

## Schedule

## MO Department of Mental Health's

## Spring Training Institute

## Tan-Tar-A Resort and Conference Center – June 1-2, 2017

Thursday June 1	Children, Youth and Family	Medication Assisted Treatment (MAT)	Peer Specialists / Support	Wellness	Ethics	Developmental Disabilities	Professional Development	Miscellaneous	Emerging Trends	Self-Care Station Schedule
7A–5P	Conference Registration Desk Open – Windgate Hall									
7–8	Conference Registration, Breakfast, Visit Exhibits – Windgate Hall									
8:00–9:30 Welcome & Keynote Address 90 min	Keynote Address Improving Mental Health: 4 Secrets in Plain Sight L. Sederer, MD  Salon A/B/C									Self-Serve Activities and Stations Open 8am-8pm Parasol I
9:30–10:30 60 min	Weird Science: Subconscious and Epigenetic Drivers of Mental Health Robert Paul, PhD   Salon A/B/C									
10:30–11:30 Super Sessions 60 min	Building Organizational Contexts for Implementing Evidence-Based Treatments R. Lindsay, MSW, LCSW Room		My Career in Translational Research: From 1972-Present M. Gold, MD Room ±		Is Anybody Really Listening!?! J. Lotz, MA, LPC  Room		Community Support and Peer Support: Working Together for Success A. Thompson, MS, LPC Room		Aroma Freedom (25 seats) S.Mobley, LCSW Parasol I	
11:30–12:30	Buffet Style Lunch – Windgate Hall									
12:30–2:00 Concurrent Sessions  90 min	Parent Management Training: Ev-Based Treatment for ODD & Conduct Disorder A. Anderson, LPC T. Bush, MA S. Stillman, MA, PLPC ± Room	Medication Assisted Treatment: Myths, Facts and Successful Incorporation into Practice A.B. Srivastava, MD  Room	Building a Haven for Engagement and Recovery: Homeless Outreach & Consumer Operated Programs S. Schwab, MS, LPC M. Herrera, MA Room	Person Centered Supervision That Works! D. Asher, MSW, LCSW  Room	Beyond Confidentiality: Ethical Considerations in Genetics S. Barton, MSW, LCSW *Ethics Hours  Room	Behavioral Approaches to Interventions for Individuals with DD P. Boyle, PhD J. Towler, PhD J.Dandurand, PhD  Room	Reducing Resistance in Dyadic Conversations: Application in Administrative & Clinical Settings K. Revell, MS R. Revell, MBA Room	Proven Strategies to Support Teen Dating Violence Survivors J. Lotz, MA, LPC  Room	What Are They Using Now?! Understanding the Current, Constantly Shifting Drug Trends B. James, MA, LPC ± Room	Self-Serve Activities and Stations  Parasol I
2:00–3:30 Concurrent Sessions  90 min	Anxiety Disorders – Are We Doing Enough to Help? T. Dame, MSW, LPN  Room	Beyond Awareness: Changing systems to reverse the overdose epidemic N. Presnall, MSW, LCSW R. Riley II, MAADC II  Room	Recovery Works C. White, LPN, CMPS  Room ±	Compassion Fatigue: How Caring for Others Impacts the Professional and the Organization R. Jones, MEd, LPC  Room	Humans of Behavioral Health: Real People – Real Ethics M. Shields, MEd, LPC S. Breedlove, MS T. Rudder, MSW *Ethics Hours Room	Report on Implementation of the Emotion Regulation Skills System for Cognitively Challenged Clients N. Chastain, MSW, LCSW Room	Excellence Algorithm – Bringing Mental Health & Recovery Skills/Values into Key HR Decisions F. Vincenz, PhD  Room	Welcoming the LGBTQ Population into Your Professional Scope S. Farnan, PsyD  Room	Past, Present and Future Supports for Individuals with Development Disabilities C. Stearns, PhD  Room	Mindfulness Meditation: An Easy and Effective Self- Care Skill (25 seats) C. Peng, PhD (2pm – 3pm)  Parasol I
3:30 – 3:45	Break with Snack and Refreshments									
3:45 – 5:15 Concurrent Sessions  90 min	Strategic Interventions for Engaging Resistant Adolescents A. Gregory, MA, NCC, LPC  Room	Medication Assisted Treatment: Not Just a Safety Net, a Part of Integrated Treatment R. Strait, MS, LPC H. Williams, BS S. Kerby, MA, LPC  Room	Mental Health Advocacy in the Community J. Becker, AIB  Room	Mind-Body Medicine in Behavioral Health and Primary Care Settings T. Kuciejczyk- Kernan, MD R. John, MSW, LCSW  Room	Supervision and the Code of Ethics T. Cooley-Bennett, MSW, LCSW C. Cooper, CMPS *Ethics Hours  Room	Helping Someone on the “Borderline”: Behavioral Strategies for Better Outcomes T. Rodgers, PhD  Room	Using Social Media to Reach the Underserved Mental Health Population J. Cordray, MA, LPC  Room ±	Using Legal Advocacy to Improve Mental Health Outcomes W.P. Mobley, JD  Room	Lean Six Sigma in Behavioral Health T. Yates, BS K. Norris, RN, BS F. Vincenz, PhD  Room ±	Self-Serve Activities and Stations Relax, Move & Play (7pm-8pm) *non-credit (25 seats) J. Bedsworth, LCSW Parasol I

NBCC: Not approved for NBCC if session includes X

NASW: Not approved for NASW if session includes ‡