

# Strengths Assessment

Consumer's Name

Debbie M.

Case Manager's Name

Nancy C.

<b>Current Status:</b> What's going on today? What's available now?	<b>Individual's Desires, Aspirations:</b> What do I want?	<b>Resources, Personal Social:</b> What have I used in the past?
<b>Daily Living Situation</b>		
<ul style="list-style-type: none"> <li>• 41 yrs old; lives in 1-bedroom.</li> <li>• Nicely decorated with paintings (flowers) she did.</li> <li>• Debbie uses the bus—likes to cook, maintains apt. well.</li> <li>• She likes how the apt. is close to the bus line and grocery store.</li> </ul>	<ul style="list-style-type: none"> <li>• want to stay out of the state hospital.</li> <li>• want to have “some place to have a cat”</li> </ul>	<ul style="list-style-type: none"> <li>• Has been hospitalized 2 times in past. Longest admission 6 months.</li> <li>• Has lived in current apt. for 5 months.</li> <li>• Previously lived with family.</li> <li>• Lived friend in Dallas for 2 years.</li> </ul>
<b>Financial/Insurance</b>		
<ul style="list-style-type: none"> <li>• Has ADC—Food Stamps.</li> <li>• SSI (\$750.00 per month).</li> <li>• Section 8 apartment.</li> <li>• Medical card.</li> <li>• Family helps out occasionally.</li> </ul>	<ul style="list-style-type: none"> <li>• I want to increase my monthly income.</li> <li>• I would consider applying for SSDI.</li> </ul>	<ul style="list-style-type: none"> <li>• Used to earn “good money” as a waitress (see vocational).</li> </ul>
<b>Vocational/Educational</b>		
<ul style="list-style-type: none"> <li>• Not employed presently.</li> <li>• Spends time painting at home, sells some paintings to people at church</li> <li>• Has GED.</li> </ul>	<ul style="list-style-type: none"> <li>• I would like to attend art classes.</li> <li>• I want to be a “better parent.”</li> </ul>	<ul style="list-style-type: none"> <li>• Worked as a waitress for “a couple of years” before onset of illness. Did not like “having to put up with customers’ complaints.”</li> </ul>
<b>Social Supports</b>		
<ul style="list-style-type: none"> <li>• Friend Nancy is very important to her, but she hasn’t seen her in 1 year.</li> <li>• Family (parents, 2 older sisters) live nearby—they get together about 2x a month for dinner. She talks to her mother (Jane) on the phone 4-5 x a week.</li> </ul>	<ul style="list-style-type: none"> <li>• I want to see Nancy</li> <li>• I want to make more friends.</li> <li>• I want my family to “understand” me and “believe” me.</li> </ul>	<ul style="list-style-type: none"> <li>• Used to “have a lot” of friends.</li> <li>• Used to enjoy dancing, and singing in church choir</li> <li>• Her last case manager “really helped” and was very supportive.</li> <li>• Used to go to church.</li> </ul>