

Schedule**MO Department of Mental Health's****Spring Training Institute****Tan-Tar-A Resort and Conference Center – June 1-2, 2017**

Thursday June 1	Children, Youth and Family	Medication Assisted Treatment (MAT)	Peer Specialists / Support	Wellness	Ethics	Developmental Disabilities	Professional Development	Miscellaneous	Emerging Trends	Self-Care Station Schedule
7A-5P	Conference Registration Desk Open – Windgate Hall									
7-8	Conference Registration, Breakfast, Visit Exhibits – Windgate Hall									
8:00-9:30 Welcome & Keynote Address 90 min	Keynote Address Improving Mental Health: 4 Secrets in Plain Sight L. Sederer, MD Salon A/B/C									
9:30-10:30 60 min	Weird Science: Subconscious and Epigenetic Drivers of Mental Health Robert Paul, PhD Salon A/B/C									
10:30-11:30 Super Sessions 60 min	Building Organizational Contexts for Implementing Evidence-Based Treatments R. Lindsay, MSW, LCSW Room	My Career in Translational Research: From 1972-Present M. Gold, MD Room	Is Anybody Really Listening!?! J. Lotz, MA, LPC Room	Community Support and Peer Support: Working Together for Success A. Thompson, MS, LPC Room	Aroma Freedom (25 seats) S.Mobley, LCSW Parasol I					
11:30-12:30	Buffet Style Lunch – Windgate Hall									
12:30-2:00 Concurrent Sessions 90 min	Parent Management Training: Ev-Based Treatment for ODD & Conduct Disorder A. Anderson, LPC T. Bush, MA S. Stillman, MA, PLPC Room	Medication Assisted Treatment: Myths, Facts and Successful Incorporation into Practice A.B. Srivastava, MD Room	Building a Haven for Engagement and Recovery: Homeless Outreach & Consumer Operated Programs S. Schwab, MS, LPC M. Herrera, MA Room	Person Centered Supervision That Works! D. Asher, MSW, LCSW Room	Beyond Confidentiality: Ethical Considerations in Genetics S. Barton, MSW, LCSW *Ethics Hours Room	Behavioral Approaches to Interventions for Individuals with DD P. Boyle, PhD J. Towler, PhD J.Dandurand, PhD Room	Reducing Resistance in Dyadic Conversations: Application in Administrative & Clinical Settings K. Revell, MS R. Revell, MBA Room	Proven Strategies to Support Teen Dating Violence Survivors J. Lotz, MA, LPC Room	What Are They Using Now?! Understanding the Current, Constantly Shifting Drug Trends B. James, MA, LPC Room	Self-Serve Activities and Stations Parasol I
2:00-3:30 Concurrent Sessions 90 min	Anxiety Disorders – Are We Doing Enough to Help? T. Dame, MSW, LPN Room	Beyond Awareness: Changing systems to reverse the overdose epidemic N. Presnall, MSW, LCSW R. Riley II, MAADC II Room	Recovery Works C. White, LPN, CMPS Room	Compassion Fatigue: How Caring for Others Impacts the Professional and the Organization R. Jones, MEd, LPC Room	Humans of Behavioral Health: Real People – Real Ethics M. Shields, MEd, LPC S. Breedlove, MS T. Rudder, MSW *Ethics Hours Room	Report on Implementation of the Emotion Regulation Skills System for Cognitively Challenged Clients N. Chastain, MSW, LCSW Room	Excellence Algorithm – Bringing Mental Health & Recovery Skills/Values into Key HR Decisions F. Vincenz, PhD Room	Welcoming the LGBTQ Population into Your Professional Scope S. Farnan, PsyD Room	Past, Present and Future Supports for Individuals with Development Disabilities C. Stearns, PhD Room	Mindfulness Meditation: An Easy and Effective Self- Care Skill (25 seats) C. Peng, PhD (2pm – 3pm) Parasol I
3:30 – 3:45	Break with Snack and Refreshments									
3:45 – 5:15 Concurrent Sessions 90 min	Strategic Interventions for Engaging Resistant Adolescents A. Gregory, MA, NCC, LPC Room	Medication Assisted Treatment: Not Just a Safety Net, a Part of Integrated Treatment R. Strait, MS, LPC H. Williams, BS S. Kerby, MA, LPC Room	Mental Health Advocacy in the Community J. Becker, AIB Room	Mind-Body Medicine in Behavioral Health and Primary Care Settings T. Kuciejczyk- Kernan, MD R. John, MSW, LCSW Room	Supervision and the Code of Ethics T. Cooley-Bennett, MSW, LCSW C. Cooper, CMPS *Ethics Hours Room	Helping Someone on the “Borderline”: Behavioral Strategies for Better Outcomes T. Rodgers, PhD Room	Using Social Media to Reach the Underserved Mental Health Population J. Cordray, MA, LPC # Room	Using Legal Advocacy to Improve Mental Health Outcomes W.P. Mobley, JD Room	Lean Six Sigma in Behavioral Health T. Yates, BS K. Norris, RN, BS F. Vincenz, PhD # Room	Self-Serve Activities and Stations Relax, Move & Play (7pm-8pm) *non-credit (25 seats) J. Bedsworth, LCSW Parasol I

