

2019 Missouri Department of Mental Health, Spring Training Institute Schedule

↑ Ethics Hours

@Suicide Prevention Hours

X Not NASW MO approved

Thursday May 30th	Children, Youth & Family	Trauma	Cultural Competency	Substance Use Disorders	Suicide Prevention & Ethics	Intellectual & Developmental Disabilities	Physician Case Conferences	Interventions & Treatment	Forensics & Criminal Justice	Self-Care & Resiliency Room
7:00 A – 8 A	Conference Registration (desk open until 5pm), Breakfast, Visit Exhibits – Windgate Hall									
8 A – 9:15 A 75 min	Keynote Address – The Coffee Bean Damon West Paradise A B C *Book Selling									
Break	45 min Break, Book Signing, Visit Exhibits (Windgate Hall) or Self-Care & Resiliency Room (Parasol I)									
10:00 A – 11:30 A 90 min	The Current State of Our Children: What We Can Do to Help Lucas Dieckhaus, MA	Healing the Whole Person: Treating Trauma with Special Attention to Shame Emily Arth, BA, MSW, LCSW, CDWF	Bridging the Gap: Trauma-Informed Care & Cultural Competency Courtney Boddie, PhD, MEd, LPC, NCC & Lisa Thompson- Gibson, MA, LPC	Provider Experience STR/SOR: What is Working & What is Challenging Clif Johnson, CRAADC, Suneal Menzies, Dan Adams, Fred Rottnek, MD & Tim Rudder	The Ethical Case for Prioritizing Suicide Prevention in Training, Practice & Systems, Part I Ryan Lindsay, MSW, LCSW ↑ @	Using NCI Data to Enhance Developmental Disabilities Services & Supports Caitlin Bartley, BA, BSW, MSW	Somebody's Watching Me: A Study in Gang Stalking Zohaib Haque, MD & Psychogenic Non- Epileptic Seizures Fei Cao, MD, PhD Leeward 74/75	Cognitive Behavior Therapy: Refining & Consistently Applying Essential Skills, Part I Ann Steffen, PhD, ABPP	Building Evidence- Based Practices in Corrections Treatment Environments Duane Cummins, PhD & Lindsey Quinn, MA, CRADC	Self-Care & Resiliency Room See program book & accreditation flyer for more details
	Windgate 60/61	Paradise A	Windgate 62/63	Nautical Wheeler	Paradise B	Parasol II		Paradise C	Leeward 76/77	Parasol I
11:30 A – 12:45 P	Buffet Style Lunch – Windgate Hall									
12:45 P – 1:45 P 60 min	Darkness to Light; Stewards of Children, Part I Tara Brace, BA & Annie Wilson, BS Paradise A			High Conflict Couples Therapy Angela Skurtu, MEd, LMFT *Book Selling Paradise B			Psychotherapy & Behavioral Health Interventions with Older Adults Ann Steffen, PhD, ABPP & Nick Schmidt, MA, MS Paradise C			Self-Care & Resiliency Room Parasol I
Break	Snack Break 15 minutes, Visit Exhibits (Windgate Hall) or Self-Care & Resiliency Room (Parasol I)									
