

## Schedule

## MO Department of Mental Health's

## Spring Training Institute

## Tan-Tar-A Resort and Conference Center – June 1-2, 2017

Thursday June 1	Children, Youth and Family	Medication Assisted Treatment (MAT)	Peer Specialists / Support	Wellness	Ethics	Developmental Disabilities	Professional Development	Miscellaneous	Emerging Trends
7 A – 5 P	Conference Registration Desk Open – Windgate Hall								
7 – 8	Conference Registration, Breakfast, Visit Exhibits – Windgate Hall								
8:00 – 9:30 Welcome & Keynote Address 90 min	Keynote Address Four ‘Secrets’ Hiding in Plain Sight That Can Improve Mental Health <b>L. Sederer, MD</b>								
9:30 – 10:30	General Session								
10:30 – 11:30 Super Sessions 60 min	Building Organizational Contexts for Implementing Evidence- Based Treatments <b>R. Lindsay, MSW, LCSW</b>			M. Gold, MD			Is Anybody Really Listening!?! <b>J. Lotz, MA, LPC</b>		
11:30 – 12:30	Buffet Style Lunch – Windgate Hall								
12:30 – 2:00 Concurrent Sessions  90 min	Parent Management Training: Evidence- Based Treatment for ODD and Conduct Disorder <b>A. Anderson, MA, LPC T. Bush, MA S. Stillman, MA, PLPC</b>	<b>A.B. Srivastava, MD</b>	Building a Haven for Engagement and Recovery: Homeless Outreach & Consumer Operated Programs <b>S. Schwab, MS, LPC M. Herrera, MA</b>	Person Centered Supervision That Works! <b>D. Asher, MSW, LCSW</b>	Beyond Confidentiality: Ethical Considerations in Genetics <b>S. Barton, MSW, LCSW</b> *Ethics Hours Approved by NASW & NBCC	Behavioral Approaches to Interventions for Individuals with DD <b>P. Boyle, PhD J. Towler, PhD J.Dandurand, PhD</b>	Reducing Resistance in Dyadic Conversations: Application in Administrative & Clinical Settings <b>K. Revell, MS R. Revell, MBA</b>	Proven Strategies to Support Teen Dating Violence Survivors <b>J. Lotz, MA, LPC</b>	What Are They Using Now?! Understanding the Current, Constantly Shifting Drug Trends <b>B. James, MA, LPC</b>
2:00 - 3:30 Concurrent Sessions  90 min	Anxiety Disorders – Are We Doing Enough to Help? <b>T. Dame, MSW, LPN</b>	<b>N. Presnall, MSW, LCSW</b>	Recovery Works <b>C. White, LPN, CMPS</b>	Compassion Fatigue: How Caring for Others Impacts the Professional and the Organization <b>R. Jones, MEd, LPC</b>	Humans of Behavioral Health: Real People – Real Ethics <b>M. Shields, MEd, LPC S. Breedlove, MS T. Rudder, MSW</b> *Ethics Hours Approved by NASW & NBCC	Report on Implementation of the Emotion Regulation Skills System for Cognitively Challenged Clients <b>N. Chastain, MSW, LCSW</b>	Excellence Algorithm – Bringing Mental Health & Recovery Skills/Values into Key HR Decisions <b>F. Vincenz, PhD</b>	Welcoming the LGBTQ Population into Your Professional Scope <b>S. Farnan, PsyD</b>	Past, Present and Future Supports for Individuals with Development Disabilities <b>C. Stearns, PhD</b>
3:30 – 3:45	Break with Snack and Refreshments								
3:45 – 5:15 Concurrent Sessions  90 min	Strategic Interventions for Engaging Resistant Adolescents <b>A. Gregory, MA, NCC, LPC</b>	Medication Assisted Treatment: Not Just a Safety Net, a Part of Integrated Treatment <b>R. Strait, MS, LPC H. Williams, BS</b>	Mental Health Advocacy in the Community <b>J. Becker, AIB</b>	Mind-Body Medicine in Behavioral Health and Primary Care Settings <b>T. Kuciejczyk- Kernan, MD R. John, MSW, LCSW</b>	Supervision and the Code of Ethics <b>T. Cooley-Bennett, MSW, LCSW C. Cooper, CMPS</b> *Ethics Hours Approved by NASW & NBCC	Helping Someone on the “Borderline”: Behavioral Strategies for Better Outcomes <b>T. Rodgers, PhD</b>	Using Social Media to Reach the Underserved Mental Health Population <b>J. Cordray, MA, LPC</b>	Using Legal Advocacy to Improve Mental Health Outcomes <b>W.P. Mobley, JD</b>	Lean Six Sigma in Behavioral Health <b>T. Yates, BS K. Rochetti, MBA</b>

