

Schedule		MO Department of Mental Health’s		Spring Training Institute		Tan-Tar-A Resort and Conference Center – June 1-2, 2017			
Thursday June 1	Children, Youth and Families	Medication Assisted Treatment (MAT)	Peer Specialists	Wellness	Ethics	Developmental Disabilities	Professional Development	Miscellaneous	Emerging Trends
7 A – 5 P	Conference Registration Desk Open – Windgate Hall								
7 – 8	Conference Registration, Breakfast, Visit Exhibits – Windgate Hall								
8:00 – 9:30 Welcome & Keynote Address 90 min	Keynote Address Four ‘Secrets’ Hiding in Plain Sight That Can Improve Mental Health L. Sederer, MD								
9:30 – 10:20	TBD								
10:20 – 10:30	10-Minute Break								
10:30 – 11:30 Super Sessions 60 min	Building Organizational Contexts for Implementing Evidence- Based Treatments R. Lindsay, MSW			M. Gold, MD			Is Anybody Really Listening!?! J. Lotz, MA		
11:30 – 12:30	Buffet Style Lunch – Windgate Hall								
12:30 – 2:00 Concurrent Sessions 90 min	Parent Management Training: Evidence- Based Treatment for ODD and Conduct Disorder A. Anderson, MA T. Bush, MA S. Stillman, MA	A.B. Srivastava, MD	Building a Haven for Engagement and Recovery: Homeless Outreach & Consumer Operated Programs S. Schwab, MS M. Herrera, MA	Person Centered Supervision That Works! D. Asher, MSW	Beyond Confidentiality: Ethical Considerations in Genetics S. Barton, MSW	Behavioral Approaches to Interventions for Individuals with DD P. Boyle, PhD J. Towler, PhD J.Dandurand, PhD	Reducing Resistance in Dyadic Conversations: Application in Administrative & Clinical Settings K. Revell, MS R. Revell, MBA	Proven Strategies to Support Teen Dating Violence Survivors J. Lotz, MA	What Are They Using Now?! Understanding the Current, Constantly Shifting Drug Trends B. James, MA
2:00 - 3:30 Concurrent Sessions 90 min	Anxiety Disorders – Are We Doing Enough to Help? T. Dame, MSW	N. Presnall, MSW	Recovery Works C. White	Compassion Fatigue: How Caring for Others Impacts the Professional and the Organization R. Jones, MEd	Supervision and the Code of Ethics T. Cooley-Bennett, MSW	Report on Implementation of the Emotion Regulation Skills System for Cognitively Challenged Clients N. Chastain, MSW	Excellence Algorithm – Bringing Mental Health & Recovery Skills/Values into Key HR Decisions F. Vincenz, PhD	Welcoming the LGBTQ Population into Your Professional Scope S. Farnan, PsyD	Past, Present and Future Supports for Individuals with Development Disabilities C. Stearns, PhD
3:30 – 3:45	Break with Snack and Refreshments								
3:45 – 5:15 Concurrent Sessions 90 min	Strategic Interventions for Engaging Resistant Adolescents A. Gregory, MA		Mental Health Advocacy in the Community J. Becker, AIB	Mind-Body Medicine in Behavioral Health and Primary Care Settings T. Kuciejczyk- Kernan, MD R. John, MSW	Humans of Behavioral Health: Real People – Real Ethics M. Shields, Med S. Breedlove, MS	Helping Someone on the “Borderline”: Behavioral Strategies for Better Outcomes T. Rodgers, PhD	Using Social Media to Reach the Underserved Mental Health Population J. Cordray, MA	Using Legal Advocacy to Improve Mental Health Outcomes W.P. Mobley, JD	Lean Six Sigma in Behavioral Health T. Yates, BS K. Rochette, MBA

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Friday June 2	Children, Youth and Families	Treating the Whole Person	Forensics / Criminal Justice	Wellness	Military / Veterans	Treatment Approaches or Integrated Care	Substance Use Disorders	Miscellaneous	Trauma
