

Wednesday, May 7, 2025 DMH Spring Training Institute Schedule					
	Suicide Prevention *Suicide Prevention CE	Continuum of Care	Systems Sustainability & Tiered Supports	Early Psychosis Care (EPC)	Developmental Disabilities (DD)
1 PM - 5:20 PM	Conference Registration/Questions, Visit Exhibits – Windgate Hall				
2:00 PM – 3:00 PM 60 Minute Breakout 1 Clock Hour	The Suicide Continuum Unmasked: Understanding Suicide Through a New Lens Bart Andrews, PhD Room Name	Youth Behavioral Health Liaisons and Community Engagement Hannah Levely, BS, MS Room Name	Local Initiatives to Improve the Lives of People with Developmental Disabilities Nancy Pennington, BS, CPA Room Name	On the Crossroads of Neurodiversity, Mental Health and Psychosis Jennifer Gerlach, MSW, LCSW Room Name	Uniting for Reunification: The Critical Role of Collaborative Efforts and Clinical Services in Safe Babies Court Team Bre-Ann Slay, PsyD Room Name
3:00 PM - 3:15 PM	15 min Break				
3:15 PM – 4:15 PM 60 Minute Breakout 1 Clock Hour	Conversations for Suicide Safer Homes: A CALM-informed training for Behavioral Health Professionals Shanna Sorg and Reba Rice-Portwood Room Name	Show Me Peer Power: Missouri DMH's Critical Incident Stress Management Network for the Workforce Rachel Jones, BS, MA, LPC and Alicia Adams, BGS, MSW Room Name	Realities of Guardianship and Conservatorship Jacquelyn Miller, BSW and Danielle Boggs, MSW Room Name	Aggression, Violence, and Psychosis - Facts and Misconceptions Rebecca Preston, PhD Room Name	IECMH: Relational Foundations for Lifelong Health Alicia Hall, MEd, LPC, NCC, EdS, IECMH-E Room Name
4:15 PM – 4:20 PM	5 min Break				
4:20 PM – 5:20 PM 60 Minute Keynote 1 Clock Hour	Title Angeline Stanislaus, MD Room Name				
5:20 PM	Adjourn				
3 Clock Hours Total					

