

**Missouri Department of Mental Health's Spring Training Institute SCHEDULE | Thursday, May 31<sup>st</sup> – Friday, June 1<sup>st</sup>, 2018 | Tan-Tar-A Resort**

Thursday May 31st	Peer Specialists / Support	Children, Youth and Family	Intellectual / Developmental Disabilities	Opioid Crisis / Medication Assisted Treatment (MAT)	Ethics	Trauma	Prevention, Interventions and Treatment	Wellness	Professional Development / Miscellaneous
6:45 A – 7:45 A	Conference Registration, Breakfast, Visit Exhibits – Windgate Hall								
7:45 A – 8:45 A 60 min	Keynote Address “I’m a Real Girl/Boy, Not a Broken Toy”: Inviting the Disconnected Child Back into Humanity Liz Hunter Salon A/B/C								
8:45 A – 9:45 A 60 min	Recover: One Story at a Time Regi Carpenter   Salon A/B/C								
<b>Break</b>	30 min Break, Visit Exhibits or Self-Care Station								
10:15 A – 11:45 A 90 min	Title Pending - Changes to Peer Support Certification Lexy Thompson, LPC, NCC Additional Speaker Additional Speaker	Easier Together: Providing Family-Centered Care for Pregnant and Postpartum Women with Substance Use Disorders Pat Stilen, MSW and Sarah Knopf-Amelung, MA-R	Inclusive Education – A Look at Beliefs, Values and Attitudes Rachel Morgan, Ed.D, CAS	Title Pending - Medication First Model Overview of product avail Opioid STR Rachel Winograd, PhD	How will Ethical Boundaries Aid Me as a Professional? Shane Young, MSW	Understanding Family Trauma Dena Sneed, OTR/L and Rev. Roxanne Pendleton, MDiv	Title Pending Paul Grant, PhD	The Human Side of Severe Psychopathology: Improving Morale and Meaning for Inpatient Clients within Long Term Care Psychiatric Settings Lisa Parker Scott, PhD and Katherine Arenella,	The Missouri Eating Disorders Council’s Toolkit for Eating Disorders, Screening, Prevention and Treatment Ellen Fitzsimmons-Craft, PhD and Marie-Laure Firebaugh, LMSW
11:45 A – 12:45 P	Buffet Style Lunch – Windgate Hall								
12:45 P – 1:45 P 60 min	“Schizophrenia Related Recovery” Title Pending Paul Grant, PhD	Supported Employment – Title and Speaker Pending David Lynde	Time and Date Pending - Assessing, Intervening, and Managing Suicide Risk in Schools (AIMSS): preliminary findings from a qualitative assessment of school preparedness to prevent and respond to suicide Ryan Lindsay, MSW, LCSW	Storytelling as a Therapeutic Tool in Childhood, Adult and Family Bereavement Regi Carpenter			When the Titanic Meets the Iceberg: Addressing the Trauma Underneath Mental Illness, Substance Use Disorders, Criminality and Self-harming Behavior Mark Sanders, LCSW, CADC		
<b>Break</b>	Snack Break 15 minutes, Visit Exhibits or Self-Care Station								
2:00 P – 3:30 P 90 min	Family Support Provider/Peer Support Specialist and How They Can Help Tanya Fongemie and Bethann Berry	The Role of Trauma Informed Care in Child Abuse and Neglect Prevention Lindsay Kyonka, MSW	Title and Speaker Pending - Supported Employment with ID/DD Population David Lynde	Overdose Education and Naloxone Distribution, Train the Trainer Model Nicole Browning, MA, LPC and Brandon Costerison	Wellness: Your Ethical Responsibility Lia Jennings, PhD, MSW, LCSW and Michael Perkins, MSW, LCSW	Traumatic Grief: How it Manifests Itself, Coping Strategies, and the Effect on Individuals and Communities Peggy Tyson, MEd, LPC, NBCCH	Effective Co-Occurring Disorders Treatment Mark Sanders, LCSW, CADC	Outside the Box: Incorporating evidence-based, non-pharmacological strategies in the clinical setting Leasa Weghorst, MEd, PLPC, RN	Motivational Interviewing in Groups Scott Kerby, MA
<b>Break</b>	5 min Break								
3:35 P – 5:05 P 90 min	Living with Mental Illness: Inspired by Life Caroline Cooper, MS, CMPS	Special Considerations for Working with Children of Adoption Sara Schmitz, MEd, LPC	Cla Stearns, PhD and Mardis Dunham, PhD	Title Pending - OUD Treatment and Medication Assisted Treatment Agency Implementation Clif Johnson, CRAADC, Dan Adams, Suneal Menzies, Janice Bunch, MA and Samantha Tracy, MA, LPC	Ethics in Mental Health Justin Bennett, MSW	The Neuroscience of Trauma and the 6 R's of Effective Therapeutic Interventions Keith Bishop, MS and Leslie Wiss, MA	Title Pending - Show Me Zero Youth Suicide Prevention Program Elizabeth Sale, PhD, Stacey Williams, ReDiscover staff person and Tri-County Mental Health Services staff person	Understanding the Impact of Chronic Health Conditions on Cognitive Function and Recovery Jodi Woodruff, PhD	TEAMwork Makes the Dream Work: Building a High Performing Leadership Team Angela Tate, MEd, LPC, Bart Andrews, PhD Pat Coleman, MBA

