

Schedule		MO Department of Mental Health’s			Spring Training Institute		Tan-Tar-A Resort and Conference Center – June 1-2, 2017		
Thursday June 1	Children, Youth and Family	Medication Assisted Treatment (MAT)	Peer Specialists / Support	Wellness	Ethics	Developmental Disabilities	Professional Development	Miscellaneous	Emerging Trends
7 A – 5 P	Conference Registration Desk Open – Windgate Hall								
7 – 8	Conference Registration, Breakfast, Visit Exhibits – Windgate Hall								
8:00 – 9:30 Welcome & Keynote Address 90 min	Keynote Address Improving Mental Health: 4 Secrets in Plain Sight L. Sederer, MD  Salon A/B/C								
9:30 – 10:30 60 min	Weird Science: Subconscious and Epigenetic Drivers of Mental Health Robert Paul, PhD   Salon A/B/C								
10:30 – 11:30 Super Sessions 60 min	Building Organizational Contexts for Implementing Evidence-Based Treatments R. Lindsay, MSW, LCSW Room		My Career in Translational Research: From 1972- Present M. Gold, MD Room ≠		Is Anybody Really Listening!?! J. Lotz, MA, LPC  Room		Community Support and Peer Support: Working Together for Success A. Thompson, MS, LPC Room		
11:30 – 12:30	Buffet Style Lunch – Windgate Hall								
12:30 – 2:00 Concurrent Sessions  90 min	Parent Management Training: Ev-Based Treatment for ODD and Conduct Disorder A. Anderson, MA, LPC T. Bush, MA S. Stillman, MA, PLPC  Room ≠	Medication Assisted Treatment: Myths, Facts and Successful Incorporation into Practice A.B. Srivastava, MD  Room	Building a Haven for Engagement and Recovery: Homeless Outreach & Consumer Operated Programs S. Schwab, MS, LPC M. Herrera, MA  Room	Person Centered Supervision That Works! D. Asher, MSW, LCSW  Room	Beyond Confidentiality: Ethical Considerations in Genetics S. Barton, MSW, LCSW *Ethics Hours  Room	Behavioral Approaches to Interventions for Individuals with DD P. Boyle, PhD J. Towler, PhD J.Dandurand, PhD  Room	Reducing Resistance in Dyadic Conversations: Application in Administrative & Clinical Settings K. Revell, MS R. Revell, MBA  Room	Proven Strategies to Support Teen Dating Violence Survivors J. Lotz, MA, LPC  Room	What Are They Using Now?! Understanding the Current, Constantly Shifting Drug Trends B. James, MA, LPC  Room ≠
2:00 - 3:30 Concurrent Sessions  90 min	Anxiety Disorders – Are We Doing Enough to Help? T. Dame, MSW, LPN  Room	Beyond Awareness: Changing systems to reverse the overdose epidemic N. Presnall, MSW, LCSW  Room	Recovery Works C. White, LPN, CMPS  Room ≠	Compassion Fatigue: How Caring for Others Impacts the Professional and the Organization R. Jones, MEd, LPC  Room	Humans of Behavioral Health: Real People – Real Ethics M. Shields, MEd, LPC S. Breedlove, MS T. Rudder, MSW *Ethics Hours  Room	Report on Implementation of the Emotion Regulation Skills System for Cognitively Challenged Clients N. Chastain, MSW, LCSW  Room	Excellence Algorithm – Bringing Mental Health & Recovery Skills/Values into Key HR Decisions F. Vincenz, PhD  Room	Welcoming the LGBTQ Population into Your Professional Scope S. Farnan, PsyD  Room	Past, Present and Future Supports for Individuals with Development Disabilities C. Stearns, PhD  Room
3:30 – 3:45	Break with Snack and Refreshments								
3:45 – 5:15 Concurrent Sessions  90 min	Strategic Interventions for Engaging Resistant Adolescents A. Gregory, MA, NCC, LPC  Room	Medication Assisted Treatment: Not Just a Safety Net, a Part of Integrated Treatment R. Strait, MS, LPC H. Williams, BS S. Kerby, MA, LPC  Room	Mental Health Advocacy in the Community J. Becker, AIB  Room	Mind-Body Medicine in Behavioral Health and Primary Care Settings T. Kuciejczyk- Kernan, MD R. John, MSW, LCSW  Room	Supervision and the Code of Ethics T. Cooley-Bennett, MSW, LCSW C. Cooper, CMPS *Ethics Hours  Room	Helping Someone on the “Borderline”: Behavioral Strategies for Better Outcomes T. Rodgers, PhD  Room	Using Social Media to Reach the Underserved Mental Health Population J. Cordray, MA, LPC  Room ≠	Using Legal Advocacy to Improve Mental Health Outcomes W.P. Mobley, JD  Room	Lean Six Sigma in Behavioral Health T. Yates, BS K. Norris, RN, BS F. Vincenz, PhD  Room ≠
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Please see the Self-Care Room schedule for more session & CEU opportunities									

