

Effective strategies, tips and considerations to use when providing employment services for people with co-existing ID/DD and mental health challenges

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- Please take a sheet of paper and make three boxes on it
- Label one box "mental illness"
- Label one box "intellectual / developmental disorder"
- Label one box "substance use disorder"
- For each of the following items put the word in parentheses only in those boxes where it applies

Questions

- This illness is caused by a person's own choices (CHOICE)
- This illness has a biological foundation (BIOLOGY)
- Relapses are a natural part of this illness (RELAPSES)

Questions

- People with this illness want to, and do, recover (RECOVER)
- People with this illness benefit from learning & using coping skills (COPING SKILLS)
- This illness has a genetic component (GENETIC)

COD Questions

- People with this illness can and do work in competitive jobs (EMPLOYMENT)
- People with this illness benefit from some medications (MEDICATIONS)
- This illness impacts the person's family (FAMILY)

Questions

- People with this illness respond to evidence-based treatments (TREATMENT WORKS)
- People with this illness are motivated to change (MOTIVATED)