

**Schedule****MO Department of Mental Health's Spring Training Institute****Tan-Tar-A Resort and Conference Center – June 1-2, 2017**

Thursday June 1	Children, Youth and Family	Medication Assisted Treatment (MAT)	Peer Specialists / Support	Wellness	Ethics	Developmental Disabilities	Professional Development	Miscellaneous	Emerging Trends	Self-Care Station Schedule
7 A-5 P	Conference Registration Desk Open – Windgate Hall									
7 A-8 A	Conference Registration, Breakfast, Visit Exhibits – Windgate Hall									
8:00-9:30 Welcome & Keynote Address 90 min	Keynote Address Improving Mental Health: 4 Secrets in Plain Sight L. Sederer, MD  Salon A/B/C									
9:30-10:30 60 min	Weird Science: Subconscious and Epigenetic Drivers of Mental Health Robert Paul, PhD   Salon A/B/C									
10:30-11:30 Super Sessions 60 min	Building Organizational Contexts for Implementing Evidence-Based Treatments R. Lindsay, MSW, LCSW Salon A	My Career in Translational Research: From 1972-Present M. Gold, MD Salon B	Is Anybody Really Listening!?! J. Lotz, MA, LPC Salon C	Community Support and Peer Support: Working Together for Success A. Thompson, MS, LPC Room 60/61	Aroma Freedom (25 seats) S.Mobley, LCSW Parasol I					
11:30-12:30	Buffet Style Lunch – Windgate Hall									
12:30-2:00 Concurrent Sessions 90 min	Parent Management Training: Ev-Based Treatment for ODD & Conduct Disorder A. Anderson, LPC T. Bush, MA S. Stillman, MA, PLPC Salon A	Medication Assisted Treatment: Myths, Facts and Successful Incorporation into Practice A.B. Srivastava, MD Redbud	Building a Haven for Engagement and Recovery: Homeless Outreach & Consumer Operated Programs S. Schwab, MS, LPC M. Herrera, MA Room 74/75	Person Centered Supervision That Works! D. Asher, MSW, LCSW Room 60/61	Beyond Confidentiality: Ethical Considerations in Genetics S. Barton, MSW, LCSW *Ethics Hours Salon C	Behavioral Approaches to Interventions for Individuals with DD P. Boyle, PhD J. Towler, PhD J.Dandurand, PhD Parasol II	Reducing Resistance in Dyadic Conversations: Application in Administrative & Clinical Settings K. Revell, MS R. Revell, MBA Room 76/77 Room 62/63	Proven Strategies to Support Teen Dating Violence Survivors J. Lotz, MA, LPC Room 60/61	What Are They Using Now?! Understanding the Current, Constantly Shifting Drug Trends B. James, MA, LPC Salon B	Self-Serve Activities and Stations Parasol I
2:00-3:30 Concurrent Sessions 90 min	Anxiety Disorders – Are We Doing Enough to Help? T. Dame, MSW, LPN Salon A	Beyond Awareness: Changing systems to reverse the overdose epidemic N. Presnall, MSW, LCSW R. Riley II, MAADC II Redbud	Recovery Works C. White, LPN, CMPS X # Room 74/75	Compassion Fatigue: How Caring for Others Impacts the Professional and the Organization R. Jones, MEd, LPC Salon B	Humans of Behavioral Health: Real People – Real Ethics M. Shields, MEd, LPC S. Breedlove, MS T. Rudder, MSW *Ethics Hours Salon C	Report on Implementation of the Emotion Regulation Skills System for Cognitively Challenged Clients N. Chastain, MSW, LCSW Parasol II	Excellence Algorithm – Bringing Mental Health & Recovery Skills/Values into Key HR Decisions F. Vincenz, PhD Room 76/77 Room 60/61	Welcoming the LGBTQ Population into Your Professional Scope S. Farnan, PsyD Room 62/63	Past, Present and Future Supports for Individuals with Development Disabilities C. Stearns, PhD Room 62/63	Mindfulness Meditation: An Easy and Effective Self- Care Skill (25 seats) C. Peng, PhD (2pm – 3pm) Parasol I
3:30 – 3:45	Break with Snack									
3:45 – 5:15 Concurrent Sessions 90 min	Strategic Interventions for Engaging Resistant Adolescents A. Gregory, MA, NCC, LPC Salon A	Medication Assisted Treatment: Not Just a Safety Net, a Part of Integrated Treatment R. Strait, MS, LPC H. Williams, BS S. Kerby, MA, LPC Redbud	Mental Health Advocacy in the Community J. Becker, AIB X Room 74/75	Mind-Body Medicine in Behavioral Health and Primary Care Settings T. Kuciejczyk- Kernan, MD R. John, MSW, LCSW Room 60/61	Supervision and the Code of Ethics T. Cooley-Bennett, MSW, LCSW C. Cooper, CMPS *Ethics Hours Salon C	Helping Someone on the “Borderline”: Behavioral Strategies for Better Outcomes T. Rodgers, PhD Salon B	Using Social Media to Reach the Underserved Mental Health Population J. Cordray, MA, LPC # Room 76/77	Using Legal Advocacy to Improve Mental Health Outcomes W.P. Mobley, JD Parasol II	Lean Six Sigma in Behavioral Health T. Yates, BS K. Norris, RN, BS F. Vincenz, PhD # Room 62/63	Self-Serve Activities and Stations (7pm-8pm) Relax, Move & Play *non-credit (25 seats) J. Bedsworth, LCSW Parasol I

