavior/Presenting Issues” (**1 CE**)
3. **April 16, 2026, from 2:45 PM – 3:45 PM** (Paradise B), **Terri Cooley Bennett, BSW, MSW, DSW**, “Ethical Approaches to Vicarious Trauma, Self-Care, and Professional Conduct- Part 1” (**1 CE**)
4. **April 16, 2026, from 3:50 PM – 4:50 PM** (Paradise B), **Terri Cooley Bennett, BSW, MSW, DSW**, “Finding Joy in the Workplace: Ethical Considerations in Addressing Trauma-Related Employment Stress (TRES) Part 2” (**1 CE**)

**Suicide Prevention CE** (up to 1.5 clock hours):

1. **April 17, 2026, from 10:45 AM – 12:15 PM** (Paradise A), **Nicole McWilliams** “Suicide Prevention Panel” (**1.5 CEs**)

**National Board for Certified Counselors (NBCC)**\*\*\*all sessions apply

MIMH is an NBCC - Approved Continuing Education Provider, No. **6339** (ACEP™) and may offer NBCC - approved clock hours for events (or programs) that meet NBCC requirements. Sessions (or programs) for which NBCC – approved clock hours will be awarded are identified in the program bulletin (or web site). The ACEP is solely responsible for all aspects for the program.

Up to **11** clock hour(s) are offered to the participant for this program.

**Missouri Credentialing Board (MCB)**\*\*\*all sessions apply

The University of Missouri – St. Louis, Missouri Institute of Mental Health is an approved training agency with MCB under provider status number **119**. The Missouri Credentialing Board has approved this program for up to **11** contact hour(s).

**National Association of Social Workers (NASW)**\*\*\*all sessions apply

This program is approved by the National Association of Social Workers (Approval #886662054-2492) for up to **11 [Social Work]** continuing education contact hour(s).

**Medical Education Resources (MER)**\*\*\*CME and CNE sessions pasted below

In support of improving patient care, this activity has been planned and implemented by Medical Education Resources (MER) and the University of Missouri – St. Louis, Missouri Institute of Mental Health (MIMH), Professional Training Center. MER is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### **Physician Credit**

Medical Education Resources designates this activity for a maximum of **4.5** AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Nursing Credit**

Medical Education Resources designates this live activity for a maximum of **4.5** ANCC nursing contact hour(s). Nurses will be awarded contact hours upon successful completion of the activity.

Medical Education Resources is a provider of continuing nursing education by the California Board of Registered Nursing, Provider #CEP 12299, and designates this live activity for a maximum **4.5** contact hour(s).

**CME & CNE** (up to 4.5 clock hours):

1. **Wednesday, April 15, 2026, from 2:00 PM – 3:00 PM** (Paradise A), **Fred Rottneck, MD, MAHCM**, “Quitting vs. Thriving: Flipping the Script on Alcohol Reduction Education” (**1 CE**)
2. **Wednesday, April 15, 2026, from 3:15 PM – 4:15 PM** (Paradise A), **Fred Rottneck, MD, MAHCM**, “Get Comfortable Being Uncomfortable: Conversational Approaches to Changing Alcohol Behavior” (**1 CE**)

3. **Wednesday, April 15, 2026, from 2:00 PM – 3:00 PM** (Nautical Wheeler), **Mariana Edwards, MD**, “Neurocognitive Dysfunction in Schizophrenia: An Updated Review” (1 CE)
4. **Wednesday, April 15, 2026, from 3:15 PM – 4:15 PM** (Nautical Wheeler), **Madeline Cusimano, MD**, “When Reality Breaks After Birth: Postpartum Psychosis” (1 CE)
5. **Wednesday, April 15, 2026, from 4:20 PM – 5:20 PM** (Paradise Ballroom), **Angeline Stanislaus, MD**, “Sleep and Mental Health” (1 CE)
6. **Thursday, April 16, 2026, from 10:30 AM – 12:00 PM** (Windgate 60-61), **Angeline Stanislaus, MD**, “Preventing Relapse of Serious Mental Illnesses” (1.5 CEs)

**The Missouri Bar**\*\*\*all sessions apply, Ethics CE sessions are pasted below

University of Missouri – St. Louis, Missouri Institute of Mental Health is a Missouri Continuing Law Education (MCLE) Program Sponsor with the Missouri Bar. The Missouri Bar has approved the Spring Training Institute, course ID **788576**, for a total of up to **13.2** contact hour(s), including **5.4** contact hour(s) towards **Ethics**.