2:00 P – 3:30 P 90 min	Darkness to Light; Stewards of Children, Part II Tara Brace, BA & Annie Wilson, BS	Understanding the Impact of Racial Trauma Gladys Smith, PsyD, MEd, MHs *Book Selling	Considering Culture & Self: Provider Bias & Cultural Influences in Mental Health & SUD Settings Kate Mallula, MPH, LMSW & Alex Barajas-Munoz, PhD	Social & Emotional Loneliness Among Individuals with SUD Blake Dorsey, BS, Adriatik Likcani, PhD, Ryan Peterson, PhD, & Amanda McCullough, MS	The Ethical Case for Prioritizing Suicide Prevention in Training, Practice & Systems, Part II Ryan Lindsay, MSW, LCSW ↑ @	SOAR for Children: Building Resiliency & Supporting Families Abigail Kirkman, MA, Daniel Coladonato & Milly Hall, MS, LPC	Treatment Resistant Schizophrenia Umang Shah, MD & Psychogenic Polydipsia Fei Cao, MD, PhD X	Cognitive Behavior Therapy: Refining & Consistently Applying Essential Skills, Part II Ann Steffen, PhD, ABPP	Superhero Therapy: Using ACT & Pop Culture in a Forensic Hospital Gage Herrington, MA, LPC & Kelli Verble, MSW, LMSW	Self-Care & Resiliency Room See program book & accreditation flyer for more details
	Paradise A	Windgate 60/61	Windgate 62/63	Nautical Wheeler	Paradise B	Parasol II	Leeward 74/75	Paradise C	Leeward 76/77	Parasol I
Break	5 min Break									
3:35 P – 5:05 P 90 min	Lessons Learned: Effective Interventions & Support for Young Children with Trauma Rachel Hanks, MSW, LCSW, RPT	Infant & Early Childhood Mental Health: The Impacts of Trauma & Tools to Promote Resilience Patty Davis, MSW, LSCSW, Michelle Bertuglia-Haley, MSW, LSCSW & Lisa Polka, MSW, LSCSW	Diverse Families: Cultural Competency in Working with LGBT Parents Ryan Barker, MSW, MPPA	Language Matters Robert Riley, II CRADC	Suicide Risk Assessment: A Review of Risk Factors for Suicide in Bipolar Disorder Anchana Dominic, MD @	SOAR can work for YOU! How SOAR can Improve Engagement, Outcomes & Community Alliances Sara Schwab, MS, LPC, Jared Reck, BA & Eric Godfrey	Over the Counter Drug of Abuse: Dextromethorphan Abdullah Bin Mahfodh, MD X	Postpartum Depression & Anxiety: How to Identify & Treat Struggling Parents Beth Orns, MSW, LCSW, Abby Underwood, MSW, LCSW & Francesca Tocco, MSW, LCSW Leeward 74/75	Successfully Implementing a Statewide Roll-out of an Ev-Based Family Strengthening Curriculum in Community Reentry Ted Strader, MS & Christopher Kokoski, BS, CPS	Self-Care & Resiliency Room See program book & accreditation flyer for more details
	Paradise A	Windgate 60/61	Windgate 62/63	Nautical Wheeler	Paradise B	Parasol II	Ambika Kattula, MD Leeward 76/77	Paradise C	Leeward 76/77	Parasol I

