

Missouri Department of Mental Health's Spring Training Institute SCHEDULE | Thursday, May 31st – Friday, June 1st, 2018 | Tan-Tar-A Resort

| Thursday May 31st | Peer Specialists / Support | Children, Youth and Family | Intellectual / Developmental Disabilities | Opioid Crisis / Medication Assisted Treatment (MAT) | Ethics | Trauma | Prevention, Interventions, Treatment | Wellness | Professional Development / Miscellaneous |
|-----------------------------|---|---|--|--|--|--|---|---|--|
| 6:45 A – 7:45 A | Conference Registration, Breakfast, Visit Exhibits – Windgate Hall | | | | | | | | |
| 7:45 A – 8:45 A 60 min | Keynote Address “I’m a Real Girl/Boy, Not a Broken Toy”: Inviting the Disconnected Child Back into Humanity Elizabeth Hunter Salon A/B/C | | | | | | | | |
| 8:45 A – 9:45 A 60 min | Recover: One Story at a Time Regi Carpenter Salon A/B/C | | | | | | | | |
| Break | 30 min Break, Visit Exhibits or Self-Care Station | | | | | | | | |
| 10:15 A – 11:45 A 90 min | Title Pending – Changes to Peer Support Certification Lexy Thompson, LPC, NCC Additional Speaker Additional Speaker | Easier Together: Providing Family-Centered Care for Pregnant and Postpartum Women with Substance Use Disorders Pat Stilen, MSW and Sarah Knopf-Amelung, MA-R | Inclusive Education – A Look at Beliefs, Values and Attitudes Rachel Morgan, MEd | Title Pending – Medication First Model Overview of product avail Opioid STR Rachel Winograd, PhD | How will Ethical Boundaries Aid Me as a Professional? Shane Young, MSW | Understanding Family Trauma Dena Sneed, OTR/L and Rev. Roxanne Pendleton, MDiv | Title and Speaker Pending Paul Grant, PhD | The Human Side of Severe Psychopathology: Improving Morale and Meaning for Inpatient Clients within Long Term Care Psychiatric Settings Lisa Parker Scott, PhD and Katherine Arenella, | Helping Couples Overcome Infidelity: Treatment Strategies and Interventions Angela Skurtu, MED |
| 11:45 A – 12:45 P | Buffet Style Lunch – Windgate Hall | | | | | | | | |
| 12:45 P – 1:45 P 60 min | “Schizophrenia Related Recovery” Title and Speaker Pending Paul Grant, PhD | Supported Employment – Title and Speaker Pending David Lynde | Time and Date Pending - Assessing, Intervening, and Managing Suicide Risk in Schools (AIMSS): preliminary findings from a qualitative assessment of school preparedness to prevent and respond to suicide Ryan Lindsay, MSW, LCSW | | | Storytelling as a Therapeutic Tool in Childhood, Adult and Family Bereavement Regi Carpenter | When the Titanic Meets the Iceberg: Addressing the Trauma Underneath Mental Illness, Substance Use Disorders, Criminality and Self-harming Behavior Mark Sanders, LCSW, CADC | | |
| Break | Snack Break 15 minutes, Visit Exhibits or Self-Care Station | | | | | | | | |
| 2:00 P – 3:30 P 90 min | Family support Provider/Peer Support Specialist and How They Can Help Tanya Fongemie | The Role of Trauma Informed Care in Child Abuse and Neglect Prevention Lindsay Kyonka, MSW | Title and Speaker Pending - Supported Employment with ID/DD Population David Lynde | Overdose Education and Naloxone Distribution, Train the Trainer Model Nicole Browning, MA, LPC and Brandon Costerison, MA? | Wellness: Your Ethical Responsibility Lia Jennings, PhD, MSW, LCSW and Michael Perkins, MSW, LCSW | Traumatic Grief: How it Manifests Itself, Coping Strategies, and the Effect on Individuals and Communities Peggy Tyson, MEd, LPC, NBCCH | Effective Co-Occurring Disorders Treatment Mark Sanders, LCSW, CADC | Outside the Box: Incorporating evidence-based, non-pharmacological strategies in the clinical setting Leasa Weghorst, MEd, PLPC, RN | Motivational Interviewing in Groups Scott Kerby, MA |
| Break | 5 min Break | | | | | | | | |
| 3:35 P – 5:05 P 90 min | Living with Mental Illness: Inspired by Life Caroline Cooper, MS, CMPS | Special Considerations for Working with Children of Adoption Sara Schmitz, MEd, LPC | Cla Stearns, PhD and Mardis Dunham, PhD | Title Pending - OUD Treatment and Medication Assisted Treatment Agency Implementation Clif Johnson, CRAADC, Dan Adams, Suneal Menzies, Janice Bunch, MA and Samantha Tracy, MA, LPC | Ethics in Mental Health Justin Bennett, MSW | The Neuroscience of Trauma and the 6 R's of Effective Therapeutic Interventions Keith Bishop, MS and Leslie Wiss, MA | Title Pending - Show Me Zero Youth Suicide Prevention Program Elizabeth Sale, PhD, Stacey Williams, ReDiscover staff person and Tri-County Mental Health Services staff person | Understanding the Impact of Chronic Health Conditions on Cognitive Function and Recovery Jodi Woodruff, PhD | TEAMwork Makes the Dream Work: Building a High Performing Leadership Team Angela Tate, MEd, LPC, Bart Andrews, PhD Pat Coleman, MBA |