**Ethics CE** (up to 4.5 clock hours; 5.4 contact hours):

1. **Thursday, April 16, 2026, from 10:30 AM – 12:00 PM** (Paradise B), **Amberly Pritchard, MA, DBH**, “Adult Intimate Partner Violence: How Practitioners in Medical Settings Feel About Breaching Confidentiality” (1.8 CEs)
2. **Thursday, April 16, 2026, from 1:15 PM – 2:15 PM** (Paradise B), **Tracy Tackett, MEd**, “Trauma-informed Care - Looking for the Story Behind the Behavior/Presenting Issues” (1.2 CEs)
3. **Thursday, April 16, 2026, from 2:45 PM – 3:45 PM** (Paradise B), **Terri Cooley Bennett, BSW, MSW, DSW**, “Ethical Approaches to Vicarious Trauma, Self-Care, and Professional Conduct- Part 1” (1.2 CEs)
4. **Thursday, April 16, 2026, from 3:50 PM – 4:50 PM** (Paradise B), **Terri Cooley Bennett, BSW, MSW, DSW**, “Finding Joy in the Workplace: Ethical Considerations in Addressing Trauma-Related Employment Stress (TRES) Part 2” (1.2 CEs)

**Commission on Rehabilitation Counselor Certification (CRCC)**\*\*\*all sessions apply, Ethics CE and Addictions Counseling CE sessions are pasted below

The University of Missouri – St. Louis, Missouri Institute of Mental Health (MIMH) is a CE Provider for the CRCC, will be responsible for this program, and will maintain a record of your continuing education credits earned. CRCC has approved this conference for up to **11** clock hour(s), including **4.5** clock hour(s) towards **Ethics** and **6** clock hour(s) towards **Addictions Counseling**. CRCC Pre-approval number: **60008002972**

**Ethics CE** (up to 4.5 clock hours):

1. **Thursday, April 16, 2026, from 10:30 AM – 12:00 PM** (Paradise B), **Amberly Pritchard, MA, DBH**, “Adult Intimate Partner Violence: How Practitioners in Medical Settings Feel About Breaching Confidentiality” (1.5 CEs)
2. **Thursday, April 16, 2026, from 1:15 PM – 2:15 PM** (Paradise B), **Tracy Tackett, MEd**, “Trauma-informed Care - Looking for the Story Behind the Behavior/Presenting Issues” (1 CE)
3. **Thursday, April 16, 2026, from 2:45 PM – 3:45 PM** (Paradise B), **Terri Cooley Bennett, BSW, MSW, DSW**, “Ethical Approaches to Vicarious Trauma, Self-Care, and Professional Conduct- Part 1” (1 CE)
4. **Thursday, April 16, 2026, from 3:50 PM – 4:50 PM** (Paradise B), **Terri Cooley Bennett, BSW, MSW, DSW**, “Finding Joy in the Workplace: Ethical Considerations in Addressing Trauma-Related Employment Stress (TRES) Part 2” (1 CE)

**Addictions Counseling CE** (up to 6 clock hours):

1. **Wednesday, April 15, 2026, from 2:00 PM – 3:00 PM** (Paradise A), **Fred Rottneck, MD, MAHCM**, “Quitting vs. Thriving: Flipping the Script on Alcohol Reduction Education” (1 CE)
2. **Wednesday, April 15, 2026, from 2:00 PM – 3:00 PM** (Paradise B), **Rebecca Preston, PhD**, “Cannabis Use and the Developing Mind: Effects, Risks, and Mental Health Impact” (1 CE)
3. **Wednesday, April 15, 2026, from 3:15 PM – 4:15 PM** (Paradise A), **Fred Rottneck, MD, MAHCM**, “Get Comfortable Being Uncomfortable: Conversational Approaches to Changing Alcohol Behavior” (1 CE)
4. **Thursday, April 16, 2026, from 10:30 AM – 12:00 PM** (Nautical Wheeler), **Jerica Bowman, MSW, LMSW and Roy Farmer**, “When Recovery Support Services Meet the Justice System” (1.5 CEs)
5. **Thursday, April 16, 2026, from 2:45 PM – 3:45 PM** (Nautical Wheeler), **Rachel Winograd, PhD and Kanila Brown, MA, MS**, “From Research to Practice: Diverse Approaches to Understanding and Addressing Substance Use” (1 CE)
6. **Friday, April 17, 2026, from 10:45 AM – 12:15 PM** (Paradise B), **Jeremiah Weinstock, PhD, ABPP**, “Legalization of Sports Betting in Missouri—Now What? Clinical Perspectives on Gambling Disorder” (1.5 CEs)

**Missouri Board of Nursing Home Administrators (BNHA)**\*\*\*all sessions apply, A hours and PC hours are outlined in the schedule at a glance by A Hour(s) or PC Hour(s) written in the session square

University of Missouri – St. Louis, Missouri Institute of Mental Health is an approved provider of continuing education with the Missouri Board of Nursing Home Administrators (BNHA) under Training Agency number **TA-118-27**. This training is approved for up to **11** clock hour(s), which includes up to **9** Patient Care hour(s) and up to **10** Administrative hour(s).