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Friday June 2	Children, Youth and Family	Treating the Whole Person	Forensics / Criminal Justice	Wellness	Military / Veterans	Treatment Approaches or Integrated Care	Substance Use Disorders	Miscellaneous	Trauma
7 A – 2 P	Conference Registration Desk Open – Windgate Hall								
7 – 8	Conference Registration, Breakfast, Visit Exhibits – Windgate Hall								
8:00 – 9:30 Keynote Address 90 min	Keynote Address Psychopharmacology: What You Need to Know About Psychiatric Medications <b>J. Wegmann, RPh, LCSW</b> <b>Salon A/B/C</b>								
9:30 – 10:30 60 min	Walking Man Movie and Discussion <b>M. Norwine and M. Craft, MAT   Salon A/B/C</b>								
10:30 A – 12 P Concurrent Sessions  90 min	Anxiety Disorders in Children and Adolescents: Identification, Treatment and Prevention <b>C. Maglio, PhD</b>	Attachment: Effects Across Development and Effective Intervention <b>A. Kiessling-Caver, PhD, LCSW</b> <b>T. Lusby, MEd, LPC</b>	The Re-Examination of Psychopathy and Antisocial Personality Disorder <b>M. Moore, MA, LPC, NCC</b> <b>R. Colwick, MA, LPC, NCC</b>	When the Professional Experiences Trauma <b>S. Mobley, MSW, LCSW</b>	Battlemind, Understanding PTSD in Combat Veterans <b>B. Ouellette, MA</b> <b>S. Starkey, MA, LPC</b>	Beyond Treatment as Usual: The Case for Cognitive Remediation and CET in MO, a report from the field <b>R. Gonzalez, MSW</b> <b>S. Jarvis, MD</b>	Family Therapy for Substance Use Disorders <b>A. Likcani, PhD</b> <b>F. R. Peterson, PhD</b>	Rational Approaches for Medicating Children and Adolescents <b>J. Wegmann, RPh, LCSW</b>	Hiding in Plain Sight: Treatment Considerations for Males Who Have Been Sexually Abused, Part 1 <b>J. Smith, MEd, LPC</b> <b>G. Holtmeyer, MEd</b>
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12:00 – 1:00	Buffet Style Lunch – Windgate Hall								
1:00 – 2:00 Concurrent Sessions  60 min	Develop a Deeper Understanding of Yourself While Internalizing the Emotional Milestones of Young Children <b>S. Zwolak, MEd</b>	Counselors and Probation Officers: Dancing or Wrestling? Tips for Collaborative Practice <b>A. Likcani, PhD</b> <b>L. Burk, BCJ</b>	Treating People with Intellectual Disabilities and Sex Offending Behavior <b>S. Robbins, PhD</b> <b>L. McVay, PsyD</b>	The Integration of Mindfulness in the Treatment of Addictions, Trauma and Anxiety Disorders <b>R. Cox, MA, PLPC</b>	Traumatic Brain Injury and PTSD in Veterans and Service Members <b>D. Tate, PhD</b>	Introduction to Somatic Experiencing: A Psychophysiological Approach to Resolving Trauma <b>R. Ehrke, PsyD</b>	Missouri's State Targeted Opioid Crisis Grant: What We're Doing and Why <b>R. Winograd, PhD</b>	Watch Your Language! Reducing Stigma by Recognizing the Power of Language <b>R. Taube, MSW</b> <b>B. Christensen, MSW</b>	Hiding in Plain Sight: Treatment Considerations for Males Who Have Been Sexually Abused, Part 2 <b>J. Smith, MEd, LPC</b> <b>G. Holtmeyer, MEd</b>
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2:00 – 2:15	Break								
2:15 – 3:45 Concurrent Sessions  90 min	The High Costs of Fatherlessness <b>N. DeSha, LPC, ICMHS</b>	Sexual and Gender Diversity in a Healthcare Setting: Providing Affirmative Care <b>R. Cox, PhD</b>	From the Crime to Doing the Time: What is it Like to Receive Mental Health Care in Prison <b>J. White, MEd, LPC</b> <b>P. Finder, MS</b>	Art of Self-Care: Vitalizing Practices of Mindfulness & Qigong to Prevent Burnout & Compassion Fatigue <b>C. Loehr, MD</b>	Post Traumatic Growth – Good News for Trauma <b>C. McAndrew, MA, LPC, LCAC</b>	Mental-Physical Health Integration Program Overview: Working w/ At-Risk Adolescents Who Have Experienced Trauma and Loss <b>J. Peters, MSSW, LCSW</b> Room	What is Self- Medicating and How to Encourage Change Talk <b>J. Bunch, MA, LPC</b>	Trauma-Informed Care Approach to Working with the LGBTQIA Population <b>J. Wrolstad, MDiv</b>	Recognizing, Preventing and Addressing TBI in High Risk Populations <b>D. Andersen, MEd</b> <b>V. Wood, MSW</b>
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3:45 – 4:45 Super Sessions 60 min	How to use Humor to Reframe What's Depressing Us <b>J. Shuchart</b>			Integrating the Six Principles of Trauma Informed Care w the Six Principles of the Strengths-Based, Person-Centered Model of Interpersonal Helping – <b>W. Kisthardt, PhD, MSW</b>			Buprenorphine for Heroin Dependence: An Update <b>L. Giuffra, MD</b>		
	Room			Room			Room		

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