NBCC: Not approved for NBCC if session includes X

NASW: Not approved for NASW if session includes ‡

450 mins | 7.5 Clock | 9 Contact

Missouri Department of Mental Health's Spring Training Institute SCHEDULE | Thursday, May 31st – Friday, June 1st, 2018 | Tan-Tar-A Resort

| Friday June 1st | Military / Veterans | Children, Youth and Family | Forensics / Criminal Justice | Substance Use Disorders / Science of Addiction | Gender Identity | Trauma | Prevention, Interventions and Treatments | Self-Care | Miscellaneous |
|-----------------------------|--|--|---|---|--|---|---|--|---|
| 6:45 A – 7:45 A | | | | | | | | | Conference Registration, Breakfast, Visit Exhibits – Windgate Hall |
| 7:45 A – 8:45 A 60 min | | | | | Keynote Address Pending Salon A/B/C | | | | |
| 8:45 A – 9:45 A 60 min | | | | | Awards DMH and Title Pending - Ethics Mark Sanders Salon A/B/C | | | | |
| Break | | | | | 30 min Break, Visit Exhibits or Self-Care Station | | | | |
| 10:15 A – 11:45 A 90 min | Title Pending - Suicide Prevention in the Military Rachael Fields, MSW | Teaching Bullying Prevention Strategies to School-Aged Youth Kristen Myers, MS | Thinking Outside the [Felony] Box Brittany Peterson, BA and Tracy Kirksey | Etiologies of Substance Use Disorder John Airsman, LPC | Gender 101: Rethinking Gender and Identity Tyler McClain, MSW and Maria Whitter, LCSW, CEAP | Using Self-Care Skills to Relieve Adverse Effects of Toxic Stress and Trauma – a Mind-Body Skills Approach Thomas Kuciejczyk-Kernan, MD and Rajeev John, MSW, LCSW | Improving the Effectiveness of Psychotherapy: An Evidence-Based Approach Bob Bertolino, PhD | Self-Care is NOT Selfish: Creative Tools for Transforming Compassion Fatigue and Vicarious Trauma Kay Glidden, MS and Beth Reynolds Lewis, BS | What I Have Done Does Not Define Who I Am: Helping Clients Process What They Have Done, Part 1 Nathan Honeycutt, MSC |
| 11:45 A – 12:45 P | | | | | | | | | Buffet Style Lunch – Windgate Hall |
| 12:45 P – 2:15 P 90 min | Ancient Stories for Modern Healing of Warriors David Strabala, MSW | It's Complicated: Teens, Technology and Relationships Kaleigh Cornelison, BA, MSW, LCSW | Michael's Game: Intervention for Delusional Thought in a Long Term Forensic Setting Kathryn Thumann, MSW, Kaelee Newton, and Mark Felchlia | Disconnection and Substance Use Justin Puch, MA | Cultural & Clinical Competence in Work with Transgender Clients Stephanie Mott, MSW | Healing Trauma Through the Body: An Introduction to Somatic Experiencing Rebecca Ehrke, PsyD | The Missouri Eating Disorders Council's Toolkit for Eating Disorders, Screening, Prevention and Treatment Ellen Fitzsimmons-Craft, PhD and Marie-Laure Firebaugh, LMSW | Stress, Burnout and Self-Care for the Helping Profession Shari Scott, MA | What I Have Done Does Not Define Who I Am: Helping Clients Process What They Have Done, Part 2 Nathan Honeycutt, MSC |
| Break | | | | | | | | | Snack Break 15 minutes, Visit Exhibits or Self-Care Station |
| 2:30 P – 4:00 P 90 min | Title Pending Craig McAndrew, MA | In the Aftermath of Loss and Suicide Shari Scott, MA | Coloring Outside the Lines: Using Creative Therapies with Difficult Clients in a Forensic Environment Nena Kircher, PsyD | Access to Recovery (ATR) Legacy to the Future Mark Shields, MEd | Transgender Youth – Understanding and Treating Dean Rosen, PsyD | Best Practices in Providing Trauma-Informed Care to Women in Institutional Treatment Micha Brown, MA and Kyra Haney, MA | Mindfulness in the Treatment of Dissociative and Personality Disorders Robert Cox, MA, LPC, NCC *NASW | Energy Management and Self-Care for Therapists Karolyn Senter, MEd, PhD | Title Pending David Pitonyak, PhD |
| Break | | | | | | | | | 5 min Break |
| 4:05 P – 5:05 P 60 min | The Social Brain – Title Pending David Pitonyak, PhD Salon A | | | Proven Ways to Incorporate Client Health & Wellness into Your Work with Difficult Cases Jeremy Lotz, MA Salon B | | | Pending - Redefining Empathy: An Approach to Teaching General Empathy to Violent Sexual Offenders Nena Kircher, PsyD Salon C | | |

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