

Missouri Department of Mental Health’s Spring Training Institute SCHEDULE | Thursday, May 31st – Friday, June 1st, 2018 | Tan-Tar-A Resort

| Thursday May 31st | Peer Specialists / Support | Children, Youth and Family | Intellectual / Developmental Disabilities | Opioid Crisis / Medication Assisted Treatment (MAT) | Ethics | Trauma | Prevention, Interventions and Treatment | Wellness | Professional Development / Miscellaneous |
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| 6:45 A – 7:45 A | Conference Registration, Breakfast, Visit Exhibits – Windgate Hall | | | | | | | | |
| 7:45 A – 8:45 A 60 min | Keynote Address “I’m a Real Girl/Boy, Not a Broken Toy”: Inviting the Disconnected Child Back into Humanity Liz Hunter Salon A/B/C | | | | | | | | |
| 8:45 A – 9:45 A 60 min | The Path of Recovery: One Story at a Time Regi Carpenter Salon A/B/C | | | | | | | | |
| Break | 30 min Break, Visit Exhibits or Self-Care Station | | | | | | | | |
| 10:15 A – 11:45 A 90 min | Title Pending - Changes to Peer Support Certification Scott Breedlove, MS, CPS, MARS | Easier Together: Providing Family-Centered Care for Pregnant and Postpartum Women with Substance Use Disorders Pat Stilen, MSW and Sarah Knopf-Amelung, MA-R | Inclusive Education – A Look at Beliefs, Values and Attitudes Rachel Morgan, Ed.D, CAS | Missouri’s State Targeted Response to the Opioid Crisis and the Implementation of the ‘Medication First’ Treatment Model Rachel Winograd, PhD | How will Ethical Boundaries Aid Me as a Professional? Shane Young, MSW | Understanding Family Trauma Dena Sneed, OTR/L and Rev. Roxanne Pendleton, MDiv | Empowerment Relative to Common Challenges to Promote Recovery and Resiliency Paul Grant, PhD | The Human Side of Severe Psychopathology: Improving Morale and Meaning for Inpatient Clients within Long Term Care Psychiatric Settings Lisa Parker Scott, PhD and Katherine Arenella | The Missouri Eating Disorders Council’s Toolkit for Eating Disorders, Screening, Prevention and Treatment Ellen Fitzsimmons-Craft, PhD and Marie-Laure Firebaugh, LMSW |
| 11:45 A – 12:45 P | Buffet Style Lunch – Windgate Hall | | | | | | | | |
| 12:45 P – 1:45 P 60 min | Promoting Recovery, Resiliency, and Flourishing with Recovery-Oriented Cognitive Therapy Paul Grant, PhD | | Overview of Supported Employment and Education Principles & ACT/TAY Services Integration in Missouri David Lynde, MSW, LICSW | | Storytelling as a Therapeutic Tool in Childhood, Adult and Family Bereavement Regi Carpenter | | When the Titanic Meets the Iceberg: Addressing the Trauma Underneath Mental Illness, Substance Use Disorders, Criminality and Self-harming Behavior Mark Sanders, LCSW, CADC | | Move, Play & Heal with Clients Jennie Bedsworth, LCSW and Peter Brown, LMSW Self-Care & Resiliency Room *Session Seating Limited to 25 |
| Break | Snack Break 15 minutes, Visit Exhibits or Self-Care Station | | | | | | | | |
| 2:00 P – 3:30 P 90 min | Family Support Provider/Peer Support Specialist and How They Can Help Tanya Fongemie and Bethann Berry, MA, QMHP | The Role of Trauma Informed Care in Child Abuse and Neglect Prevention Lindsay Kyonka, MSW | Effective Strategies, Tips and Considerations to Use When Providing Employment Services for People with Co-existing ID/DD and Mental Health Challenges David Lynde, MSW, LICSW | Overdose Education and Naloxone Distribution, Train the Trainer Model Nicole Browning, MA, LPC and Brandon Costerison | Wellness: Your Ethical Responsibility Lia Jennings, PhD, MSW, LCSW and Michael Perkins, MSW, LCSW | Traumatic Grief: How it Manifests Itself, Coping Strategies, and the Effect on Individuals and Communities Peggy Tyson, MEd, LPC, NBCCH | Effective Co-Occurring Disorders Treatment Mark Sanders, LCSW, CADC | Outside the Box: Incorporating evidence- based, non- pharmacological strategies in the clinical setting Leasa Weghorst, MEd, PLPC, RN | Motivational Interviewing in Groups Scott Kerby, MA, LPC |
| Break | 5 min Break | | | | | | | | |
| 3:35 P – 5:05 P 90 min | Living with Mental Illness: Inspired by Life Caroline Cooper, MS, CMPS | Special Considerations for Working with Children of Adoption Sara Schmitz, MEd, LPC | Best Practices in Providing Psychological Feedback to Consumers Cla Stearns, PhD and Mardis Dunham, PhD | Medication First: Response to a National Crisis Clif Johnson, CRAADC, Dan Adams, Suneal Menzies, Janice Bunch, MA, LPC and Samantha Tracy, MA, LPC | Ethics in Mental Health Justin Bennett, MSW, LCSW | The Neuroscience of Trauma and the 6 R’s of Effective Therapeutic Interventions Keith Bishop, MS and Leslie Wiss, MA | Preventing Youth Suicide in Missouri: Effectiveness of a Hospital, School and Community Mental Health Center Collaboration in Kansas City Elizabeth Sale, PhD, Stacey Williams, LMSW, Kirsti Millar and Kelsey Prather | Understanding the Impact of Chronic Health Conditions on Cognitive Function and Recovery Jodi Heaps-Woodruff, PhD | TEAMwork Makes the Dream Work: Building a High Performing Leadership Team Angela Tate, MEd, LPC, Bart Andrews, PhD Pat Coleman, MBA |