

Missouri Department of Mental Health’s Spring Training Institute SCHEDULE Thursday, May 31 st – Friday, June 1 st , 2018 Tan-Tar-A Resort									
Thursday May 31st	Peer Specialists / Support	Children, Youth and Family	Intellectual / Developmental Disabilities	Opioid Crisis / Medication Assisted Treatment (MAT)	Ethics	Trauma	Prevention, Interventions and Treatment	Wellness	Professional Development / Miscellaneous
6:45 A – 7:45 A	Conference Registration, Breakfast, Visit Exhibits – Windgate Hall								
7:45 A – 8:45 A 60 min	Keynote Address “I’m a Real Girl/Boy, Not a Broken Toy”: Inviting the Disconnected Child Back into Humanity Liz Hunter Salon A/B/C								
8:45 A – 9:45 A 60 min	The Path of Recovery: One Story at a Time Regi Carpenter Salon A/B/C								
Break	30 min Break, Visit Exhibits (Windgate Hall) or Self-Care & Resiliency Room (Parasol I)								
10:15 A – 11:45 A 90 min	Innovation and Certified Peer Specialists – the Past, the Present and the Future! Scott Breedlove, MS, CPS, MARS	Easier Together: Providing Family-Centered Care for Pregnant and Postpartum Women with Substance Use Disorders Pat Stilen, MSW and Sarah Knopf-Amelung, MA-R	Inclusive Education – A Look at Beliefs, Values and Attitudes Rachel Morgan, EdD, CAS	Missouri’s State Targeted Response to the Opioid Crisis and the Implementation of the ‘Medication First’ Treatment Model Rachel Winograd, PhD	How will Ethical Boundaries Aid Me as a Professional? Shane Young, MSW *Ethics Hours	Understanding Family Trauma Dena Sneed, OTR/L and Rev. Roxanne Pendleton, MDiv	Empowerment Relative to Common Challenges to Promote Recovery and Resiliency Paul Grant, PhD	The Human Side of Severe Psychopathology: Improving Morale and Meaning for Inpatient Clients within Long Term Care Psychiatric Settings Lisa Parker Scott, PhD and Katherine Arenella	The Missouri Eating Disorders Council’s Toolkit for Eating Disorders, Screening, Prevention and Treatment Ellen Fitzsimmons-Craft, PhD, LP and Marie-Laure Firebaugh, LMSW
11:45 A – 12:45 P	Buffet Style Lunch – Windgate Hall								
12:45 P – 1:45 P 60 min	Promoting Recovery, Resiliency, and Flourishing with Recovery-Oriented Cognitive Therapy Paul Grant, PhD		Overview of Supported Employment and Education Principles & ACT/TAY Services Integration in Missouri David Lynde, MSW, LICSW		Storytelling as a Therapeutic Tool in Childhood, Adult and Family Bereavement Regi Carpenter		When the Titanic Meets the Iceberg: Addressing the Trauma Underneath Mental Illness, Substance Use Disorders, Criminality and Self-harming Behavior Mark Sanders, LCSW, CADC		Move, Play & Heal with Clients Jennie Bedsworth, LCSW and Peter Brown, LMSW Self-Care & Resiliency Room *Session Limit of 25 Participants
Break	Snack Break 15 minutes, Visit Exhibits (Windgate Hall) or Self-Care & Resiliency Room (Parasol I)								
2:00 P – 3:30 P 90 min	Family Support Provider/Peer Support Specialist and How They Can Help Tanya Fongemie and Bethann Berry, MA, QMHP	The Role of Trauma Informed Care in Child Abuse and Neglect Prevention Lindsay Kyonka, MSW	Effective Strategies, Tips and Considerations to Use When Providing Employment Services for People with Co-existing ID/DD and Mental Health Challenges David Lynde, MSW, LICSW	Overdose Education and Naloxone Distribution, Train the Trainer Model Nicole Browning, MA, LPC and Brandon Costerison	Wellness: Your Ethical Responsibility Lia Jennings, PhD, MSW, LCSW and Michael Perkins, MSW, LCSW *Ethics Hours	Traumatic Grief: How it Manifests Itself, Coping Strategies, and the Effect on Individuals and Communities Peggy Tyson, MEd, LPC, NBCCH	Effective Co-Occurring Disorders Treatment Mark Sanders, LCSW, CADC	Outside the Box: Incorporating evidence- based, non- pharmacological strategies in the clinical setting Leasa Weghorst, MEd, PLPC, RN	Motivational Interviewing in Groups Scott Kerby, MA, LPC
Break	5 min Break								
3:35 P – 5:05 P 90 min	Living with Mental Illness: Inspired by Life Caroline Cooper, MS, CMPS	Special Considerations for Working with Children of Adoption Sara Schmitz, MEd, LPC	Best Practices in Providing Psychological Feedback to Consumers Cla Stearns, PhD and Mardis Dunham, PhD	Medication First: Response to a National Crisis Dan Adams, Suneal Menzies, Janice Bunch, MA, LPC, NCC, SQP, MARS and Samantha Tracy, MA, LPC	Ethics in Mental Health Justin Bennett, MSW, LCSW *Ethics Hours	The Neuroscience of Trauma and the 6 R’s of Effective Therapeutic Interventions Keith Bishop, MS, LCSW and Leslie Wiss, MA, LPC	Preventing Youth Suicide in Missouri: Effectiveness of a Hospital, School and Community Mental Health Center Collaboration in Kansas City Elizabeth Sale, PhD, Stacey Williams, LMSW, Kirsti Millar, MS, PLPC and Kelsey Prather	Understanding the Impact of Chronic Health Conditions on Cognitive Function and Recovery Jodi Heaps-Woodruff, PhD	TEAMwork Makes the Dream Work: Building a High Performing Leadership Team Angela Tate, MEd, LPC, Bart Andrews, PhD Pat Coleman, MBA