NBCC: Not approved for NBCC if session includes X

NASW: Not approved for NASW if session includes #

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Friday June 2	Children, Youth and Family	Treating the Whole Person	Forensics / Criminal Justice	Wellness	Military / Veterans	Treatment Approaches or Integrated Care	Substance Use Disorders	Miscellaneous	Trauma	Self-Care Station Schedule
7 A – 2 P	Conference Registration Desk Open – Windgate Hall									
7 – 8	Conference Registration, Breakfast, Visit Exhibits – Windgate Hall									
8:00 – 9:30 Keynote Address 90 min	<p>Keynote Address Psychopharmacology: What You Need to Know About Psychiatric Medications J. Wegmann, RPh, LCSW Salon A/B/C</p>									
9:30 – 10:30 60 min	<p>Walking Man Movie and Discussion M. Norwine and M. Craft, MAT Salon A/B/C</p>									
10:30 A – 12 P Concurrent Sessions 90 min	Anxiety Disorders in Children and Adolescents: Identification, Treatment and Prevention C. Maglio, PhD Room	Attachment: Effects Across Development and Effective Intervention A. Kiessling- Caver, PhD, LCSW T. Lusby, MEd, LPC Room	The Re-Examin. of Psychopathy and Antisocial Personality Disorder M. Moore, MA, LPC, NCC R. Colwick, MA, LPC, NCC Room #	When the Professional Experiences Trauma S. Mobley, MSW, LCSW	Battlemind, Understanding PTSD in Combat Veterans B. Ouellette, MA S. Starkey, MA, LPC	Beyond Treatment as Usual: The Case for Cognitive Remediation and CET in MO, a report from the field R. Gonzalez, MSW S. Jarvis, MD	Family Therapy for Substance Use Disorders A. Likcani, PhD F. R. Peterson, PhD	Rational Approaches for Medicating Children and Adolescents J. Wegmann, RPh, LCSW	Hiding in Plain Sight: Treatment Considerations for Males Who Have Been Sexually Abused, Part 1 J. Smith, MEd, LPC G. Holtmeyer, MEd Room #	Mindfulness Meditation: An Easy and Effective Self- Care Skill (25 seats) C. Peng, PhD (10:30am-11:30am) Parasol I
12:00 – 1:00	<p>Buffet Style Lunch – Windgate Hall</p>									
1:00 – 2:00 Concurrent Sessions 60 min	Develop a Deeper Understanding of Yourself While Internalizing the Emotional Milestones of Young Children S. Zwolak, MEd Room	Counselors and Probation Officers: Dancing or Wrestling? Tips for Collaborative Practice A. Likcani, PhD L. Burk, BCJ Room	Treating People with Intellectual Disabilities and Sex Offending Behavior S. Robbins, PhD L. McVay, PsyD Room	The Integration of Mindfulness in the Treatment of Addictions, Trauma and Anxiety Disorders R. Cox, MA, PLPC Room #	Traumatic Brain Injury and PTSD in Veterans and Service Members D. Tate, PhD Room	Introduction to Somatic Experiencing: A Psychophysiological Approach to Resolving Trauma R. Ehrke, PsyD Room	Missouri's State Targeted Opioid Crisis Grant: What We're Doing and Why R. Winograd, PhD Room	Watch Your Language! Reducing Stigma by Recognizing the Power of Language R. Taube, MSW B. Christensen, MSW Room	Hiding in Plain Sight: Treatment Considerations for Males Who Have Been Sexually Abused, Part 2 J. Smith, MEd, LPC G. Holtmeyer, MEd Room #	Self-Serve Activities and Stations Parasol I
2:00 – 2:15	<p>Break</p>									
2:15 – 3:45 Concurrent Sessions 90 min	The High Costs of Fatherlessness N. DeSha, LPC, ICMHS Room	Sexual and Gender Diversity in a Healthcare Setting: Providing Affirmative Care R. Cox, PhD Room	From the Crime to Doing the Time: What is it Like to Receive Mental Health Care in Prison J. White, MEd, LPC P. Finder, MS Room	Art of Self-Care: Vitalizing Practices of Mindfulness & Qigong to Prevent Burnout & Compassion Fatigue C. Loehr, MD Room	Post Traumatic Growth – Good News for Trauma C. McAndrew, MA, LPC, LCAC Room	Mental-Physical Health Integration Program Overview: Working w/ At-Risk Adolescents Who Have Experienced Trauma and Loss J. Peters, MSSW, LCSW Room	What is Self- Medicating and How to Encourage Change Talk J. Bunch, MA, LPC Room	Trauma-Informed Care Approach to Working with the LGBTQIA Population J. Wrolstad, MDiv Room	Recognizing, Preventing and Addressing TBI in High Risk Populations D. Andersen, MEd C. Wolf Room	Self-Serve Activities and Stations Station Closes at 3pm Parasol I
3:45 – 4:45 Super Sessions 60 min	How to use Humor to Reframe What's Depressing Us J. Shuchart Room			Integrating the Six Principles of Trauma Informed Care w the Six Principles of the Strengths-Based, Person-Centered Model of Interpersonal Helping – W. Kisthardt, PhD, MSW Room				Buprenorphine for Heroin Dependence: An Update L. Giuffra, MD Room		

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