

Missouri Department of Mental Health's Spring Training Institute SCHEDULE | Thursday, May 31st – Friday, June 1st, 2018 | Tan-Tar-A Resort

Thursday May 31st	Peer Specialists / Support	Children, Youth and Family	Intellectual / Developmental Disabilities	Opioid Crisis / Medication Assisted Treatment (MAT)	Ethics	Trauma	Prevention, Interventions and Treatment	Wellness	Professional Development / Miscellaneous
6:45 A – 7:45 A	Conference Registration, Breakfast, Visit Exhibits – Windgate Hall								
7:45 A – 8:45 A 60 min	<p align="center">Keynote Address "I'm a Real Girl/Boy, Not a Broken Toy": Inviting the Disconnected Child Back into Humanity Liz Hunter Salon A/B/C</p>								
8:45 A – 9:45 A 60 min	<p align="center">The Path of Recovery: One Story at a Time Regi Carpenter Salon A/B/C</p>								
Break	30 min Break, Visit Exhibits or Self-Care Station								
10:15 A – 11:45 A 90 min	<p>Title Pending – Changes to Peer Support Certification Scott Breedlove, MS, CPS, MARS</p>	<p>Easier Together: Providing Family-Centered Care for Pregnant and Postpartum Women with Substance Use Disorders Pat Stilen, MSW and Sarah Knopf-Amelung, MA-R</p>	<p>Inclusive Education – A Look at Beliefs, Values and Attitudes Rachel Morgan, Ed.D, CAS</p>	<p>Missouri's State Targeted Response to the Opioid Crisis and the Implementation of the 'Medication First' Treatment Model Rachel Winograd, PhD</p>	<p>How will Ethical Boundaries Aid Me as a Professional? Shane Young, MSW</p>	<p>Understanding Family Trauma Dena Sneed, OTR/L and Rev. Roxanne Pendleton, MDiv</p>	<p>Empowerment Relative to Common Challenges to Promote Recovery and Resiliency Paul Grant, PhD</p>	<p>The Human Side of Severe Psychopathology: Improving Morale and Meaning for Inpatient Clients within Long Term Care Psychiatric Settings Lisa Parker Scott, PhD and Katherine Arenella</p>	<p>The Missouri Eating Disorders Council's Toolkit for Eating Disorders, Screening, Prevention and Treatment Ellen Fitzsimmons-Craft, PhD and Marie-Laure Firebaugh, LMSW</p>
11:45 A – 12:45 P	Buffet Style Lunch – Windgate Hall								
12:45 P – 1:45 P 60 min	<p>Promoting Recovery, Resiliency, and Flourishing with Recovery-Oriented Cognitive Therapy Paul Grant, PhD</p>	<p>Overview of Supported Employment and Education Principles & ACT/TAY Services Integration in Missouri David Lynde, MSW, LICSW</p>		<p>Storytelling as a Therapeutic Tool in Childhood, Adult and Family Bereavement Regi Carpenter</p>		<p>When the Titanic Meets the Iceberg: Addressing the Trauma Underneath Mental Illness, Substance Use Disorders, Criminality and Self-harming Behavior Mark Sanders, LCSW, CADC</p>		<p>Move, Play & Heal with Clients Jennie Bedsworth, LCSW and Peter Brown, LMSW Self-Care & Resiliency Room *Session Seating Limited to 25</p>	
Break	Snack Break 15 minutes, Visit Exhibits or Self-Care Station								
2:00 P – 3:30 P 90 min	<p>Family Support Provider/Peer Support Specialist and How They Can Help Tanya Fongemie and Bethann Berry, MA, QMHP</p>	<p>The Role of Trauma Informed Care in Child Abuse and Neglect Prevention Lindsay Kyonka, MSW</p>	<p>Effective Strategies, Tips and Considerations to Use When Providing Employment Services for People with Co-existing ID/DD and Mental Health Challenges David Lynde, MSW, LICSW</p>	<p>Overdose Education and Naloxone Distribution, Train the Trainer Model Nicole Browning, MA, LPC and Brandon Costonison</p>	<p>Wellness: Your Ethical Responsibility Lia Jennings, PhD, MSW, LCSW and Michael Perkins, MSW, LCSW</p>	<p>Traumatic Grief: How it Manifests Itself, Coping Strategies, and the Effect on Individuals and Communities Peggy Tyson, MEd, LPC, NBCCH</p>	<p>Effective Co-Occurring Disorders Treatment Mark Sanders, LCSW, CADC</p>	<p>Outside the Box: Incorporating evidence-based, non-pharmacological strategies in the clinical setting Leasa Weghorst, MEd, PLPC, RN</p>	<p>Motivational Interviewing in Groups Scott Kerby, MA, LPC</p>
Break	5 min Break								
3:35 P – 5:05 P 90 min	<p>Living with Mental Illness: Inspired by Life Caroline Cooper, MS, CMPS</p>	<p>Special Considerations for Working with Children of Adoption Sara Schmitz, MEd, LPC</p>	<p>Best Practices in Providing Psychological Feedback to Consumers Cla Stearns, PhD and Mardis Dunham, PhD</p>	<p>Medication First: Response to a National Crisis Clif Johnson, CRAADC, Dan Adams, Suneal Menzies, Janice Bunch, MA, LPC and Samantha Tracy, MA, LPC</p>	<p>Ethics in Mental Health Justin Bennett, MSW, LCSW</p>	<p>The Neuroscience of Trauma and the 6 R's of Effective Therapeutic Interventions Keith Bishop, MS and Leslie Wiss, MA</p>	<p>Preventing Youth Suicide in Missouri: Effectiveness of a Hospital, School and Community Mental Health Center Collaboration in Kansas City Elizabeth Sale, PhD, Stacey Williams, LMSW, Kirsti Millar and Kelsey Prather</p>	<p>Understanding the Impact of Chronic Health Conditions on Cognitive Function and Recovery Jodi Heaps-Woodruff, PhD</p>	<p>TEAMwork Makes the Dream Work: Building a High Performing Leadership Team Angela Tate, MEd, LPC, Bart Andrews, PhD Pat Coleman, MBA</p>

