

Strengths Assessment

Consumer's Name
Debbie M.

Case Manager's Name
Nancy C.

Current Status: What's going on today? What's available now?	Individual's Desires, Aspirations: What do I want?	Resources, Personal Social: What have I used in the past?
Daily Living Situation		
<ul style="list-style-type: none"> • 41 yrs old; lives in 1-bedroom. • Nicely decorated with paintings (flowers) she did. • Debbie uses the bus—likes to cook, maintains apt. well. • She likes how the apt. is close to the bus line and grocery store. 	<ul style="list-style-type: none"> • want to stay out of the state hospital. • want to have “some place to have a cat” 	<ul style="list-style-type: none"> • Has been hospitalized 2 times in past. Longest admission 6 months. • Has lived in current apt. for 5 months. • Previously lived with family. • Lived friend in Dallas for 2 years.
Financial/Insurance		
<ul style="list-style-type: none"> • Has ADC—Food Stamps. • SSI (\$750.00 per month). • Section 8 apartment. • Medical card. • Family helps out occasionally. 	<ul style="list-style-type: none"> • I want to increase my monthly income. • I would consider applying for SSDI. 	<ul style="list-style-type: none"> • Used to earn “good money” as a waitress (see vocational).
Vocational/Educational		
<ul style="list-style-type: none"> • Not employed presently. • Spends time painting at home, sells some paintings to people at church • Has GED. 	<ul style="list-style-type: none"> • I would like to attend art classes. • I want to be a “better parent.” 	<ul style="list-style-type: none"> • Worked as a waitress for “a couple of years” before onset of illness. Did not like “having to put up with customers’ complaints.”
Social Supports		
<ul style="list-style-type: none"> • Friend Nancy is very important to her, but she hasn't seen her in 1 year. • Family (parents, 2 older sisters) live nearby—they get together about 2x a month for dinner. She talks to her mother (Jane) on the phone 4-5 x a week. 	<ul style="list-style-type: none"> • I want to see Nancy • I want to make more friends. • I want my family to “understand” me and “believe” me. 	<ul style="list-style-type: none"> • Used to “have a lot” of friends. • Used to enjoy dancing, and singing in church choir • Her last case manager “really helped” and was very supportive. • Used to go to church.