

Mid-America (HHS Region 7)
ATTC Addiction Technology Transfer Center Network
 Funded by Substance Abuse and Mental Health Services Administration



Missouri Spring Training Institute
 June 1-2, 2017 / Lake of the Ozarks, MO

Behavioral Health is Essential to Health | Treatment in Motion | Treatment in Motion | People First

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Trauma-informed Care Approach to Working with the LGBTQIA Population
 Friday, June 2, 2017 / 2:15 – 3:45 p.m.

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A – C – T

- **A – act, take action, apply new learning**
- **C – change something: a behavior, a way of thinking, a policy**
- **T – talk about what you learned with others, transfer information and ideas**

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2012 - 2017 ATTC Network Regional Centers



Iowa, Kansas, Missouri, Nebraska

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LGBTQIA Terminology

- **Gender identity:** A person's internal sense of being male, female, or something else. Since gender identity is internal, one's gender identity is not necessarily visible to others.
- **Bigender:** A person whose gender identity encompasses both male and female genders. Some may feel that one identity is stronger, but both are present.
- **Cisgender:** Denoting or relating to a person whose self-identity conforms with the gender that corresponds to their biological sex; not transgender; a person born female identifies as female; a person born male identifies as male.
- **Gender non-conforming:** not living or acting based on the sex one is assigned at birth; not following other people's ideas or stereotypes about how one should look or act

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LGBTQIA Terminology

- **Transgender:** An umbrella term used to describe a person whose gender identity and/or expression is different from that typically associated with their assigned sex at birth.
- **Transsexual:** A person whose gender identity differs from their assigned sex at birth.
- **Transition:** A term used to describe the process of moving from one gender to another which may be characterized by medical interventions. The process from living as the gender assigned at birth to living as the individual sees and understands self.
- **Trans-woman:** a person born male who identifies as female; male-to-female, MTF. Had or has male body parts, however, identify as female.
- **Trans-man:** a person born female who identifies as male; female-to-male, FTM. Had or has female body parts, however, identify as male.