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Friday June 2	Children, Youth and Family	Treating the Whole Person	Forensics / Criminal Justice	Wellness	Military / Veterans	Treatment Approaches or Integrated Care	Substance Use Disorders	Miscellaneous	Trauma
7 A – 2 P	Conference Registration Desk Open – Windgate Hall								
7 – 8	Conference Registration, Breakfast, Visit Exhibits – Windgate Hall								
8:00 – 9:30 Keynote Address 90 min	Keynote Address Psychopharmacology: What You Need to Know About Psychiatric Medications <b>J. Wegmann, PD, LCSW</b>								
9:30 – 10:30 60 min	Walking Man Movie and Discussion <b>M. Norwine</b>								
10:30 A – 12 P Concurrent Sessions  90 min	Anxiety Disorders in Children and Adolescents: Identification, Treatment and Prevention <b>C. Maglio, PhD</b>	Attachment: Effects Across Development and Effective Intervention <b>A. Kiessling- Caver, PhD, LCSW</b> <b>T. Lusby, MEd, LPC</b>	The Re- Examination of Psychopathy and Antisocial Personality Disorder <b>M. Moore, MA, LPC, NCC</b> <b>R. Colwick, MA, LPC, NCC</b>	When the Professional Experiences Trauma <b>S. Mobley, MSW, LCSW</b>	Battlemind, Understanding PTSD in Combat Veterans <b>B. Ouellette, MA</b> <b>S. Starkey Dillman</b>	Beyond Treatment as Usual: The Case for Cognitive Remediation and CET in MO, a report from the field <b>R. Gonzalez, MSW</b> <b>S. Jarvis, MD</b>	Family Therapy for Substance Use Disorders <b>A. Likcani, PhD</b> <b>F. R. Peterson, PhD</b>	Solving Psychotropic Medication Dilemmas <b>J. Wegmann, PD, LCSW</b>	Hiding in Plain Sight: Treatment Considerations for Males Who Have Been Sexually Abused, Part 1 <b>J. Smith, MEd, LPC</b> <b>G.Holtmeyer, MEd</b>
12:00 – 1:00	Buffet Style Lunch – Windgate Hall								
1:00 – 2:00 Concurrent Sessions  60 min	Develop a Deeper Understanding of Yourself While Internalizing the Emotional Milestones of Young Children <b>S. Zwolak, MEd</b>	Counselors and Probation Officers: Dancing or Wrestling? Tips for Collaborative Practice <b>A. Likcani, PhD</b> <b>L. Burk, BCJ</b>	Treating People with Intellectual Disabilities and Sex Offending Behavior <b>S. Robbins, PhD</b> <b>L. McVay, PsyD</b>	The Integration of Mindfulness in the Treatment of Addictions, Trauma and Anxiety Disorders <b>R. Cox, MA, PLPC</b>	<b>D. Tate, PhD</b>	Introduction to Somatic Experiencing: A Psychophysiological Approach to Resolving Trauma <b>R. Ehrke, PsyD</b>	Missouri's State Targeted Opioid Crisis Grant: What We're Doing and Why <b>R. Winograd, PhD</b>	Watch Your Language! Reducing Stigma by Recognizing the Power of Language <b>R. Taube, MSW</b> <b>B. Christensen, MSW</b>	Hiding in Plain Sight: Treatment Considerations for Males Who Have Been Sexually Abused, Part 2 <b>J. Smith, MEd, LPC</b> <b>G.Holtmeyer, MEd</b>
2:00 – 2:15	Break								
2:15 – 3:45 Concurrent Sessions  90 min	The High Costs of Fatherlessness <b>N. DeSha, LPC, ICMHS</b>	Sexual and Gender Diversity in a Healthcare Setting: Providing Affirmative Care <b>R. Cox, PhD</b>	From the Crime to Doing the Time: What is it Like to Receive Mental Health Care in Prison <b>J. White, MEd, LPC</b> <b>P. Finder, MS</b>	Art of Self-Care: Vitalizing Practices of Mindfulness & Qigong to Prevent Burnout & Compassion Fatigue <b>C. Loehr, MD</b>	Post Traumatic Growth – Good News for Trauma <b>C. McAndrew, MA, LPC, LCAC</b>	Mental-Physical Health Integration Program Overview: Working w/ At-Risk Adolescents Who Have Experienced Trauma and Loss <b>J. Peters, MSSW, LCSW</b>	What is Self- Medicating and How to Encourage Change Talk <b>J. Bunch, MA, LPC</b>	Trauma-Informed Care Approach to Working with the LGBTQIA Population <b>J. Wrolstad, MDiv</b>	Recognizing, Preventing and Addressing TBI in High Risk Populations <b>D. Andersen, MEd</b> <b>V. Wood, MSW</b>
3:45 – 4:45 Super Sessions 60 min	How to use Humor to Reframe What's Depressing Us <b>J. Shuchart and J. Freiden, MA</b>			Integrating the Six Principles of Trauma Informed Care w the Six Principles of the Strengths-Based, Person-Centered Model of Interpersonal Helping – <b>W. Kisthardt, PhD, MSW</b>			MAT Topic <b>L. Giuffra, MD</b>		