NBCC: Not approved for NBCC if session includes X

NASW: Not approved for NASW if session includes ‡

450 mins | 7.5 Clock | 9 Contact

**Missouri Department of Mental Health's Spring Training Institute SCHEDULE | Thursday, May 31<sup>st</sup> – Friday, June 1<sup>st</sup>, 2018 | Tan-Tar-A Resort**

Friday June 1st	Military / Veterans	Children, Youth and Family	Forensics / Criminal Justice	Substance Use Disorders / Science of Addiction	Gender Identity	Trauma	Prevention, Interventions and Treatments	Self-Care	Miscellaneous
6:45 A – 7:45 A	Conference Registration, Breakfast, Visit Exhibits – Windgate Hall								
7:45 A – 8:45 A 60 min	Keynote Address <b>Pending</b> Salon A/B/C								
8:45 A – 9:45 A 60 min	Awards DMH and <b>Title Pending - Ethics</b> Mark Sanders, LCSW, CADC   Salon A/B/C								
<b>Break</b>	30 min Break, Visit Exhibits or Self-Care Station								
10:15 A – 11:45 A 90 min	<b>Title Pending - Suicide Prevention in the Military</b> Rachael Fields, MSW	Teaching Bullying Prevention Strategies to School-Aged Youth Kristen Myers, MS	Thinking Outside the [Felony] Box Brittany Peterson, BA and Tracy Kirksey	Etiologies of Substance Use Disorder John Airsman, PsyD, LPC	Gender 201: Rethinking Gender and Identity Tyler McClain, MSW and Maria Whitter, MSW, LCSW, CEAP, SAP	Using Self-Care Skills to Relieve Adverse Effects of Toxic Stress and Trauma – a Mind-Body Skills Approach Thomas Kuciejczyk-Kernan, MD and Rajeev John, MSW, LCSW	Improving the Effectiveness of Psychotherapy: An Evidence-Based Approach Bob Bertolino, PhD	Self-Care is NOT Selfish: Creative Tools for Transforming Compassion Fatigue and Vicarious Trauma Kay Glidden, MS and Beth Reynolds Lewis, BS	What I Have Done Does Not Define Who I Am: Helping Clients Process What They Have Done, Part 1 Nathan Honeycutt, MSC
11:45 A – 12:45 P	Buffet Style Lunch – Windgate Hall								
12:45 P – 2:15 P 90 min	Ancient Stories for Modern Healing of Warriors David Strabala, MSW	It's Complicated: Teens, Technology and Relationships Kaleigh Cornelison, BA, MSW, LCSW	Michael's Game: Intervention for Delusional Thought in a Long Term Forensic Setting Kathryn Thumann, MSW, Kaelee Newton, and Mark Felchlia	Disconnection and Substance Use Justin Puch, MA	Cultural & Clinical Competence in Work with Transgender Clients Stephanie Mott, MSW	Healing Trauma Through the Body: An Introduction to Somatic Experiencing Rebecca Ehrke, PsyD	Helping Couples Overcome Infidelity: Treatment Strategies and Interventions Angela Skurtu, MEd	Stress, Burnout and Self-Care for the Helping Profession Shari Scott, MA	What I Have Done Does Not Define Who I Am: Helping Clients Process What They Have Done, Part 2 Nathan Honeycutt, MSC
<b>Break</b>	Snack Break 15 minutes, Visit Exhibits or Self-Care Station								
2:30 P – 4:00 P 90 min	<b>Title Pending</b> Craig McAndrew, MA	In the Aftermath of Loss and Suicide Shari Scott, MA	Coloring Outside the Lines: Using Creative Therapies with Difficult Clients in a Forensic Environment Nena Kircher, PsyD	Access to Recovery (ATR) Legacy to the Future Mark Shields, MEd and Ladell Flowers, MEd	Transgender Youth – Understanding and Treating Dean Rosen, PsyD	Best Practices in Providing Trauma-Informed Care to Women in Institutional Treatment Micha Brown, MA and Kyra Haney, MA	Mindfulness in the Treatment of Dissociative and Personality Disorders Robert Cox, MA, LPC, NCC <b>*NASW</b>	Energy Management and Self-Care for Therapists Karolyn Senter, MEd, PhD	<b>Title Pending</b> David Pitonyak, PhD
<b>Break</b>	5 min Break								
4:05 P – 5:05 P 60 min	The Social Brain – <b>Title Pending</b> David Pitonyak, PhD Salon A			Proven Ways to Incorporate Client Health & Wellness into Your Work with Difficult Cases Jeremy Lotz, MA Salon B			<b>Pending - Redefining Empathy: An Approach to Teaching General Empathy to Violent Sexual Offenders</b> Nena Kircher, PsyD Salon C		

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