

## Schedule

## DEPARTMENT OF MENTAL HEALTH's

## Spring Training Institute

## Tan-Tar-A Resort and Conference Center – June 2-3, 2016

Thursday June 2	Wellness	Ethics	First Episode Psychosis	Forensics/CJ/	Trauma	Co-Occurring	Misc.	Substance Use Disorders	Emerging Trends
7 A – 5 P	Conference Registration Desk Open – Windgate Hall								
7 – 8 A	Breakfast, Visit Exhibits – Windgate Hall								
8 – 9:30 Welcome & Keynote Address 1.5 hours	Keynote Address Supported Education for Youth with First-Episode Psychosis <b>Sarah Swanson, MS</b> <b>Salon A/B/C</b>								
9:30 – 10:30	Refreshment Break – Windgate Hall								
10:30 A – 12 P Concurrent Sessions 1.5 hours	Dynamics of Breathing for Stress Reduction <b>C. Loehr, MD</b>  <b>Redbud</b>	Managing Ethical Dilemmas in a Health Care Setting <b>T. Cooley-Bennett, LCSW</b>  <b>Salon A</b>	IPS Supported Education for Youth: Breakout Group <b>S. Swanson, MS</b>  <b>Salon B</b>	Competency to Stand Trail & Intellectual Disability <b>C. Robertson, PhD</b> <b>S. Anderson, PhD</b>  <b>60/61</b>	Considerations for Males Who Have Been Sexually Abuse <b>J. Smith, LPC</b> <b>G. Holtmeyer, MEd</b>  <b>Parasol II</b>	Co-Occurring Case Management and Community Collaboration <b>J. Bunch, MA, NCC, LPC, SQP</b>  <b>76/77</b>	Hoarding Disorder Intervention Team <b>K. Newcome, LCSW</b> <b>M. Lovasz</b> <b>B. Lovasz</b>  <b>62/63</b>	Med Assisted Tx- Prescription Drug & Opioid Addiction Grant <b>M. Shields, LPC</b> <b>T. Rudder, BSW</b> <b>T. Crawford, MA</b>  <b>74/75</b>	Emotion Regulation in Mental Health Treatment: Where are we going as a profession? <b>R. Lindsay, MSW, LCSW</b>  <b>Salon C</b>
12:00 – 1:00	Buffet Style Lunch – Windgate Hall								
1:00 – 2:00 Super Sessions 1 hour	Before the First Episode of Psychosis: Prodromal Phase <b>M. Smyser, MSW and A. Stevens, MSW</b>  <b>Salon A</b>			Certified Missouri Peer Specialists - "Yeah, but what do they DO?" Inside Look at CMPS Trainers' Favorite Peer Support Skills <b>S. Earll, M. McDowell, T. Jordan</b>  <b>Salon B</b>			Heroin – An Epidemic <b>B. Costerison, MA</b>  <b>Salon C</b>		
2:00 - 2:15	Break								
2:15 - 3:45 Concurrent Sessions 1.5 hours	The Health of LGBT Missourians – A Growing Disparity with Solutions <b>A. Shaughnessy, MA</b>  <b>Redbud</b>	Ethics in the Clinical Relationship Part I <b>M. Sanders, LCSW</b>  <b>Salon A</b>	Part I: Let's Talk Families: Role of Families in Psychosis <b>C. Adams, LMSW</b>  <b>Salon B</b>	Effective Collaborations to Incorporate MAT <b>S. Doherty, MEd</b> <b>M. Nolin, PhD</b>  <b>74/75</b>	Integrating EMDR & DBT Techniques in Trauma & Recovery <b>M. Burke, LPC</b>  <b>Parasol II</b>	Factor & Various Tx Modalities in Treating Sex Offenders <b>K. Bender-Crice, MS</b> <b>K. Bye, PhD</b>  <b>76/77</b>	Personalizing Medication Manage w/Pharmacogenetic Testing <b>L. LaRue, PharmD, PMP</b>  <b>Salon C</b>	Technology-Assisted Care for Substance Use Disorders <b>S. Kerby, MA, LPC</b>  <b>62/63</b>	Acceptance & Commitment Therapy: Mindfulness & Acceptance Strategies, Part I <b>A. Taegel, MEd</b>  <b>60/61</b>
3:45 – 4:00	Popcorn and Refreshment Break – Windgate Hall								
4:00 – 5:30 Concurrent Sessions 1.5 hours	Healing: Expressive Therapies w/ Clients <b>P. Reed-Lohmeyer J. Bedsworth</b>  <b>Redbud</b>	Ethics in the Clinical Relationship Part II <b>M. Sanders, LCSW</b>  <b>Salon A</b>	Part II: NAVIGATE Early Intervention Program <b>C. Adams, LMSW</b>  <b>Salon B</b>	Current Concepts in Sex Offender Risk Assessment and Identification of Treatment Targets <b>A. Griffith, PhD</b>  <b>62/63</b>	Trauma Informed: What Does This Mean? <b>A. Wobbe, MA, LPC</b>  <b>74/75</b>	Equifinality and Opioid Overdose: The Many Clinical Paths to Increased Risk <b>R. Winograd, MA</b>  <b>76/77</b>	Always Turned On: Sex, Porn and Love Addiction in the Digital Age <b>R. Young, MSW</b>  <b>Salon C</b>	Scott Breedlove  <b>Parasol II</b>	Acceptance & Commitment Therapy: Mindfulness & Acceptance Strategies, Part II <b>A. Taegel, MEd</b>  <b>60/61</b>