	Evidence Based	Early Childhood	Leadership & Management	Substance Use Prevention & Treatment	Physician Lecture Series *CME	Show-Me ECHO
8:00 AM - 9:00 AM				Conference Registration/Questions (Open until 4:50 PM), Breakfast, Visit Exhibits – Windgate Hall		
9:00 AM - 10:15 AM 75 Minute Keynote 1.25 Clock Hours				Sequential Intercept Mapping for Clinicians Shannon Bader, PhD, ABPP Room Name		
10:15 AM - 10:30 AM				15 Min Break, Visit Exhibits - Windgate Hall		
10:30 AM - 12:00 PM 90 Minute Breakout 1.5 Clock Hours	Understanding Borderline Personality Disorder Using a DBT Lens Emily Dreher, MEd Room Name	Upstream Youth Mapping Hannah Levely, BS, MS Room Name	Recruiting Today - Creating Brand Promoters Stacy Spradling, BBA Room Name	Fighting Fentanyl: Lessons Learned from Implementing Naloxone Education & Distribution Program in Boone County Dave Zellmer, MPH and Alec Mundle, CHES, MPH Room Name	Integrating Behavioral Health into Primary Care: Collaborative Approaches for Addressing Substance Use, Mental Health, and Developmental Challenges Arpit Aggarwal, MD, Bart Andrews, PhD, Doug Burgess, MD and Preston Howerton, DO Room Name	Missouri Alliance for Dual Diagnosis (MOADD) Extension for Community Health Outcomes (ECHO): Insights from Four Years of Discovery and Ongoing Learning Amber Stockreef, MEd Room Name
12:00 PM - 1:15 PM				Lunch Break, Visit Exhibits – Windgate Hall		
1:15 PM - 2:15 PM 60 Minute Breakout 1 Clock Hour	Support Group Success: It All Begins with Hope Caroline Cooper, MS, CPS Room Name	Why Are They Doing That? What Children Are Trying to Tell You Sara Schmitz, MEd Room Name	Supporting Employee Le'Anne Schlotzhauer, BS Room Name	Balancing Person-Centered Treatment and Effective Addiction Treatment Interventions Zhanna Keeton, MBA, MA, LPC, CCTS, John Arshadi, MD, MBA, and Irwin Plisco, MD Room Name	Perinatal Mood Disorders: Recognition, Treatment, and Support Sara Agha, MD Room Name	The Power of the ECHO Model: Advancing Behavioral Health Through Collaboration and Innovation Rachel Mutrux Room Name
2:15 PM - 2:45 PM				30 Min Break		
2:45 PM - 3:45 PM 60 Minute Breakout 1 Clock Hour	Why Provide DBT: Latest Updates on Effectiveness and Clinical Applications Ronda Oswalt Reitz, PhD Room Name	Tools for Trauma: Mindful Activities for Youth Candice Swee, BS, MS and Stacey Throckmorton, BS, MEd Room Name	Leadership in Times of Crisis Felix Vincenz, PhD Room Name	Strategies for Optimizing Client Relationships and Self-Management Jim Scarpace, MPsy, LCPC Room Name	Schizotypal Disorder: Management Challenges with "Clozapine-Induced Myocarditis" Ahmed Karim, MD Room Name	Autism Spectrum Disorder: Developing a Deeper Understanding Kristin Sohl, MD, FAAP Room Name
3:45 PM – 3:50 PM				5 Min Break		
3:50 PM – 4:50 PM 60 Minute Breakout 1 Clock Hour	Navigating Trauma: Understanding the Brain and Building Supportive Strategies for Emotional and Behavioral Growth Ricki Moran, DSW, LCSW	PACEs: How Protective and Compensatory Experiences Influence ACEs Desiree Dixon, BS, MS and Valerie Cannon, BS, MS Room Name	History of Missouri Asylums Felix Vincenz, PhD Room Name	Supporting Clients Impacted by Loved One's Addiction: Developing Clinical Skills, Strategies, and Compassionate Care Larissa Theison, MSW Room Name	The State of Cannabis - 2025 Levi Craghead, MD, MPH Room Name	Supporting Caregivers and Maximizing Autonomy and Independence for Autistic People Alicia Curran, BS and Brett Moore, DO Room Name
4:50 PM				Adjourn		
5.75 Clock Hours Total						

	Leadership & Management	Children, Youth & Family	Social Media	Artificial Intelligence (AI)	Ethics *Ethics CE	Trauma	Ask DMH
8:00 AM - 9:00 AM	Conference Registration/Questions (Desk open until 12:15 PM), Breakfast, Visit Exhibits – Windgate Hall						
9:00 AM – 10:00 AM 60 Minute Keynote 1 Clock Hour	Title Fred Rottnek, MD Room Name						Ask DMH (no CE awarded) Room: 62-63 or 64
10:00 AM – 10:30 AM	DMH Awards Room Name						
10:30 AM – 10:45 AM	15 min Break						
10:45 AM – 12:15 PM 90 Minute Breakout 1.5 Clock Hours	A Break from Burnout: A Positive Psychology Approach Gabrielle Goldin, MEd Room Name	Experiential Approaches to Reveal Nine Types of Couples John Carpenter, MSW, LCSW Room Name	Filtered Realities: Addressing the Impact of Social Media on Body Image and Eating Disorders Marie-Laure Firebaugh, MSW and Jennifer Copeland, PsyD Room Name	Pings of Power: The Relationship Between Electronic Device Use, Mental Health, and Relationship Wellness James Smith, PhD, LPC and Chrystala Smith, MEd, LPC Room Name	When Client becomes Colleague: The Peer Movement and Ethical Considerations Terri Cooley-Bennett, BSW, MSW Room Name	Somatic Therapies and Trauma: Healing through the Wisdom of the Nervous System Heather Gargis, MA, LPC, SEP Room Name	Ask DMH (no CE awarded) Room: 62-63 or 64
12:15 PM	Adjourn						
2.5 Clock Hours Total							