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Missouri Department of Mental Health’s Spring Training Institute SCHEDULE Thursday, May 31 st – Friday, June 1 st , 2018 Tan-Tar-A Resort										
Friday June 1st	Military / Veterans	Children, Youth and Family	Forensics / Criminal Justice	Substance Use Disorders / Science of Addiction	Gender Identity	Trauma	Prevention, Interventions and Treatments	Self-Care	Miscellaneous	Supported Employment
6:45 A – 7:45 A	Conference Registration, Breakfast, Visit Exhibits – Windgate Hall									
7:45 A – 8:45 A 60 min	Keynote Address The Child is Father of the Man: Neurobiological Crossroads of Trauma, Addiction & Mood Disorders Christopher La Tourette La Riche, MD Salon A/B/C									
8:45 A – 10:00 A 60 min	Awards DMH and 8 Principles Which Guide Ethical Decision Making in the Clinical Relationship Mark Sanders, LCSW, CADC Salon A/B/C *Ethics Hours									
Break	15 min Break, Visit Exhibits (Windgate Hall) or Self-Care & Resiliency Room (Parasol I)									
10:15 A – 11:45 A 90 min	Serving Those Who Serve Rachael Fields, MSW, LCSW	Teaching Bullying Prevention Strategies to School-Aged Youth Kristen Myers, MS	Thinking Outside the [Felony] Box Brittany Peterson, BA, OWDS, OERS, ERS-CJ and Tracy Kirksey	Etiologies of Substance Use Disorder John Airstman, PsyD, LPC	Gender 201: Rethinking Gender and Identity Tyler McClain, MSW and Maria Whitter, MSW, LCSW, CEAP, SAP	Using Self-Care Skills to Relieve Adverse Effects of Toxic Stress and Trauma – a Mind-Body Skills Approach Thomas Kuciejczyk- Kernan, MD and Rajeev John, MSW, LCSW	Improving the Effectiveness of Psychotherapy: An Evidence-Based Approach Bob Bertolino, PhD, LPC, LMFT, NCC, CRC, AAMFT, NBCCH	Stress, Burnout and Self-Care for the Helping Profession Shari Scott, MA, LPC, LCPC, NCC, CISD	What I Have Done Does Not Define Who I Am: Helping Clients Process What They Have Done, Part 1 Nathan Honeycutt, MSC	Implementing the Principles of Supported Employment David Lynde, MSW, LICSW
11:45 A – 12:45 P	Buffet Style Lunch – Windgate Hall									
12:45 P – 2:15 P 90 min	Ancient Stories for Modern Healing of Warriors David Strabala, MSW, LCSW	It’s Complicated: Teens, Technology and Relationships Kaleigh Cornelison, BA, MSW, LCSW	Michael’s Game: Intervention for Delusional Thought in a Long Term Forensic Setting Kathryn Thumann, MSW, KaeLee Newton, MS, and Mark Felchlia	Disconnection and Substance Use Justin Puch, MA	Cultural & Clinical Competence in Work with Transgender Clients Stephanie Mott, MSW	Healing Trauma Through the Body: An Introduction to Somatic Experiencing Rebecca Ehrke, PsyD	Helping Couples Overcome Infidelity: Treatment Strategies and Interventions Angela Skurtu, MEd, LMFT	Self-Care is NOT Selfish: Creative Tools for Transforming Compassion Fatigue and Vicarious Trauma Kay Glidden, MS and Beth Reynolds Lewis, BS	What I Have Done Does Not Define Who I Am: Helping Clients Process What They Have Done, Part 2 Nathan Honeycutt, MSC	Supported Employment Stages of Change and Motivational Strategies David Lynde, MSW, LICSW
Break	Snack Break 15 minutes, Visit Exhibits (Windgate Hall) or Self-Care & Resiliency Room (Parasol I)									
2:30 P – 4:00 P 90 min	Post Traumatic Growth and Veterans Craig McAndrew, MA, LPC, LCAC	In the Aftermath of Loss and Suicide Shari Scott, MA, LPC, LCPC, NCC, CISD	Coloring Outside the Lines: Using Creative Therapies with Difficult Clients in a Forensic Environment Nena Kircher, PsyD	Access to Recovery (ATR) Legacy to the Future Mark Shields, MEd, LPC, CRAADC and Rev. Ladell Flowers, MEd	Transgender Youth – Understanding and Treating Dean Rosen, PsyD	Best Practices in Providing Trauma- Informed Care to Women in Institutional Treatment Kyra Haney, MA	Mindfulness and Emotional Regulation in Personality and Dissociative Disorders Robert Cox, MA, LPC, NCC	Energy Management and Self-Care for Therapists Karolyn Senter, MEd, PhD	Strategies for Helping People to Connect to Enduring, Positive Relationships David Pitonyak, PhD	Developing an Agency Culture for Employment David Lynde, MSW, LICSW
Break	5 min Break									
4:05 P – 5:05 P 60 min	Ours is a Social Brain David Pitonyak, PhD Salon A			Proven Ways to Incorporate Client Health & Wellness into Your Work with Difficult Cases Jeremy Lotz, MA, LPC, NCC Salon B			Assessing, Intervening, and Managing Suicide Risk in Schools (AIMSS): preliminary findings from a qualitative assessment of school preparedness to prevent and respond to suicide Ryan Lindsay, MSW, LCSW			

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