

Strengths Assessment

Counselor's Name
Debbie M.

Case Manager's Name
Nancy C.

Current Status: What's going on today? What's available now?	Individual's Values, Aspirations: What do I want?	Resources, Personal Social: What have I used in the past?
Daily Living Situation		
43 yrs old, lives in 1-bedroom. - Newly decorated with paintings (flowers) she did. - Debbie runs the bus—likes to cook, maintain apt. well. - She likes how the apt. is close to the bus line and grocery store.	want to stay out of the state hospital want to have "some place to have a cat"	Has been hospitalized 2 times in past. Longest admission 6 months. Has lived in current apt. for 3 months. Previously lived with family. Lived alone in Dallas for 2 years.
Financial/Insurance		
Was ALX—Food stamps. SSI (\$770-\$80 per month). Housing & apartment. Medical card. Family helps out occasionally.	I want to increase my monthly income. I would consider applying for SSI.	Used to save "good money" as a waitress (now occasionally).
Vocational/Educational		
Was employed previously. Spends time painting at home, sells some paintings to people at church. Was GED.	I would like to attend art classes. I want to be a "better parent."	Worked as a waitress for "a couple of years" before onset of illness. Did not like "having to put up with customers' complaints."
Social Supports		
Friend Nancy is very important to her, but she hasn't seen her in 1 year. Family (parents, 2 older sisters) live nearby—they get together about 1x a month for dinner. She talks to her mother (Dad) on the phone 4-5 x a week.	I want to see Nancy. I want to make more friends. I want my family to "understand" me and "believe" me.	Used to "have a lot" of friends. Used to enjoy dancing, and singing in church choir. Her last case manager "really helped" and was very supportive. Used to go to church.