NBCC: Has not been approved by NBCC if session includes X

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Schedule										DEPARTMENT OF MENTAL HEALTH's Spring Training Institute Tan-Tar-A Resort and Conference Center – June 2-3, 2016									
Friday June 3	Military	Clinical Skill or Professional Development	Psychiatry Updates	Suicide	Treating the Whole Person	Children, Youth and Families	Treatment Approaches Or Integrated Care	Misc	Missouri Initiatives										
7 – 8:00 A	Breakfast, Visit Exhibits, Conference Registration – Windgate Hall																		
7:50 – 9:20 Keynote Address 1.5 hours	Risk Factors Are Not Predictive Factors Due to Protective Factors Carl Bell, MD Salon A/B/C																		
9:20 – 10:00	Governor Speaking, 9:30am Salon A/B/C																		
10 – 11:30 Concurrent Sessions 1.5 hours	Stigma: Its Impact on the Returning Veteran N. Whitters, MS M. Johnson, MS L. Adams	Team Building in the Clinical Setting K. Revell, RN R. Revell, MBA	Prevalence of Neurodevelopmental Disorders Associated w/Prenatal Exposure to Alcohol C. Bell, MD	Life, Canaries and Suicide Prevention B. Andrews, PhD	Living a Meaningful Life w/Serious MI T. Radohl Sigley, PhD	Implementing Experiential Treatment for Children with Complex Trauma A. Gregory, LPC	Behavioral Health Consulting in Primary Care Clinics T. Cooley-Bennett, LCSW	Impact of Early Life Stress on Brain Structure and Function R. Paul, PhD	Emergency Room Enhancement Unique Urban & Rural Services S. Haywood, MPA N. Salmons, MSW, LCSW A. Mooring, MSW, LMSW										
	74/75	60/61	Salon A	Salon B	Salon C	62/63	Redbud	Parasol II	76/77										
11:30 A–12:30 P	Buffet Style Lunch – Windgate Hall																		
12:30 – 2:00 P Concurrent Sessions 1.5 hours	TBI in War Veterans H. Thakur, MD	Active Listening Strategies in the Tech Age J. Lotz, MA, LPC	Recent Advances in Psychiatry Patel, MD N. Boutros, MD T. Dellenbaugh, MD	Show Me Zero Suicide: MO's Safer Care Initiative J. Christmas, MPA B. Andrews, PhD	Cognitive Behavioral Therapies for the Tx of Schizophrenia Symptoms Peterson   Pardee   Lewey	Connect, Accept, Respond, Empower (CARE): How to Support LGBTQ Youth L. Crask-Ellis, MS	Multidisciplinary Model for Individualized EB TX in a Diagnostically Diverse Inpatient Setting S. Anderson, PhD T. Fowler, BS, CTRS	Evidence Based Intervention – Why Should I Bother? S. Depue, PhD	How MO's Increased Collaboration w/Law Enforcement, Courts & ER Departments Led to a New Medicaid Waiver L. Heitmann   N. Fornelli										
	74/75	60/61	Salon A	62/63	Salon C	Salon B	Redbud	Parasol II	76/77										
2:00 – 2:15	Refreshment Break																		
2:15 – 3:45 Concurrent Sessions 1.5 hours	Using Safety Planning to Assess Risk & Manage Adults at Risk for Suicide M. Matthieu, PhD	Building a Culture of Motivational Interviewing S. Kerby, MA, LPC	Advances In Schizophrenia & Glutamate Theory D. Brown, MD D. Barnhart, MD	Why Individuals Who Abuse Substances Have Increased Risk for Suicide R. Strait, MS, LPC H. Williams, BA, CCJP	Increasing Safety Through Self-Management In a Forensic Psychiatric Hospital: A Case Study Schneider   Newton   Dancy	The Impact of Parental Substance Use on Young Children and Teens M. Keller, MS	Integrating Substance Use Disorder and Health Care Services H. Gotham, PhD	Medical Imaging Research in Psychology and Psychiatry D. Tate, PhD ‡	What Consumers & Families Need to Know About CCBHCs D. Schuffman, MA										
	74/75	60/61	Salon A	62/63	Salon C	Salon B	Redbud	Parasol II	76/77										
3:45 – 4:45P Super Sessions 1 hour	Clinical Assessment of Psychotic Patients for Risk of Violence A. Stanislaus, MD Salon A				DEA 360 Strategy - Battling Prescription RX and Heroin Misuse J. Wilson Salon B				The Truth About Mental Illness and Violence P. Thomlinson, PhD Salon C										

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