Up to 15.5 clock hours or 16.2 contact hours (1.62 CEUs), including up to 7.5 clock hours in Ethics and 5.5 clock hours in Suicide Prevention for this program. *A total of 13.5 clock hours available by attending conference presentations. Two extra clock hours may be attained by completing worksheets available in the Self-Care and Resiliency Room, in Parasol I at the conference (these worksheets are only approved for credit hours through MIMH, NCHEC and NASW).

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Friday May 31 st	Children, Youth & Family	Trauma	Cultural Competency	Substance Use Disorders	Ethics	Intellectual & Developmental Disabilities	Military, Veterans & PTSD	Interventions & Treatments	Misc.	Self-Care & Resiliency Room
7:00 A – 8 A	Conference Registration (desk open until 2:30pm, then move to 6th floor), Breakfast, Visit Exhibits – Windgate Hall									
8 A – 9:15 A 75 min	Keynote Address – Addiction: A Futurist's Perspective Omar Manejwala, MD Paradise A B C									
9:15 A – 9:45 A	DMH Awards Paradise A B C									
Break	15 min Break, Book Signing, Visit Exhibits (Windgate Hall) or Self-Care & Resiliency Room (Parasol I)									
10:00 A – 11:30 A 90 min	Applications of CBT with Kids: Basic Strategies for Moving to Child Therapy Rachael Swopes, PhD & Rachel Grainger, MSW, LCSW Windgate 60/61	Reducing Cultural Trauma in MH Work: Exploring Cultural Aspects of Child- Centered Assessment & Treatment Christi Moore, PhD Windgate 62/63	Diversity: The Thread that Holds Us All Together Tiffany Lacy Clark, MA and Rachel Jones, LPC Nautical Wheeler	Family Recovery: Partnering w Families to Combat Opioid Use Disorders A. Likcani, PhD, R. Peterson, PhD & A. Rayburn, PhD Paradise A	Ethics: A Matter of Perspective Stacie Zellin, MPH ↑ Paradise B	Transitional Planning Scott Adams, CFP, CTFA, ChFC, ChSNC Parasol II	PTSD: Transforming into Post Traumatic Growth: A New Vision for Treatment in Our Veterans Julie Batson, LCSW & Anthony Norris Leeward 74/75	Effective Interventions for Body Focused Repetitive Disorders Carolyn Raynor- McClanahan, MSW, LCSW Leeward 76/77	Recruitment & Retention in State- Operated Behavioral Health Organizations Felix Vincenz, PhD *Book Selling X Paradise C	Self-Care & Resiliency Room See program book & accreditation flyer for more details Parasol I
11:30 A – 12:45 P	Buffet Style Lunch – Windgate Hall									
12:45 P – 2:15 P 90 min	Best Practices for Working with At-risk Girls with Challenging Attitudes Angela Gray, MSW, Eds *Book Selling Windgate 60/61	The Impact of Adverse Childhood Experiences & Trauma on Fathers E. McCaskill, EdD, LPC, LCSW, NCC, CADC, A. Roberson, MA, LPC, NCC & G. Schaefer, LCSW Windgate 62/63	Cultural Considerations in Treating Hispanic/Latino Populations Alex Barajas-Munoz, PhD Nautical Wheeler	More than Physical: Substance Use & Mental Health Coercion in Domestic/Intimate Partner Violence Kate Mallula, MPH, LMSW Paradise A	Contemporary Ethical Issues: Personal & Professional Acculturation in the Ecology of SUD Tx & Recovery A. Likcani, PhD, A. Rayburn, PhD & R. Peterson, PhD Paradise B	What's in It for Me: Empowering Your Finances & Preserving Your Benefits (Midwest Special Needs Trust) Nathaniel McKee, JD & Heather Allen, BSW Parasol II	A Taste of Mental Health First Aid – Military & Veterans Rick Strait, MS, LPC, CRDAC, CCDPP, CGDC Leeward 74/75	Housing First Sara Schwab, MS, LPC, & Darla Belflower, MSW, LCSW, LAC Paradise C	Physician Case Conferences Mass Shootings: Problems and Perspective Will Enochs, MD X & Psychiatry & TV/Film Simeon King, MD Leeward 76/77	Self-Care & Resiliency Room See program book & accreditation flyer for more details. Parasol I
Break	Snack Break 15 minutes, Visit Exhibits (Windgate Hall) or Self-Care & Resiliency Room (Parasol I)									
2:30 P – 4:00 P 90 min	Buddy Circles: A Model of Peer Support to Promote Social Emotional Wellbeing in Children Haley Biehl, MAT & Sarah Christman, MAT Windgate 60/61	Vicarious Trauma, Secondary Traumatic Stress, or Burnout? Implications for Mental Health Professionals Mark Moore, MA & Rachel Colwick, MA Windgate 62/63	Brown Girl T/Drama: Women of Color & Trauma Today Gladys Smith, PsyD, MEd, MHs * Book Selling Nautical Wheeler	Co-Occurring Disorders...the Epidemic of Today's Clinician Stephanie Flynn, LCSW Paradise A	Ethics of Supervising: Gatekeeping, Remediation, and Ethical Decision Making James Smith, MEd, LPC, NCC Paradise B	Insight from Inside: My Perspective After Being Inpatient Multiple Times Russell Lehmann *Book Signing/Selling ↑ Paradise C	Grief Process & Support Systems for Young Military Widows Amanda McCullough, BS, Adriatik Likcani, PhD & Blake Dorsey Parasol II	Technology Assisted Care Coordination Texting & Telecoaching for Recovery Edward Riedel, MSW, Mary Quandt, MPH, Briana Wheatley, Emily Srygley Leeward 74/75	SOC-Community for Early Signs & Symptoms: Engaging Community in Early Intervention of Psychosis C. Mueller, PhD, J. Woodruff, PhD, M. Smyser, A. Stevens, D. Wilson & J. Richardson Leeward 76/77	Self-Care & Resiliency Room See program book & accreditation flyer for more details Parasol I
Break	5 min Break									
4:05 – 5:05 P 60 min	@ In the Aftermath of Pediatric Suicide: A Look at Before and After Shari Scott, MA, LPC, NCC, CISD, TBH-BC Paradise B					Triumph: Overcoming the Odds Russell Lehmann *Book Selling Paradise C				

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