NBCC: Not approved for NBCC if session includes X

NASW: Not approved for NASW if session includes #

## Schedule

## MO Department of Mental Health's Spring Training Institute

## Tan-Tar-A Resort and Conference Center – June 1-2, 2017

Friday June 2	Children, Youth and Family	Treating the Whole Person	Forensics / Criminal Justice	Wellness	Military / Veterans	Treatment Approaches or Integrated Care	Substance Use Disorders	Miscellaneous	Trauma	Self-Care Station Schedule
7 A – 2 P	Conference Registration Desk Open – Windgate Hall									
7 A – 8 A	Conference Registration, Breakfast, Visit Exhibits – Windgate Hall									
8:00 – 9:30 Keynote Address 90 min	Keynote Address Psychopharmacology: What You Need to Know About Psychiatric Medications J. Wegmann, RPh, LCSW Salon A/B/C									
Self-Serve Activities and Stations Open 8am-3pm Parasol I										
9:30 – 10:30 60 min	Walking Man Movie and Discussion M. Norwine and M. Craft, MAT   Salon A/B/C									
10:30 A – 12 P Concurrent Sessions 90 min	Anxiety Disorders in Children and Adolescents: Identification, Treatment and Prevention C. Maglio, PhD Salon A Room 76/77	Attachment: Effects Across Development and Effective Intervention A. Kiessling- Caver, PhD, LCSW T. Lusby, MEd, LPC Room 76/77	The Re-Examin. of Psychopathy and Antisocial Personality Disorder M. Moore, MA, LPC, NCC R. Colwick, MA, LPC, NCC Salon B	When the Professional Experiences Trauma S. Mobley, MSW, LCSW	Battlemind, Understanding PTSD in Combat Veterans B. Ouellette, MA S. Starkey, MA, LPC #	Beyond Treatment as Usual: The Case for Cognitive Remediation and CET in MO, a report from the field R. Gonzalez, MSW S. Jarvis, MD Room 60/61	Family Therapy for Substance Use Disorders A. Likcani, PhD F. R. Peterson, PhD	Rational Approaches for Medicating Children and Adolescents J. Wegmann, RPh, LCSW	Hiding in Plain Sight: Treatment Considerations for Males Who Have Been Sexually Abused, Part 1 J. Smith, MEd, LPC G. Holtmeyer, MEd # Redbud	Mindfulness Meditation: An Easy and Effective Self-Care Skill (25 seats) C. Peng, PhD (10:30am-11:30am) Parasol I
12:00 – 1:00	Buffet Style Lunch – Windgate Hall									
1:00 – 2:00 Concurrent Sessions 60 min	Develop a Deeper Understanding of Yourself While Internalizing the Emotional Milestones of Young Children S. Zwolak, MEd Room 60/61	Counselors and Probation Officers: Dancing or Wrestling? Tips for Collaborative Practice A. Likcani, PhD L. Burk, BCJ Room 76/77	Treating People with Intellectual Disabilities and Sex Offending Behavior S. Robbins, PhD L. McVay, PsyD Salon B	The Integration of Mindfulness in the Treatment of Addictions, Trauma and Anxiety Disorders R. Cox, MA, PLPC #	Traumatic Brain Injury and PTSD in Veterans and Service Members D. Tate, PhD Salon C	Introduction to Somatic Experiencing: A Psychophysiological Approach to Resolving Trauma R. Ehrke, PsyD Salon A	Missouri's State Targeted Opioid Crisis Grant: What We're Doing and Why R. Winograd, PhD Room 74/75	Watch Your Language! Reducing Stigma by Recognizing the Power of Language R. Taube, MSW B. Christensen, MSW	Hiding in Plain Sight: Treatment Considerations for Males Who Have Been Sexually Abused, Part 2 J. Smith, MEd, LPC G. Holtmeyer, MEd # Redbud	Self-Serve Activities and Stations Parasol I
2:00 – 2:15	Break with Snack									
2:15 – 3:45 Concurrent Sessions 90 min	The High Costs of Fatherlessness N. DeSha, LPC, ICMHS Room 60/61	Sexual and Gender Diversity in a Healthcare Setting: Providing Affirmative Care R. Cox, PhD Room 76/77	From the Crime to Doing the Time: What is it Like to Receive Mental Health Care in Prison J. White, MEd, LPC P. Finder, MS Salon B	Art of Self-Care: Vitalizing Practices of Mindfulness & Qigong to Prevent Burnout & Compassion Fatigue C. Loehr, MD Salon C	Post Traumatic Growth – Good News for Trauma C. McAndrew, MA, LPC, LCAC Salon A	Mental-Physical Health Integration Program Overview: Working w/ At-Risk Adolescents Who Have Experienced Trauma and Loss J. Peters, MSSW, LCSW Room 74/75	What is Self- Medicating and How to Encourage Change Talk J. Bunch, MA, LPC Parasol II	Trauma-Informed Care Approach to Working with the LGBTQIA Population J. Wrolstad, MDiv Room 62/63	Recognizing, Preventing and Addressing TBI in High Risk Populations D. Andersen, MEd C. Wolf, DO Redbud	Self-Serve Activities and Stations Station Closes at 3pm Parasol I
3:45 – 4:45 Super Sessions 60 min	How to use Humor to Reframe What's Depressing Us J. Shuchart Salon A			Integrating the Six Principles of Trauma Informed Care w the Six Principles of the Strengths-Based, Person-Centered Model of Interpersonal Helping – W. Kisthardt, PhD, MSW Salon B				Buprenorphine for Heroin Dependence: An Update L. Giuffra, MD Salon C		

NBCC: Not approved for NBCC if session includes X

NASW: Not approved for NASW if session includes #