7 A – 2 P	Conference Registration Desk Open – Windgate Hall								
7 – 8	Conference Registration, Breakfast, Visit Exhibits – Windgate Hall								
8:00 – 9:30 Keynote Address 90 min	Keynote Address What You Need to Know About Psychiatric Medications J. Wegmann, PD								
9:30 – 10:30 60 min	Walking Man Movie and Discussion M. Norwine								
10:30 A – 12 P Concurrent Sessions 90 min	Anxiety Disorders in Children and Adolescents: Identification, Treatment and Prevention C. Maglio, PhD	Sexual and Gender Diversity in a Healthcare Setting: Providing Affirmative Care R. Cox, PhD	The Re- Examination of Psychopathy and Antisocial Personality Disorder M. Moore, MA R. Colwick, MA	When the Professional Experiences Trauma S. Mobley, MSW	Battlemind, Understanding PTSD in Combat Veterans B. Ouellette, MA S. Starkey Dillman	Beyond Treatment as Usual: The Case for Cognitive Remediation and CET in MO, a report from the field R. Gonzalez, MSW S. Jarvis, MD	Family Therapy for Substance Use Disorders A. Likcani, PhD F. Peterson, PhD	Solving Psychotropic Medication Dilemmas J. Wegmann, PD	Hiding in Plain Sight: Treatment Considerations for Males Who Have Been Sexually Abused, Part 1 J. Smith, MEd G.Holtmeyer, MEd
12:00 – 1:00	Buffet Style Lunch – Windgate Hall								
1:00 – 2:00 Concurrent Sessions 60 min	Develop a Deeper Understanding of Yourself While Internalizing the Emotional Milestones of Young Children S. Zwolak, MEd	Counselors and Probation Officers: Dancing or Wrestling? Tips for Collaborative Practice A. Likcani, PhD L. Burk, BCJ	Treating People with Intellectual Disabilities and Sex Offending Behavior S. Robbins, PhD L. McVay, PsyD	The Integration of Mindfulness in the Treatment of Addictions, Trauma and Anxiety Disorders R. Cox, MA	D. Tate, PhD	Introduction to Somatic Experiencing: A Psychophysiological Approach to Resolving Trauma R. Ehrke, PsyD	The Intersection of Harm Reduction and Public Health R. Winograd, PhD	Watch Your Language! Reducing Stigma by Recognizing the Power of Language R. Taube, MSW B. Christensen, MSW	Hiding in Plain Sight: Treatment Considerations for Males Who Have Been Sexually Abused, Part 2 J. Smith, MEd G.Holtmeyer, MEd
2:00 – 2:15	Break								
2:15 – 3:45 Concurrent Sessions 90 min	The High Costs of Fatherlessness N. DeSha, LPC	Attachment: Effects Across Development and Effective Intervention A. Kiessling- Caver, PhD T. Lusby, MEd	From the Crime to Doing the Time: What is it Like to Receive Mental Health Care in Prison J. White, MEd P. Finder, MS	Art of Self-Care: Vitalizing Practices of Mindfulness & Qigong to Prevent Burnout & Compassion Fatigue C. Loehr, MD	Post Traumatic Growth – Good News for Trauma C. McAndrew, MA	Mental-Physical Health Integration (MPHI) Program Overview: Working with At-Risk Adolescents Who Have Experienced Trauma and Loss J. Peters, MSSW	What is Self- Medicating and How to Encourage Change Talk J. Bunch, MA	Trauma-Informed Care Approach to Working with the LGBTQIA Population J. Wrolstad, MDiv	Recognizing, Preventing and Addressing TBI in High Risk Populations D. Andersen, MEd V. Wood, MSW
3:45 – 4:45 Super Sessions 60 min	How to use Humor to Reframe What's Depressing Us J. Shuchart and J. Freiden, MA?			Integrating the Six Principles of Trauma Informed Care w the Six Principles of the Strengths-Based, Person-Centered Model of Interpersonal Helping – W. Kisthardt, PhD			MAT Topic L. Giuffra, MD		