NBCC: Not approved for NBCC if session includes X

NASW: Not approved for NASW if session includes ≠

450 mins | 7.5 Clock | 9 Contact

Missouri Department of Mental Health's Spring Training Institute SCHEDULE | Thursday, May 31st – Friday, June 1st, 2018 | Tan-Tar-A Resort

Friday June 1st	Military / Veterans	Children, Youth and Family	Forensics / Criminal Justice	Substance Use Disorders / Science of Addiction	Gender Identity	Trauma	Prevention, Interventions and Treatments	Self-Care	Miscellaneous	Supported Employment
6:45 A – 7:45 A	Conference Registration, Breakfast, Visit Exhibits – Windgate Hall									
7:45 A – 8:45 A 60 min	<p align="center">Keynote Address The Child is Father of the Man: Neurobiological Crossroads of Trauma, Addiction & Mood Disorders Christopher La Tourette La Riche, MD Salon A/B/C</p>									
8:45 A – 10:00 A 60 min	<p align="center">Awards DMH and 8 Principles Which Guide Ethical Decision Making in the Clinical Relationship Mark Sanders, LCSW, CADC Salon A/B/C</p>									
Break	15 min Break, Visit Exhibits or Self-Care Station									
10:15 A – 11:45 A 90 min	Serving Those Who Serve Rachael Fields, MSW	Teaching Bullying Prevention Strategies to School-Aged Youth Kristen Myers, MS	Thinking Outside the [Felony] Box Brittany Peterson, BA and Tracy Kirksey	Etiologies of Substance Use Disorder John Airsman, PsyD, LPC	Gender 201: Rethinking Gender and Identity Tyler McClain, MSW and Maria Whitter, MSW, LCSW, CEAP, SAP	Using Self-Care Skills to Relieve Adverse Effects of Toxic Stress and Trauma – a Mind-Body Skills Approach Thomas Kuciejczyk-Kernan, MD and Rajeev John, MSW, LCSW	Improving the Effectiveness of Psychotherapy: An Evidence-Based Approach Bob Bertolino, PhD	Self-Care is NOT Selfish: Creative Tools for Transforming Compassion Fatigue and Vicarious Trauma Kay Glidden, MS and Beth Reynolds Lewis, BS	What I Have Done Does Not Define Who I Am: Helping Clients Process What They Have Done, Part 1 Nathan Honeycutt, MSC	Implementing the Principles of Supported Employment David Lynde, MSW, LCSW
11:45 A – 12:45 P	Buffet Style Lunch – Windgate Hall									
12:45 P – 2:15 P 90 min	Ancient Stories for Modern Healing of Warriors David Strabala, MSW	It's Complicated: Teens, Technology and Relationships Kaleigh Cornelison, BA, MSW, LCSW	Michael's Game: Intervention for Delusional Thought in a Long Term Forensic Setting Kathryn Thumann, MSW, Kaelee Newton, and Mark Felchlia	Disconnection and Substance Use Justin Puch, MA	Cultural & Clinical Competence in Work with Transgender Clients Stephanie Mott, MSW	Healing Trauma Through the Body: An Introduction to Somatic Experiencing Rebecca Ehrke, PsyD	Helping Couples Overcome Infidelity: Treatment Strategies and Interventions Angela Skurtu, MEd	Stress, Burnout and Self-Care for the Helping Profession Shari Scott, MA	What I Have Done Does Not Define Who I Am: Helping Clients Process What They Have Done, Part 2 Nathan Honeycutt, MSC	Supported Employment Stages of Change and Motivational Strategies David Lynde, MSW, LCSW
Break	Snack Break 15 minutes, Visit Exhibits or Self-Care Station									
2:30 P – 4:00 P 90 min	Post Traumatic Growth and Veterans Craig McAndrew, MA, LPC, LCAC	In the Aftermath of Loss and Suicide Shari Scott, MA	Coloring Outside the Lines: Using Creative Therapies with Difficult Clients in a Forensic Environment Nena Kircher, PsyD	Access to Recovery (ATR) Legacy to the Future Mark Shields, MEd and Rev. Ladell Flowers, MEd	Transgender Youth – Understanding and Treating Dean Rosen, PsyD	Best Practices in Providing Trauma-Informed Care to Women in Institutional Treatment Micah Brown, MA, LPC and Kyra Haney, MA	Mindfulness in the Treatment of Dissociative and Personality Disorders Robert Cox, MA, LPC, NCC	Energy Management and Self-Care for Therapists Karolyn Senter, MEd, PhD	Strategies for Helping People to Connect to Enduring, Positive Relationships David Pitonyak, PhD	Developing an Agency Culture for Employment David Lynde, MSW, LCSW
Break	5 min Break									
4:05 P – 5:05 P 60 min	Ours is a Social Brain David Pitonyak, PhD Salon A			Proven Ways to Incorporate Client Health & Wellness into Your Work with Difficult Cases Jeremy Lotz, MA, LPC, NCC Salon B				Assessing, Intervening, and Managing Suicide Risk in Schools (AIMSS): preliminary findings from a qualitative assessment of school preparedness to prevent and respond to suicide Ryan Lindsay, MSW, LCSW		

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